



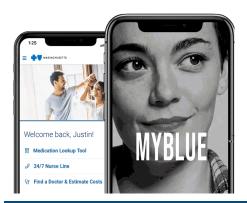
Effective: 7/1/2022

WELCOME MMHG PPO RATE SAVER





HELPFUL RESOURCES



Quick Start - PPO
Well Connection
24/7 Nurse Line
Weight-Loss \$150 Reimbursement
Fitness Reimbursement
Blue Card Program Brochure
SBC Glossary Medical Terms
MyBlue App
Mail Service Brochure and Form
Maintenance Medication List
Medication Look-up Tool Fact Sheet
\$9 Generics Program Fact Sheet

Emergency Room Alternatives
ahealthyme
ahealthyme Wellness Workshops
Smart90
Smart Shopper Registration Guide
Commitment To Confidentiality
Summary of Health Plan Payments Guide
MyBlue Fact Sheet
Value-Based Drug List
\$9 Generic Medications List
2022 Pharmacy Formulary



MASSACHUSETTS

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MMHG PPO Rate Saver

BLUE CARE ELECT VALUE PLUS



This health plan meets Minimum Creditable Coverage Standards for Massachusetts residents that went into effect January 1, 2014, as part of the Massachusetts Health Care Reform Law.

YOUR CHOICE

When You Choose Preferred Providers

You receive the highest level of benefits under your health care plan when you obtain covered services from preferred providers. These are called your "in-network" benefits. See the charts for your cost share.

Note: If a preferred provider refers you to another provider for covered services (such as a lab or specialist), make sure the provider is a preferred provider in order to receive benefits at the in-network level. If the provider you use is not a preferred provider, you're still covered, but your benefits, in most situations, will be covered at the out-of-network level, even if the preferred provider refers you.

How to Find a Preferred Provider

To find a preferred provider:

- Look up a provider on Find a Doctor at bluecrossma.com/findadoctor. If you need a copy of your directory or help choosing a provider, call the Member Service number on your ID card.
- Visit the Blue Cross Blue Shield of Massachusetts website at bluecrossma.org

When You Choose Non-Preferred Providers

You can also obtain covered services from non-preferred providers, but your out-of-pocket costs are higher. These are called your "out-of-network" benefits. See the charts for your cost share.

You must pay a plan-year deductible before you can receive coverage for most out-of-network benefits under this plan. If you are not sure when your plan year begins, contact Blue Cross Blue Shield of Massachusetts. Your deductible is **\$250** per member (or **\$500** per family).

Payments for out-of-network benefits are based on the Blue Cross Blue Shield allowed charge as defined in your benefit description. You may be responsible for any difference between the allowed charge and the provider's actual billed charge (this is in addition to your deductible and/or your coinsurance).

Your Out-of-Pocket Maximum

Your out-of-pocket maximum is the most that you could pay during a plan year for deductible, copayments, and coinsurance for covered services. Your out-of-pocket maximum for medical benefits is **\$2,000** per member (or **\$4,000** per family) for in-network and out-of-network services combined. Your out-of-pocket maximum for prescription drug benefits is **\$3,000** per member (or **\$6,000** per family).

Emergency Room Services

In an emergency, such as a suspected heart attack, stroke, or poisoning, you should go directly to the nearest medical facility or call **911** (or the local emergency phone number). You pay a copayment per visit for in-network or out-of-network emergency room services. This copayment is waived if you are admitted to the hospital or for an observation stay. See the chart for your cost share.

Telehealth Services

Telehealth services are covered when the same in-person service would be covered by the health plan and the use of telehealth is appropriate. Your health care provider will work with you to determine if a telehealth visit is medically appropriate for your health care needs or if an in-person visit is required. For a list of telehealth providers, visit the Blue Cross Blue Shield of Massachusetts website at **bluecrossma.org**, consult Find a Doctor, or call the Member Service number on your ID card.

Utilization Review Requirements

Certain services require **pre-approval/prior authorization** through Blue Cross Blue Shield of Massachusetts for you to have benefit coverage; this includes non-emergency and non-maternity hospitalization and may include certain outpatient services, therapies, procedures, and drugs. You should work with your health care provider to determine if pre-approval is required for any service your provider is suggesting. If your provider, or you, don't get pre-approval when it's required, your benefits will be denied, and you may be fully responsible for payment to the provider of the service. Refer to your benefit description for requirements and the process you should follow for Utilization Review, including Pre-Admission Review, Pre-Service Approval, Concurrent Review and Discharge Planning, and Individual Case Management.

Dependent Benefits

This plan covers dependents until the end of the calendar month in which they turn age 26, regardless of their financial dependency, student status, or employment status. See your benefit description (and riders, if any) for exact coverage details.

Covered Services	Your Cost In-Network	Your Cost Out-of-Network
Preventive Care		
 Well-child care exams, including routine tests, according to age-based schedule as follows: 10 visits during the first year of life Three visits during the second year of life (age 1 to age 2) Two visits for age 2 One visit per plan year for age 3 and older 	Nothing	20% coinsurance after deductible
Routine adult physical exams, including related tests (one per plan year)	Nothing	20% coinsurance after deductible
Routine GYN exams, including related lab tests (one per plan year)	Nothing	20% coinsurance after deductible
Routine hearing exams, including routine tests	Nothing	20% coinsurance after deductible
Hearing aids (up to \$2,000 per ear every 36 months for a member age 21 or younger)	All charges beyond the maximum	20% coinsurance after deductible and all charges beyond the maximum
Routine vision exams (one every 24 months)	Nothing	20% coinsurance after deductible
Family planning services—office visits	Nothing	20% coinsurance after deductible
Outpatient Care		
Emergency room visits	\$100 per visit (waived if admitted or for observation stay)	\$100 per visit, no deductible (waived if admitted or for observation stay)
Office or health center visits	\$20 per visit	20% coinsurance after deductible
Mental health or substance use treatment	\$20 per visit	20% coinsurance after deductible
Outpatient telehealth services with a covered provider	Same as in-person visit	Same as in-person visit
Chiropractors' office visits	\$20 per visit	20% coinsurance after deductible
Acupuncture visits (up to 12 visits per plan year)	\$20 per visit	\$20 per visit, no deductible
Short-term rehabilitation therapy-physical and occupational (up to 100 visits per plan year*)	\$20 per visit	20% coinsurance after deductible
Speech, hearing, and language disorder treatment—speech therapy	\$20 per visit	20% coinsurance after deductible
Diagnostic X-rays and lab tests	Nothing	20% coinsurance after deductible
CT scans, MRIs, PET scans, and nuclear cardiac imaging tests Hospitals Other covered providers 	\$25 per category per service date Nothing	20% coinsurance after deductible 20% coinsurance after deductible
Home health care and hospice services	Nothing	20% coinsurance after deductible
Oxygen and equipment for its administration	Nothing	20% coinsurance after deductible
Durable medical equipment—such as wheelchairs, crutches, hospital beds	20% coinsurance**	40% coinsurance after deductible**
Prosthetic devices	20% coinsurance	40% coinsurance after deductible
 Surgery and related anesthesia Office or health center services Ambulatory surgical facility, hospital outpatient department, or surgical day care unit 	\$20 per visit*** \$150 per admission	20% coinsurance after deductible 20% coinsurance after deductible
Inpatient Care (including maternity care)		
General or chronic disease hospital care (as many days as medically necessary)	\$250 per admission	20% coinsurance after deductible
Mental hospital or substance use facility care (as many days as medically necessary)	\$250 per admission	20% coinsurance after deductible
Rehabilitation hospital care (up to 60 days per plan year)	Nothing	20% coinsurance after deductible
Skilled nursing facility care (up to 100 days per plan year)	Nothing	20% coinsurance after deductible
* No visit limit applies when short-term rehabilitation therapy is furnished as part of covered home health care or	for the treatment of autism spectrum disord	

No visit limit applies when short-term rehabilitation therapy is furnished as part of covered home health care or for the treatment of autism spectrum disorders.
 In-network cost share waived for one breast pump per birth (20% coinsurance after deductible out-of-network).
 Copayment waived for restorative dental services and orthodontic treatment or prosthetic management therapy for members under age 18 to treat conditions of cleft lip and cleft palate.

Covered Services	Your Cost In-Network	Your Cost Out-of-Network
Prescription Drug Benefits*		
At designated retail pharmacies (up to a 30-day formulary supply for each prescription or refill)**	\$10 for Tier 1 \$25 for Tier 2 \$45 for Tier 3	Not covered
Through the designated mail order or designated retail pharmacy (up to a 90-day formulary supply for each prescription or refill)**	\$20 for Tier 1*** \$50 for Tier 2 \$90 for Tier 3	Not covered
 Generally, Tier 1 refers to generic drugs; Tier 2 refers to preferred brand-name drugs; Tier 3 refers to non-preferrence Cost share may be waived for certain covered drugs and supplies. Certain generic medications are available through the mail order pharmacy at \$9. For more information, go to blue 	U U	
Get the Most from Your Plan: Visit us at bluecrossma.org or call 1-800-782-3675 to l available to you, like those listed below.	earn about discounts, savings, 1	resources, and special programs
Wellness Participation Program Fitness Reimbursement: a program that rewards participation in qualified fitness programs or equipment (See your benefit description for details.)	\$300 per calendar year per policy	
Weight Loss Reimbursement: a program that rewards participation in a qualified weight loss program (See your benefit description for details.)	\$150 per calendar year per policy	

🔣 24/7 Nurse Line: Speak to a registered nurse, day or night, to get immediate guidance and advice. Call 1–888–247–BLUE (2583). No additional charge.

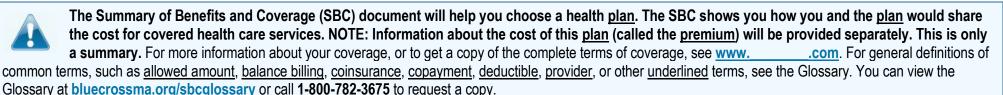
QUESTIONS?

For questions about Blue Cross Blue Shield of Massachusetts, call 1-800-782-3675, or visit us online at bluecrossma.org.

Limitations and Exclusions. These pages summarize the benefits of your health care plan. Your benefit description and riders define the full terms and conditions in greater detail. Should any questions arise concerning benefits, the benefit description and riders will govern. Some of the services not covered are: cosmetic surgery; custodial care; most dental care; and any services covered by workers' compensation. For a complete list of limitations and exclusions, refer to your benefit description and riders. Note: Blue Cross and Blue Shield of Massachusetts, Inc. administers claims payment only and does not assume financial risk for claims.

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Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 in-network; \$250 member / \$500 family out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Emergency room and emergency transportation.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For medical benefits, \$2,000 member / \$4,000 family; and for <u>prescription drug</u> benefits, \$3,000 member / \$6,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>bluecrossma.com/findadoctor</u> or call the Member Service number on your ID card for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$20 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; a telehealth <u>cost share</u> may be applicable
lf you visit a health care	<u>Specialist</u> visit	\$20 / visit; \$20 / chiropractor visit; \$20 / acupuncture visit	20% <u>coinsurance;</u> 20% <u>coinsurance</u> / chiropractor visit; 20% <u>coinsurance</u> / acupuncture visit	<u>Deductible</u> applies first for out-of- network; limited to 12 acupuncture visits per <u>plan</u> year; a telehealth <u>cost</u> <u>share</u> may be applicable
provider's office or clinic	Preventive care/screening/immunization	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to age-based schedule and / or frequency; a telehealth <u>cost share</u> may be applicable. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
	<u>Diagnostic test</u> (x-ray, blood work)	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> may be required
If you have a test	Imaging (CT/PET scans, MRIs)	\$25 for hospitals; No charge for other <u>providers</u>	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>copayment</u> applies per category of test / day; <u>pre-</u> <u>authorization</u> may be required

		What You	ı Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Generic drugs	\$10 / retail supply or \$20 / designated retail or mail order supply	Not covered	Up to 30-day retail (90-day
If you need drugs to treat your illness or condition More information about prescription drug coverage	Preferred brand drugs	\$25 / retail supply or \$50 / designated retail or mail order supply	Not covered	designated retail or mail order) supply; <u>cost share</u> may be waived for certain covered drugs and supplies; <u>pre-authorization</u> required for certain
is available at <u>bluecrossma.org/medicatio</u> <u>n</u>	Non-preferred brand drugs	\$45 / retail supply or \$90 / designated retail or mail order supply	Not covered	drugs
	Specialty drugs	Applicable <u>cost share</u> (generic, preferred, non-preferred)	Not covered	When obtained from a designated specialty pharmacy; <u>pre-authorization</u> required for certain drugs
lf you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$150 / admission	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services
surgery	Physician/surgeon fees	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services
If you need immediate	Emergency room care	\$100 / visit	\$100 / visit; <u>deductible</u> does not apply	<u>Copayment</u> waived if admitted or for observation stay
medical attention	Emergency medical transportation	No charge	No charge	None
	<u>Urgent care</u>	\$20 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; a telehealth <u>cost share</u> may be applicable

		What You	ı Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$250 / admission	20% coinsurance	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required
n you nave a nospital stay	Physician/surgeon fees	No charge	20% coinsurance	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required
lf you need mental health, behavioral health, or	Outpatient services	\$20 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; a telehealth <u>cost share</u> may be applicable; <u>pre-authorization</u> required for certain services
substance abuse services	Inpatient services	\$250 / admission	20% coinsurance	Deductible applies first for out-of- network; pre-authorization required for certain services
	Office visits	No charge	20% <u>coinsurance</u>	Deductible applies first for out-of-
	Childbirth/delivery professional services	No charge	20% coinsurance	network; <u>cost sharing</u> does not apply
lf you are pregnant	Childbirth/delivery facility services	\$250 / admission	20% <u>coinsurance</u>	for in-network <u>preventive services;</u> maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound); a telehealth <u>cost share</u> may be applicable

		What You	u Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required
	Rehabilitation services	\$20 / visit for outpatient services; No charge for inpatient services	20% <u>coinsurance</u> for outpatient services; 20% <u>coinsurance</u> for inpatient services	<u>Deductible</u> applies first for out-of- network; limited to 100 outpatient visits per <u>plan</u> year (other than for autism, <u>home health care</u> , and speech therapy); limited to 60 days per <u>plan</u> year for inpatient admissions; a telehealth <u>cost share</u> may be applicable; <u>pre-authorization</u> required for certain services
If you need help recovering or have other special health needs	Habilitation services	\$20 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; outpatient rehabilitation therapy coverage limits apply; <u>cost</u> <u>share</u> and coverage limits waived for early intervention services for eligible children; a telehealth <u>cost share</u> may be applicable
	Skilled nursing care	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to 100 days per <u>plan</u> year; <u>pre-authorization</u> required
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; in-network <u>cost share</u> waived for one breast pump per birth (20% <u>coinsurance</u> for out-of-network)
	Hospice services	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services

		What You	u Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	No charge	20% <u>coinsurance</u>	Deductible applies first for out-of- network; limited to one exam every 24 months
If your child needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition	20% <u>coinsurance</u> for members with a cleft palate / cleft lip condition	<u>Deductible</u> applies first for out-of- network; limited to members under age 18

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Cher	ck your policy or <u>plan</u> document for more informatior	n and a list of any other <u>excluded services</u> .)
Children's glasses	Dental care (Adult)	Private-duty nursing
Cosmetic surgery	Long-term care	
Other Covered Services (Limitations may apply to th	ese services. This isn't a complete list. Please see yo	our <u>plan</u> document.)
 Acupuncture (12 visits per <u>plan</u> year) Bariatric surgery Chiropractic care Hearing aids (\$2,000 per ear every 36 months for members age 21 or younger) 	 Infertility treatment Non-emergency care when traveling outside the U.S. Routine eye care - adult (one exam every 24 months) 	 Routine foot care (only for patients with systemic circulatory disease) Weight loss programs (\$150 per calendar year per policy)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.ceiio.cms.gov. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.massachusetts resident, you can contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employer coverage, contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employ

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, call 1-800-782-3675 or contact your <u>plan</u> sponsor. (A <u>plan</u> sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care <u>plan</u>. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network prenatal care and delivery)	d a hospital	Managing Joe's Type 2 Dia (a year of routine in-network care of a w condition)		Mia's Simple Fractu (in-network emergency room visit a care)	
 The <u>plan</u>'s overall <u>deductible</u> Delivery fee <u>copay</u> Facility fee <u>copay</u> <u>Diagnostic tests</u> <u>copay</u> 	\$0 \$0 \$250 \$0	 The <u>plan</u>'s overall <u>deductible</u> <u>Specialist</u> visit <u>copay</u> Primary care visit <u>copay</u> <u>Diagnostic tests</u> <u>copay</u> 	\$0 \$20 \$20 \$0	■ The <u>plan</u> 's overall <u>deductible</u> ■ <u>Specialist</u> visit <u>copay</u> ■ Emergency room <u>copay</u> ■ Ambulance services <u>copay</u>	\$0 \$20 \$100 \$0
This EXAMPLE event includes services <u>Specialist</u> office visits (prenatal care) Childhirth/Delivery Preference Services	s like:	This EXAMPLE event includes servic <u>Primary care physician</u> office visits (incl disease education)		This EXAMPLE event includes serv Emergency room care (including med) Diagnostic test (x-ray)	
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w	vork)	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me	eter)	<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical thera	
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia)	vork) \$12,700	Diagnostic tests (blood work) Prescription drugs	eter) \$5,600	Durable medical equipment (crutches)	
Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay:		<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me		Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay:	ру)
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u>	\$5,600	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing	ру) \$2,800
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles	\$12,700 \$0	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles	\$ 5,600	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles	ру) \$ 2,800 \$0
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing <u>Deductibles</u>	\$12,700 \$0 \$300	<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u>	\$5,600 \$0 \$1,100	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments	(\$2,800) \$2,800 \$200
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u> <u>Coinsurance</u>	\$12,700 \$0	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance	\$ 5,600	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance	ру) \$ 2,800 \$0
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u> <u>Coinsurance</u> <u>What isn't covered</u>	\$12,700 \$0 \$300 \$0	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance What isn't covered	\$5,600 \$0 \$1,100 \$0	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance What isn't covered	npy) \$2,800 \$200 \$200 \$0
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u> <u>Coinsurance</u>	\$12,700 \$0 \$300	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance	\$5,600 \$0 \$1,100	Durable medical equipment (crutches) Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance	(\$2,800) \$2,800 \$200





This health plan meets Minimum Creditable Coverage Standards for Massachusetts residents that went into effect January 1, 2014, as part of the Massachusetts Health Care Reform Law.



PREFERRED PROVIDER ORGANIZATION (PPO)

IMPORTANT INFORMATION ABOUT YOUR PLAN

Your health plan lets you get care from providers who participate in a **Blue Cross Blue Shield PPO Network** (preferred), as well as from providers who are out of our network. You'll pay a lower cost for care when you see an in-network provider, and a higher cost when you see an out-of-network provider. For help finding a provider, visit **myfindadoctor.bluecrossma.com** and sign in to select the following network: **PPO** or **EPO**.

VoISI•CCPCPREFERRALIN NETWORK



HOW TO ACCESS IMPORTANT RESOURCES

We're committed to your health—that's why we offer additional programs, benefits, and discounts beyond traditional health care coverage. Use these tools and resources to monitor your health and overall wellness.

Get Connected with Message Wire: We can send you important information about your health and wellness, relevant discounts, and plan information directly to your phone. Text **bluecrossma** to **73529**, or call **1-844-779-8813** to join with your Blue Cross member ID number.

Visit ahealthyme®': Learn about your health and set personal goals for a healthy life. You can take a health

assessment, sign up for wellness workshops, access health tools and resources, and more. Sign in to **myblue.bluecrossma.com** and select **AHealthyMe** from the drop-down menu in the top right corner for more information about ahealthyme.

Take Advantage of Discounts: Use Blue365®, a members-only website that offers local health and wellness deals, for discounts on health and fitness products, family events, spa services, and more. Sign in to myblue.bluecrossma.com, and select My Plan and then Discounts & Savings from the drop-down menu in the top right corner for more information about Blue365.

Sign In

Visit **myblue.bluecrossma.com** to create an account, or download the app from the App Store[®]" or Google Play[™].

HOW TO GET CARE

Routine annual checkups are one of the best ways you and your doctor can stay on top of your health. When selecting a doctor, consider the hospital where that doctor has admitting privileges.

Finding a Provider: You don't have to choose a primary care provider (PCP) to help manage your care, but you should see in-network doctors to pay the lowest cost. You can also see out-of-network doctors, but you'll pay higher out-of-pocket costs.

Seeing a Specialist: You don't need a referral from your PCP to see a specialist. However, you should talk with your doctor about the specialty care you may need.

Understanding Prior Authorization: We require prior authorization (pre-approval) before we cover certain services, procedures, or drugs. Prior authorization ensures that you get the care that is medically necessary for you and covered by your health plan. Your doctor should submit any requests for prior authorization to us. If you or your doctor don't get prior authorization when it's needed, the care may not be covered and you may be financially responsible. Talk to your doctor to see if prior authorization is needed before you receive any services, procedures, or drugs.

Taking Action in an Emergency: In case of a medical or behavioral health emergency, call 911 or your local emergency number, or go directly to the nearest medical facility. Be sure to notify your PCP, if applicable, within 48 hours to coordinate any follow-up care.

Getting Care Worldwide with BlueCard®: Your Blue Cross member ID card is widely recognized and lets you get urgent and emergency care worldwide. If you're traveling within the U.S. or abroad and need emergency medical care, go to the nearest hospital. Once you get care, call 1-800-810-BLUE (2583) or 1-804-673-1177 for 24/7 assistance.

HOW TO READ YOUR ID CARD

Your Blue Cross member ID card contains our Member Service telephone number and your member ID number, and sometimes lists the costs you'll pay for certain health services. You should always carry your ID card with you when you visit the doctor or download the MyBlue App to keep a digital copy of your ID card.



HOW TO CONTACT US

General questions about your health plan coverage? Member Service: Call the number on the front of your member ID card (TTY: 711) Monday–Friday. 8:00 a.m.–6:00 p.m. ET. Or sign in to bluecrossma.com and select Review My Benefits to check what your plan covers and your costs.

Health questions if you're hurt or sick? 24/7 Nurse Line: 1-888-247-BLUE (2583) Registered nurses are available at no cost.

Questions about your prescription drug coverage? Mail Order Pharmacy: 1-800-892-5119 Available 24/7

Order a new Blue Cross member ID card? Lost member ID card? Call 1-800-253-5210 Monday-Friday, 8:00 a.m.-6:00 p.m. ET.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711). ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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Mail Order Pharmacy



The Mail Order Pharmacy Saves You Time and Money

You can get 90-day prescriptions for certain maintenance medications delivered right to your door, and for a fraction of the cost, when you order them through the mail order pharmacy. Maintenance medications, also known as long-term medications, are prescribed to treat chronic or ongoing conditions, such as high blood pressure or diabetes.

Advantages of Using the Mail Order Pharmacy

- You'll pay less for a 90-day supply than you would for three 30-day supplies of your maintenance medications
- Medications are shipped to you at no additional cost for standard shipping
- With fewer refills and no trips to the pharmacy, you'll be less likely to miss a dose
- · Get your prescriptions on time, every time with automatic refills

How to Order Prescriptions

Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts, will deliver your prescriptions straight to your door. To order prescriptions, choose one of the following options. In most cases, Express Scripts will contact your doctor directly to arrange 90-day prescriptions, plus refills.

- Visit Express Scripts at express-scripts.com /starthd, and select Register
- Download the Express Scripts mobile app and select Register
- Call Express Scripts at 1-800-892-5119 (TTY: 1-800-305-5376)
- Ask your doctor to e-prescribe a new, 90-day prescription to Express Scripts, or fax it to **1-800-837-0959**
- Fill out the order form* and mail it to: Home Delivery Service PO Box 66566 St Louis, MO 63166-9967

*You can download and print a copy of the mail order form at express-scripts.com. **Compared to three 30-day prescriptions purchased at a retail pharmacy.

How to Order Refills

- Log in to Express Scripts at express-scripts.com, select the medications to be filled, then click Add to Cart
- Call Express Scripts at 1-800-892-5119 (TTY: 1-800-305-5376), 24 hours a day

Have Your Prescriptions Refilled Automatically

Worry Free Fills[®] are available for qualifying maintenance medications. When enrolled, Express Scripts will calculate when you'll need your prescriptions and deliver them on time. They'll contact you before processing each fill to confirm delivery, and the delivery date. Enroll in Worry Free Fills by choosing one of the following methods:

- Visit Express Scripts at express-scripts.com, and select Automatic Refills
- When refilling a prescription, answer yes when asked to enroll in Worry Free Fills
- Call Express Scripts at 1-800-892-5119 (TTY: 1-800-305-5376)

Save up to

When you use the mail order pharmacy.**



Blue Cross Blue Shield of Massachusetts Formulary: Value-Based Benefit Medication List

Last Updated: January 1, 2022

The following list includes medications that are covered by plans with the Blue Cross Blue Shield of Massachusetts formulary. These medications are covered under the value-based pharmacy benefit.

You may be eligible to pay less for the following medications when purchased through the mail order pharmacy managed by Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts. If you have an HSA-qualified "Saver" plan,¹ the deductible is waived when you purchase these medications through mail order.²

Learn More About Your Coverage

For more information about these medications, look them up using the **Medication Lookup** tool at **bluecrossma.org/medication**.

1. Blue Cross Blue Shield of Massachusetts plans that are HSA-qualified include the term "Saver" in the plan name. For example, Blue Care[®] Elect Saver or HMO Blue New England Saver \$2,000. 2. Some employers may also exempt the copayment or co-insurance. Check your benefit materials for details.

Anti-Asthmatic Medications

Medication Name			
ALBUTEROL INHALATION SOLUTION	FLOVENT / DISKUS	MONTELUKAST	QVAR
AMINOPHYLLINE	FLOVENT HFA	PROAIR HFA	THEOCHRON
BUDESONIDE NEBULIZER SOLUTION	IPRATROPIUM NEBULIZER SOLUTION	PROAIR RESPICLICK	THEOPHYLLINE
CROMOLYN NEBULIZER SOLUTION	IPRATROPIUM-ALBUTEROL	PULMICORT	ZAFIRLUKAST

Anti-Depressant Medications

You're eligible to pay the reduced cost for these medications below through the mail order pharmacy, if you're also taking one of the medications listed in this document to treat asthma or diabetes, **OR**: one of the medications listed in this document to treat high blood pressure **AND** one of the medications listed in this document to treat cholesterol.

Medication Name			
CITALOPRAM	FLUOXETINE	PAROXETINE HCL	SERTRALINE
ESCITALOPRAM	FLUVOXAMINE	PAROXETINE-CR	

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Cardiovascular Maintenance Medications

You're eligible to pay the reduced cost for these medications below through the mail order pharmacy, if you're taking one of the medications on this list to treat high blood pressure **AND** one of the medications on this list to treat high cholesterol.

Medication Name (High Blood Pressure)			
AMILORIDE / HCTZ	DILTIAZEM HCL	HYDRALAZINE	NIFEDIPINE CR
AMLODIPINE	DILTIAZEM HCL ER CAP	HYDROCHLOROTHIAZIDE	NIFEDIPINE ER
AMLODIPINE / BENAZEPRIL	DILTIAZEM HCL SR CAP	IRBESARTAN	NIFEDIPINE XL
ATENOLOL	DILTIAZEM HCL TAB	IRBESARTAN / HCTZ	PROPRANOLOL
ATENOLOL / CHLORTHALIDONE	DILTIAZEM HCL XR CAP	LISINOPRIL	RAMIPRIL
BENAZEPRIL	DILTIAZEM HCL XT CAP	LISINOPRIL / HCTZ	SPIRONOLACTONE
BENAZEPRIL / HCTZ	DILTIAZEM XR CAP	LOSARTAN POTASSIUM	TERAZOSIN
BISOPROLOL / HCTZ	DOXAZOSIN	LOSARTAN POTASSIUM / HCTZ	TRIAMTERENE / HCTZ
CAPTOPRIL	ENALAPRIL	METHAZOLAMIDE	VALSARTAN
CARVEDILOL	ENALAPRIL / HCTZ	METOPROLOL	VALSARTAN / HCTZ
CHLORTHALIDONE	EPLERENONE	METOPROLOL SUCCINATE ER	VERAPAMIL
CLONIDINE	FELODIPINE ER	NADOLOL	VERAPAMIL ER
DILTIAZEM CD	FUROSEMIDE	NICARDIPINE	

Medication Name (High Cholesterol)—Generics			
ATORVASTATIN	COLESTIPOL	GEMFIBROZIL	PREVALITE
CHOLESTYRAMINE / LIGHT	FENOFIBRATE	PRAVASTATIN	SIMVASTATIN

Diabetes Medications

Medication Name			
ACARBOSE	GLIPIZIDE / METFORMIN HCL	JANUVIA	SYMLIN
BYDUREON	GLYBURIDE	JARDIANCE	SYNJARDY
BYETTA	GLYBURIDE / METFORMIN HCL	KOMBIGLYZE XR	SYNJARDY XR
CHLORPROPAMIDE	GLYBURIDE-MICRO	LANTUS	TOLAZAMIDE
FARXIGA	GLYXAMBI	METFORMIN	TOLBUTAMIDE
GLIMEPIRIDE	HUMALOG	METFORMIN ER (GENERIC VERSION OF GLUCOPHAGE)	TRULICITY
GLIPIZIDE	HUMULIN	NATEGLINIDE	XIGDUO XR
GLIPIZIDE ER	JANUMET	ONETOUCH TEST STRIPS	
GLIPIZIDE XL	JANUMET XR	ONGLYZA	

Smoking-Cessation Medications

You have access to the following medications at no additional cost through the mail order pharmacy and at retail pharmacies.

Medication Name			
BUPROBAN	COMMIT	NICOTINE ⁴	NICOTROL
BUPROPION HCL ER ³	NICODERM CQ	NICOTINE GUM ⁴	NICOTROL NS
BUPROPION HCL SR ³	NICORELIEF	NICOTINE LOZENGE ⁴	NTS
CHANTIX	NICORETTE	NICOTINE PATCH ⁴	

3. Generics of Zyban only

4. Also includes various store brands

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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).



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Blue Cross Blue Shield of Massachusetts Formulary: Maintenance Medication List

Last Updated: January 1, 2022

The following list includes maintenance medications that are covered by plans with the Blue Cross Blue Shield of Massachusetts formulary. These maintenance medications, also known as long-term medications, are included in our Smart90[®], Select Home Delivery, and Exclusive Home Delivery programs.

This isn't a complete list of covered medications, and inclusion on the list doesn't guarantee coverage.¹ You must have a valid prescription from a licensed health provider to receive coverage for these medications. Some medications may also be subject to pharmacy management programs, such as Step Therapy, Prior Authorization, or Quality Care Dosing, or have other coverage requirements.

Maintenance Medications Included in the National Preferred Formulary (NPF)

The maintenance medications listed in this document are also included in the National Preferred Formulary (NPF), which is available through Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts. Pharmacy management program requirements apply to maintenance medications included in the NPF.

Where to Fill Your Maintenance Medications

Members of our pharmacy plans that use the Blue Cross formulary or NPF must fill their maintenance medications at an in-network pharmacy. If your plan includes Smart90, Select Home Delivery, or Exclusive Home Delivery, you may be required to fill your maintenance medication in designated quantities from a participating retail pharmacy or through the mail order pharmacy managed by Express Scripts.

NOTE: Some maintenance medications on this list may be considered non-covered, including new medications under review. Your doctor may request an exception for a non-covered medication when medically necessary.²

Learn More About Your Coverage

For more information about your pharmacy benefits, including the NPF and the medications listed in this document, sign in to your MyBlue account at **bluecrossma.org/myblue**.

^{1.} Not all medications listed are covered by all prescription plans. Check your benefit materials for details.

^{2.} If approved, you'd pay the highest-tier cost.

Drug Class	Medication Name	
5-Lipoxygenase Inhibitors	ZILEUTON	ZYFLO CR
ACE Inhibitor-Calcium Channel	AMLODIPINE BESYLATE-BENAZEPRIL	TRANDOLAPRIL-VERAPAMIL
Blocker Combination	PRESTALIA	
ACE Inhibitor-Thiazide or	BENAZEPRIL-HYDROCHLOROTHIAZIDE	FOSINOPRIL-HYDROCHLOROTHIAZIDE
Thiazide-Like Diuretic	CAPTOPRIL-HYDROCHLOROTHIAZIDE	LISINOPRIL-HYDROCHLOROTHIAZIDE
	ENALAPRIL MALEATE- HYDROCHLOROTHIAZIDE	QUINAPRIL-HYDROCHLOROTHIAZIDE
Agents to Treat Hypoglycemia	BAQSIMI	PROGLYCEM
(Hyperglycemics)	DIAZOXIDE	ZEGALOGUE
	GVOKE	
Alpha-Adrenergic Blocking Agents	DOXAZOSIN MESYLATE	TERAZOSIN
	PRAZOSIN	
Alpha/Beta-Adrenergic	CARVEDILOL	LABETALOL
Blocking Agents	CARVEDILOL ER	
Alzheimer's Therapy, NMDA Receptor	MEMANTINE	NAMENDA
Antagonists	MEMANTINE ER	NAMENDA XR
Analgesic/Antipyretics, Salicylates	DIFLUNISAL	
Angiotensin Receptor Antag-Calcium	AMLODIPINE-VALSARTAN-HCTZ	OLMESARTAN-AMLODIPINE-HCTZ
Channel Blocker-Thiazide	EXFORGE HCT	TRIBENZOR
Angiotensin Receptor Antag-Neprilysin Inhibitor Combination (ARNI)	ENTRESTO	
Angiotensin Receptor Antag-Thiazide	CANDESARTAN-HYDROCHLOROTHIAZIDE	MICARDIS HCT
Diuretic Combination	EDARBYCLOR	OLMESARTAN-HYDROCHLOROTHIAZIDE
	IRBESARTAN-HYDROCHLOROTHIAZIDE	TELMISARTAN-HYDROCHLOROTHIAZIDE
	LOSARTAN-HYDROCHLOROTHIAZIDE	VALSARTAN-HYDROCHLOROTHIAZIDE
Angiotensin Receptor Blocker-Calcium	AMLODIPINE-OLMESARTAN	TELMISARTAN-AMLODIPINE
Channel Blocker	AMLODIPINE-VALSARTAN	TWYNSTA
Angiotensin II Receptor Blocker-Beta Blocker Combination	BYVALSON	
Antianginal, Anti-Ischemic Agents, Non-Hemodynamic	RANEXA	RANOLAZINE ER
Anti-Anxiety Drugs	BUSPIRONE	
Antiarrhythmics	AMIODARONE	NORPACE
-	DISOPYRAMIDE PHOSPHATE	NORPACE CR
	FLECAINIDE ACETATE	PACERONE
	MEXILETINE	PROPAFENONE
	MULTAQ	PROPAFENONE ER

Drug Class	Medication Name	
Antiarrhythmics (Cont.)	QUINIDINE GLUCONATE	RYTHMOL SR
	QUINIDINE SULFATE	
Anti-Arthritic and Chelating Agents	CUPRIMINE	D-PENAMINE
	DEPEN	
Anticholinergics, Orally Inhaled	INCRUSE ELLIPTA	SPIRIVA RESPIMAT
Long Acting	LONHALA MAGNAIR REFILL	TUDORZA PRESSAIR
	LONHALA MAGNAIR STARTER	YUPELRI
	SPIRIVA	
Anticholinergics, Orally Inhaled Short Acting	ATROVENT HFA	IPRATROPIUM BROMIDE
Anticonvulsants	DIACOMIT	
Antidiuretic and Vasopressor	DDAVP	VASOPRESSIN-0.9% NACL
Hormones	DESMOPRESSIN ACETATE	VASOPRESSIN-D5W
	NOCDURNA	VASOPRESSIN-NS
	NOCTIVA	VASOSTRICT
	STIMATE	
Antihyperglycemic, Alpha-Glucosidase	ACARBOSE	MIGLITOL
Inhibitors	GLYSET	PRECOSE
Antihyperglycemic, Amylin Analog	SYMLINPEN 60	SYMLINPEN 120
Antihyperglycemic, Biguanide Type	DM2	METFORMIN
	FORTAMET	METFORMIN ER
	GLUCOPHAGE	METFORMIN ER FILM TAB
	GLUCOPHAGE XR	RIOMET
	GLUMETZA	
Antihyperglycemic, DPP-4 Enzyme Inhibitor-Thiazolidinedione	ALOGLIPTIN-PIOGLITAZONE	OSENI
Antihyperglycemic, Incretin Mimetic	ADLYXIN	RYBELSUS
(GLP-1 Receptor Agonist)	BYDUREON	TRULICITY
	BYDUREON BCISE	VICTOZA
	ВУЕТТА	XULTOPHY 100-3.6
	OZEMPIC	
Antihyperglycemic–Sod/Gluc	FARXIGA	JARDIANCE
Cotransport-2 (SGLT2) Inhibitors	INVOKANA	STEGLATRO
Antihyperglycemic–Dopamine Receptor Agonists	CYCLOSET	

Drug Class	Medication Name	
Antihyperglycemic, DPP-4 Inhibitors	ALOGLIPTIN	ONGLYZA
	JANUVIA	TRADJENTA
	NESINA	
Antihyperglycemic, DPP-4 Inhibitor-	ALOGLIPTIN-METFORMIN	JENTADUETO XR
Biguanide Combination	JANUMET	KAZANO
	JANUMET XR	KOMBIGLYZE XR
	JENTADUETO	
Antihyperglycemic, Insulin-Release	CHLORPROPAMIDE	GLYBURIDE
Stimulant Type	GLIMEPIRIDE	GLYBURIDE MICRONIZED
	GLIPIZIDE	GLYNASE
	glipizide er	NATEGLINIDE
	GLIPIZIDE XL	REPAGLINIDE
	GLUCOTROL	TOLAZAMIDE
	GLUCOTROL XL	TOLBUTAMIDE
Antihyperglycemic, Insulin-Release	GLIPIZIDE-METFORMIN	REPAGLINIDE-METFORMIN HCL
Stimulant-Biguanide	GLYBURIDE-METFORMIN HCL	
Antihyperglycemic, SGLT-2 and DPP-4	GLYXAMBI	STEGLUJAN
Inhibitor Combination	QTERN	
Antihyperglycemic, Thiazolidinedione	ACTOS	PIOGLITAZONE
(PPARG Agonist)	AVANDIA	
Antihyperglycemic, Thiazolidinedione	ACTOPLUS MET	PIOGLITAZONE-METFORMIN
and Biguanide	ACTOPLUS MET XR	
Antihyperglycemic, Thiazolidinedione- Sulfonylurea	DUETACT	PIOGLITAZONE-GLIMEPIRIDE
Antihyperglycemic-SGLT2 Inhibitor-	INVOKAMET	SYNJARDY
Biguanide Combination	INVOKAMET XR	SYNJARDY XR
	SEGLUROMET	XIGDUO XR
Antihyperlipidemic	NEXLETOL	NEXLIZET
Antihyperlipidemic HMG COA Reductase Inhibitor-Cholesterol Inhibitor	EZETIMIBE-SIMVASTATIN	ROSUVASTATIN-EZETIMIBE
Antihyperlipidemic HMG COA	ALTOPREV	LIVALO
Reductase Inhibitors	ATORVASTATIN CALCIUM	LOVASTATIN
	EZALLOR SPRINKLE	PRAVASTATIN SODIUM
	FLOLIPID	ROSUVASTATIN CALCIUM
	FLUVASTATIN ER	SIMVASTATIN
	FLUVASTATIN SODIUM	ZYPITAMAG

Drug Class	Medication Name	
Antihyperlipidemic HMG COA Reductase Inhibitor-Niacin	ADVICOR	SIMCOR
Antihyperlipidemic HMG COA Ri-Calcium Channel Blocker	AMLODIPINE-ATORVASTATIN	CADUET
Antihypertensives, ACE Inhibitors	BENAZEPRIL	MOEXIPRIL
	CAPTOPRIL	PERINDOPRIL ERBUMINE
	ENALAPRIL MALEATE	QUINAPRIL
	EPANED	RAMIPRIL
	FOSINOPRIL SODIUM	TRANDOLAPRIL
	LISINOPRIL	
Antihypertensives, Angiotensin	CANDESARTAN CILEXETIL	LOSARTAN POTASSIUM
Receptor Antagonists	EDARBI	OLMESARTAN MEDOXOMIL
	EPROSARTAN MESYLATE	TELMISARTAN
	IRBESARTAN	VALSARTAN
Antihypertensives, Sympatholytic	CATAPRES-TTS	METHYLDOPA
	CLONIDINE	METHYLDOPA-HYDROCHLOROTHIAZIDE
	GUANFACINE	
Antihypertensives, Vasodilators	HYDRALAZINE HCL	MINOXIDIL
Antileprotics	DAPSONE	
Antimalarial Drugs	HYDROXYCHLOROQUINE SULFATE	PRIMAQUINE
	PLAQUENIL	
Antiparkinson Drugs	AMANTADINE HCL	PRAMIPEXOLE DIHYDROCHLORIDE
	AZILECT	PRAMIPEXOLE ER
	CARBIDOPA-LEVODOPA	RASAGILINE MESYLATE
	CARBIDOPA-LEVODOPA ER	ROPINIROLE HCL
	CARBIDOPA-LEVODOPA-ENTACAPONE	RYTARY
	COMTAN	SELEGILINE HCL
	ENTACAPONE	SINEMET
	GOCOVRI ER	STALEVO
	INBRIJA	TASMAR
	NEUPRO	TOLCAPONE
	NOURIANZ	XADAGO
	ONGENTYS	ZELAPAR
	OSMOLEX ER	
Antithyroid Preparations	METHIMAZOLE	TAPAZOLE
	PROPYLTHIOURACIL	

Drug Class	Medication Name		
Anti-Ulcer Preparations	CARAFATE	MISOPROSTOL	
	СҮТОТЕС	SUCRALFATE	
Benign Prostatic Hypertrophy/	ALFUZOSIN ER	RAPAFLO	
Micturition Agents	AVODART	SILODOSIN	
	DUTASTERIDE	TAMSULOSIN	
	FINASTERIDE	UROXATRAL	
Beta-Adrenergic Agents	ALBUTEROL SULFATE SYRUP	METAPROTERENOL SULFATE	
	ALBUTEROL SULFATE TABLETS	TERBUTALINE SULFATE	
Beta-Adrenergic Agents, Inhaled, Ultra-Long Acting	STRIVERDI RESPIMAT		
Beta-Adrenergic Agents, Orally	ARFORMOTEROL TARTRATE	PERFOROMIST	
Inhaled, Long Acting	BROVANA	SEREVENT DISKUS	
	FORMOTEROL FUMARATE		
Beta-Adrenergic and Anticholinergic	ANORO ELLIPTA	STIOLTO RESPIMAT	
Combo, Inhaled	BEVESPI AEROSPHERE	UTIBRON NEOHALER	
	DUAKLIR PRESSAIR		
Beta-Adrenergic and Glucocorticoid	ADVAIR DISKUS	DULERA	
Combo, Inhaled	ADVAIR HFA	FLUTICASONE-SALMETEROL	
	AIRDUO	SYMBICORT	
	BREO ELLIPTA	WIXELLA INHUB	
	BUDESONIDE-FORMOTEROL FUMARATE		
Beta-Adrenergic Blocking Agents	ACEBUTOLOL	NADOLOL	
	ATENOLOL	NEBIVOLOL	
	ВЕТАРАСЕ	PINDOLOL	
	BETAPACE AF	PROPRANOLOL	
	BETAXOLOL	PROPRANOLOL ER	
	BISOPROLOL FUMARATE	SORINE	
	BYSTOLIC	SOTALOL	
	INNOPRAN XL	SOTALOL AF	
	KAPSPARGO SPRINKLE	SOTYLIZE	
	METOPROLOL SUCCINATE	TIMOLOL MALEATE	
	METOPROLOL TARTRATE	TOPROL XL	
Beta-Adrenergic-Anticholinergic- Glucocorticoid, Inhaled	BREZTRI AEROSPHERE	TRELEGY ELLIPTA	

Drug Class	Medication Name		
Beta-Blockers and Thiazide,	ATENOLOL/CHLORTHALIDONE	NADOLOL/BENDROFLUMETHIAZIDE	
Thiazide-Like Diuretics	BISOPROLOL FUMARATE-HCTZ	PROPRANOLOL HCL-HCTZ	
	DUTOPROL	TENORETIC	
	METOPROLOL SUCCINATE-HCTZ ER	ZIAC	
	METOPROLOL-HYDROCHLOROTHIAZIDE		
Bile Salts	ACTIGALL	URSO FORTE	
	URSO	URSODIOL	
Bile Salt Sequestrants	CHOLESTYRAMINE	COLESTID	
	CHOLESTYRAMINE LIGHT	COLESTIPOL HCL	
	COLESEVELAM HCL		
Blood Sugar Diagnostics	ACCU-CHEK AVIVA PLUS	FREESTYLE INSULINX TEST STRIPS	
	ACCU-CHEK COMPACT	FREESTYLE LITE TEST STRIPS	
	ACCU-CHEK COMPACT PLUS	FREESTYLE PRECISION NEO	
	ACCU-CHEK GUIDE TEST STRIP	FREESTYLE TEST STRIPS	
	ACCU-CHEK SMARTVIEW	GOJJI TEST STRIP	
	ACCUTREND GLUCOSE	HARMONY GLUCOSE TEST STRIP	
	ADVOCATE TEST STRIP	IGLUCOSE TEST STRIP	
	ASCENSIA BREEZE 2	INFINITY VOICE TEST STRIP	
	ASSURE PLATINUM	LIBERTY TEST STRIP	
	CARETOUCH TEST STRIP	MICRODOT XTRA	
	CLEVER CHOICE TALK	ONE TOUCH ULTRA BLUE TEST STRIPS	
	CONTOUR	ONE TOUCH ULTRA TEST STRIPS	
	CONTOUR NEXT EZ	ONE TOUCH VERIO TEST STRIPS	
	EASY TOUCH TEST STRIP	OPTIUM	
	EASY TRACK II TEST STRIP	OPTIUM EZ	
	EMBRACE	PRECISION PCX	
	EMBRACE EVO	PRECISION PCX PLUS	
	EMBRACE PRO	PRECISION POINT OF CARE	
	EMBRACE TALK TEST STRIP	PRECISION Q-I-D	
	EVENCARE TEST STRIP	PRECISION XTRA	
	FORA 6 CONNECT GLUCOSE STRIP	PREMIER TEST STRIP	
	FORA GTEL GLUCOSE TEST STRIP	UNISTRIP1	
	FORA V10-V12-D10-D20	VERASENS TEST STRIP	
	FREESTYLE INSULINX	VIVAGUARD INO TEST STRIP	

Drug Class	Medication Name	
Bone Resorption Inhibitors	ALENDRONATE SODIUM	FORTICAL
	ATELVIA	IBANDRONATE SODIUM
	BINOSTO	RISEDRONATE SODIUM
	ETIDRONATE DISODIUM	RISEDRONATE SODIUM DR
Bone Resorption Inhibitor and Vitamin D Combinations	FOSAMAX PLUS D	
BPH 5-Alpha-Reductase Inhib-Alpha1- Adrenocep Antagonist	DUTASTERIDE-TAMSULOSIN	JALYN
Calcium Channel Blocking Agents	AMLODIPINE BESYLATE	NICARDIPINE HCL
	CALAN	NIFEDICAL XL
	CALAN SR	NIFEDIPINE
	CARTIA XT	NIFEDIPINE ER
	DILTIAZEM 12HR ER	NISOLDIPINE
	DILTIAZEM 24HR ER	TAZTIA XT
	DILTIAZEM 24HR ER (CD)	TIADYLT ER
	DILTIAZEM 24HR ER (LA)	TIAZAC
	DILTIAZEM 24HR ER (XR)	VERAPAMIL ER
	DILTIAZEM HCL	VERAPAMIL ER PM
	DILT-XR	VERAPAMIL HCL
	Felodipine er	VERELAN
	ISRADIPINE	VERELAN PM
	Matzim la	
Carbonic Anhydrase Inhibitors	ACETAZOLAMIDE	METHAZOLAMIDE
Cholinesterase Inhibitors	ARICEPT	MESTINON
	DONEPEZIL	PYRIDOSTIGMINE BROMIDE
	DONEPEZIL ODT	PYRIDOSTIGMINE BROMIDE ER
	EXELON	RAZADYNE
	GALANTAMINE	RAZADYNE ER
	GALANTAMINE ER	RIVASTIGMINE
Chronic Inflammatory Colon DX, 5-Aminosalicylate Drug Treatment	APRISO	MESALAMINE
	ASACOL HD	MESALAMINE DR
	AZULFIDINE	PENTASA
	DELZICOL	SULFASALAZINE
	DIPENTUM	SULFASALAZINE DR
	LIALDA	SULFAZINE
Contraceptives, Intravaginal, Systemic	ANNOVERA	

Drug Class	Medication Name	Medication Name	
Contraceptives, Oral	BALCOLTRA	MINASTRIN 24 FE	
	BEYAZ	MIRCETTE	
	BREVICON	NATAZIA	
	CYCLESSA	NORETHINDRONE/ETHINYL ESTRADIOL/ FERROUS FUMARATE	
	DESOGEN	NORINYL	
	DROSPIRENONE/ETHINYL ESTRADIOL/ LEVOMEFOLATE	NOR-Q-D	
	ESTROSTEP FE	ORTHO-NOVUM	
	FAYOSIM	QUARTETTE	
	FEMCON FE	RIVELSA	
	LEVONORGESTREL/ETHINYL ESTRADIOL/ ETHINYL ESTRADIOL	SAFYRAL	
	LO LOESTRIN FE	SEASONIQUE	
	LOESTRIN	SLYND	
	LOESTRIN FE	TAYTULLA	
	LOSEASONIQUE	TYBLUME	
	MELODETTA 24 FE	TYDEMY	
	MIBELAS 24 FE	YASMIN	
	MICROGESTIN 24 FE	YAZ	
Contraceptives, Transdermal	TWIRLA		
Decarboxylase Inhibitors	CARBIDOPA	LODOSYN	
Digitalis Glycosides	DIGITEK	DIGOXIN	
	DIGOX	LANOXIN	
Erectile Dysfunction Drugs	STENDRA		
Estrogenic Agents	ACTIVELLA	ESTRADIOL/NORETHINDRONE ACETATE	
	ALORA	ESTROGEL	
	AMABELZ	ESTROPIPATE	
	CLIMARA	FEMHRT	
	CLIMARA PRO	FYAVOLV	
	СОМВІРАТСН	JINTELI	
	DIVIGEL	LYLLANA	
	DOTTI	MENEST	
	ELESTRIN	MENOSTAR	
	ESTRACE	MIMVEY	
	ESTRADIOL	MINIVELLE	

Drug Class	Medication Name	
Estrogenic Agents (Cont.)	NORETHINDRONE/ETHINYL ESTRADIOL	PREMPHASE
	PREFEST	PREMPRO
	PREMARIN	VIVELLE-DOT
Estrogen-Progestin with Antimineralocorticoid Combinations	ANGELIQ	
Fibromyalgia Agents, Serotonin– Norepinephrine Reuptake Inhibitors	SAVELLA	
Fluoride Preparations	CLINPRO 5000	PREVIDENT PLUS
	DENTA 5000 PLUS	SF
	DENTAGEL	SF 5000 PLUS
	FLUORIDEX	SODIUM FLUORIDE
	PREVIDENT	SODIUM FLUORIDE 5000 PLUS
	PREVIDENT 5000 ENAMEL PROTECT	SODIUM FLUORIDE ENAMEL PROTECT
	PREVIDENT 5000 ORTHO DEFENSE	SODIUM FLUORIDE SENSITIVE
	PREVIDENT 5000 SENSITIVE	
Glucocorticoids	ALKINDI SPRINKLE	HYDROCORTISONE
	BETALOAN SUIK	MEDROLOAN SUIK
	CORTEF	MEDROLOAN II SUIK
	DEXONTO	TRILOAN SUIK
	DMT SUIK	TRILOAN II SUIK
	EMFLAZA	ZILRETTA
Glucocorticoids, Orally Inhaled	ALVESCO	FLOVENT DISKUS
	ARMONAIR	FLOVENT HFA
	ARNUITY ELLIPTA	PULMICORT
	ASMANEX	PULMICORT FLEXHALER
	ASMANEX HFA	QVAR
	BUDESONIDE	QVAR REDIHALER
Gold Salts	RIDAURA	
Heart Rate Reducing, Selective Current Inhibitors	CORLANOR	
Hemorrheologic Agents	PENTOXIFYLLINE	
Histamine H2-Receptor Inhibitors	CIMETIDINE	PEPCID
	FAMOTIDINE	RANITIDINE HCL
	NIZATIDINE	ZANTAC RX
Hyperparathyroid TX Agents– Vitamin D Analog-Type	DOXERCALCIFEROL	HECTOROL

Drug Class	Medication Name	
Hyperparathyroid TX Agents–	PARICALCITOL	ZEMPLAR
Vitamin D Analog-Type (Cont.)	RAYALDEE	
Hyperuricemia TX–Xanthine Oxidase	ALLOPURINOL	ULORIC
Inhibitors	FEBUXOSTAT	ZYLOPRIM
Insulins	ADMELOG	INSULIN LISPRO
	ADMELOG SOLOSTAR	LANTUS
	AFREZZA	LANTUS SOLOSTAR
	APIDRA	LEVEMIR
	APIDRA SOLOSTAR	LEVEMIR FLEXTOUCH
	BASAGLAR KWIKPEN U-100	LYUMJEV
	FIASP	MYXREDLIN
	FIASP FLEXTOUCH	NOVOLIN 70-30
	HUMALOG	NOVOLIN 70-30 FLEXPEN
	HUMALOG JUNIOR KWIKPEN	NOVOLIN N
	HUMALOG MIX 50-50	NOVOLIN R
	HUMALOG MIX 75-25	NOVOLOG
	HUMULIN 70-30	NOVOLOG FLEXPEN
	HUMULIN 70/30 KWIKPEN	NOVOLOG MIX 70-30
	HUMULIN N	SEMGLEE
	HUMULIN N KWIKPEN	TOUJEO MAX SOLOSTAR
	HUMULIN R	TOUJEO SOLOSTAR
	HUMULIN R U-500 KWIKPEN	TRESIBA FLEXTOUCH U-100
	INSULIN ASPART	TRESIBA FLEXTOUCH U-200
	INSULIN GLARGINE	
Iodine-Containing Agents	POTASSIUM IODIDE	SSKI
Laxatives and Cathartics	KRISTALOSE	LACTULOSE
Leukotriene Receptor Antagonists	ACCOLATE	SINGULAIR
	MONTELUKAST SODIUM	ZAFIRLUKAST
Lipotropics	ANTARA	GEMFIBROZIL
	EZETIMIBE	ICOSAPENT ETHYL
	FENOFIBRATE	LIPOFEN
	FENOFIBRIC ACID	NIACIN ER
	FENOGLIDE	NIASPAN
	FIBRICOR	OMEGA-3 ACID ETHYL ESTERS

Drug Class	Medication Name	
Loop Diuretics	BUMETANIDE	FUROSEMIDE
	EDECRIN	LASIX
	ETHACRYNIC ACID	TORSEMIDE
MAOIs, Non-Selective, Irreversible	MARPLAN	PHENELZINE SULFATE
Antidepressants	NARDIL	TRANYLCYPROMINE SULFATE
	PARNATE	
Mast Cell Stabilizers, Orally Inhaled	CROMOLYN SODIUM	
Menopausal Symptoms Suppressant– SSRIs	BRISDELLE	PAROXETINE MESYLATE
Metabolic Deficiency Agents	CARNITOR	LEVOCARNITINE
	CARNITOR SF	
Mineralocorticoids	FLUDROCORTISONE ACETATE	
Miotics and Other Intraocular	ALPHAGAN P	LEVOBUNOLOL
Pressure Reducers	APRACLONIDINE	LUMIGAN
	BETAXOLOL	PILOCARPINE
	BIMATOPROST	RHOPRESSA
	BRIMONIDINE TARTRATE	ROCKLATAN
	BRINZOLAMIDE	SIMBRINZA
	CARTEOLOL	TIMOLOL MALEATE
	COMBIGAN	TIMOPTIC-XE
	COSOPT	TRAVATAN Z
	COSOPT PF	TRAVOPROST
	DORZOLAMIDE	TRUSOPT
	DORZOLAMIDE-TIMOLOL	VYZULTA
	IOPIDINE	XALATAN
	ISOPTO CARPINE	XELPROS
	ISTALOL	ZIOPTAN
	LATANOPROST	
Monoamine Oxidase (MAO) Inhibitor Antidepressants	EMSAM	
Multivitamin Preparations	CONCEPT DHA	FOLIVANE-OB
	CONCEPT OB	NEEVODHA
	ELITE-OB	NESTABS ONE
	ENBRACE HR	OB COMPLETE

Drug Class	Medication Name	
Multivitamin Preparations (Cont.)	OBSTETRIX ONE	PUREFE OB PLUS
	PNV-DHA	TARON PRENATAL
	PNV-OMEGA	TARON-C DHA
	PRENATAL-U	VIRT-C DHA
	PRENATE	VIRT-PN DHA
	PRENATE AM	VIRT-PN PLUS
	PRENATE DHA	ZATEAN-PN DHA
	PRENATE ESSENTIAL	ZATEAN-PN PLUS
Mydriatics	ATROPINE SULFATE	ISOPTO ATROPINE
	ATROPINE SULFATE-NS	LIDOCAINE-PHENYLEPHRINE-BSS
	CYCLOGYL	LIDOCAINE-PHENYLEPHRINE-WATER
	CYCLOMYDRIL	MYDRIACYL
	CYCLOPENTOLATE	MYDRIATIC 3 (TROP-CYCLOPENT-PE)
	EPINEPHRINE-LIDOCAINE HCL-BSS	TROPICAMIDE
	HOMATROPINE	TROPICAMIDE-CYCLOPENTOLATE-PE
Needles/Needleless Devices	B-D ECLIPSE	FLOW-EZE
	B-D INSULIN PEN NEEDLE UF MINI	HYPODERMIC NEEDLE
	B-D INTEGRA NEEDLE	INTEGRA PRECISIONGLIDE NEEDLE
	B-D NEEDLES	LIFESHIELD BLUNT CANNULA
	B-D PRECISIONGLIDE NEEDLE	MONOJECT BLOOD COLLECTION
	B-D SAFETYGLIDE	NOKOR ADMIX NEEDLE
	BLUNT NEEDLE	NOKOR NEEDLE
	EASY TOUCH FLIPLOCK NEEDLE	PEN-NEEDLE
	EASY TOUCH HYPODERMIC NEEDLE	PHASEAL PROTECTOR
	EASYPOINT NEEDLE	POLY HUB NEEDLE
	ECLIPSE NEEDLE	PRECISIONGLIDE
	EXEL HUBER NEEDLE	TERUMO SURGUARD
	EXEL HYPODERMIC NEEDLE	TRANSFER NEEDLE
	EXEL MULTI DRAWING NEEDLE	YALE NEEDLE
	FILTER NEEDLE	
Norepinephrine and Dopamine	APLENZIN	BUPROPION SR
Reuptake Inhibitors (NDRIs)	BUPROPION	BUPROPION XL
	BUPROPION ER	FORFIVO XL

Drug Class	Medication Name	
NSAID and Histamine H2 Receptor Antagonist Combination	DUEXIS	
NSAID, Cox Inhibitor-Type and Proton Pump Inhibitor	νιμονο	
NSAID, Cox Non-Spec. Inhibitor and Prostaglandin Analog	DICLOFENAC/MISOPROTAL	
NSAIDs, Cyclooxygenase Inhibitor-	DICLOFENAC SODIUM	MELOXICAM
Type Analgesics	EC-NAPROSYN	MOBIC
	ETODOLAC	NABUMETONE
	ETODOLAC ER	NAPROXEN
	FELDENE	NAPROXEN SODIUM
	FENOPROFEN CALCIUM	NAPROXEN SODIUM ER
	FENORTHO	OXAPROZIN
	FLURBIPROFEN	PIROXICAM
	IBU	PROFENO
	IBUPROFEN	TIVORBEX
	KETOPROFEN	TOLMETIN SODIUM
	LODINE	VIVLODEX
	MECLOFENAMATE SODIUM	ZORVOLEX
NSAIDs, Cyclooxygenase-2 (COX-2) Selective Inhibitor	CELEBREX	CELECOXIB
Ophthalmic Antibiotics	NEOMYCIN/BACITRACIN/POLYMYXIN	NEO-POLYCIN
Ophthalmic Anti-Inflammatory	CEQUA	RESTASIS MULTIDOSE
Immunomodulator-Type	CYCLOSPORINE IN KLARITY	XIIDRA
	RESTASIS	
Overactive Bladder Agents, Beta-3 Adrenergic Receptor Agonist	MYRBETRIQ	
Parasympathetic Agents	CEVIMELINE HCL	EVOXAC
Pediatric Vitamin Preparations	ESCAVITE D	MULTIVITAMINS
	ESCAVITE LQ	POLY-VI-FLOR FS
	FLORIVA	QUFLORA
	FLORIVA PLUS	QUFLORA FE
	MULTIVITAMIN WITH FLUORIDE	TEXAVITE LQ
Pituitary Suppressive Agents	CABERGOLINE	

Drug Class	Medication Name	
Platelet Aggregation Inhibitors	ASPIRIN-DIPYRIDAMOLE ER	LOW DOSE ASPIRIN
	BRILINTA	PERSANTINE
	CHILDREN'S ASPIRIN	PLAVIX
	CILOSTAZOL	PLETAL
	CLOPIDOGREL	PRASUGREL HCL
	DIPYRIDAMOLE	YOSPRALA
	DURLAZA	ZONTIVITY
	EFFIENT	
Platelet Reducing Agents	AGRYLIN	ANAGRELIDE HYDROCHLORIDE
Potassium Replacement	EFFER-K	KLOR-CON-EF
	K-TAB	POTASSIUM CHLORIDE
	KLOR-CON	POTASSIUM CITRATE ER
	KLOR-CON M	
Potassium Sparing Diuretics	ALDACTONE	EPLERENONE
	AMILORIDE	INSPRA
	CAROSPIR	KERENDIA
	DYRENIUM	SPIRONOLACTONE
Potassium Sparing Diuretics in	AMILORIDE HCL/HCTZ	TRIAMTERENE/HCTZ
Combination	SPIRONOLACTONE/HCTZ	
Progestational Agents	AYGESTIN	PROGESTERONE
	MEDROXYPROGESTERONE ACETATE	PROMETRIUM
	NORETHINDRONE ACETATE	PROVERA
Pulmonary Anti-Hypertension	AMBRISENTAN	BOSENTAN
Renin Inhibitor, Direct	ALISKIREN	TEKTURNA
Renin Inhibitor, Direct and Thiazide Diuretic Combination	TEKTURNA HCT	
Selective Serotonin Reuptake Inhibitor	CITALOPRAM HBR	PAROXETINE ER
(SSRIs)	ESCITALOPRAM OXALATE	PAROXETINE HCL
	FLUOXETINE DR	SARAFEM
	FLUOXETINE HCL	SERTRALINE HCL
	FLUVOXAMINE MALEATE	
Serotonin-2 Antagonist/Reuptake Inhibitors (SARIs)	NEFAZODONE HCL	

Drug Class	Medication Name	
Serotonin-Norepinephrine Reuptake-	DESVENLAFAXINE ER	FETZIMA
Inhibitor (SNRIs)	DESVENLAFAXINE FUMARATE ER	PRISTIQ
	DESVENLAFAXINE SUCCINATE ER	VENLAFAXINE HCL
	DRIZALMA SPRINKLE	VENLAFAXINE HCL ER
	DULOXETINE HCL	
Skeletal Muscle Relaxants	BACLOFEN	DANTROLENE SODIUM
	DANTRIUM	
Smoking Deterrent Agents (Ganglionic Stimulants, Others)	NICODERM CQ	
Soluble Guanylate Cyclase (SGC) Stimulator	VERQUVO	
SSRI and 5HT1A Partial Agonist Antidepressants	VIIBRYD	
Syringes and Accessories	ADVOCATE SYRINGES	MAGELLAN INSULIN SAFETY SYRINGE
	B-D INSULIN SYRINGE	MAGELLAN INSULIN SYRINGE
	B-D SAFETYGLIDE	MAXICOMFORT
	B-D SAFETYGLIDE SYRINGE	MAXICOMFORT INSULIN SYRINGE
	CARETOUCH INSULIN SYRINGE	MINIMED RESERVOIR
	COMFORT EZ	MONOJECT
	DROPLET INSULIN SYRINGE	MONOJECT INSULIN SYRINGE
	EASY COMFORT INSULIN SYRINGE	MONOJECT MAGELLAN SYRINGE
	EASY GLIDE INSULIN SYRINGE	PARADIGM
	EASY TOUCH	PRO COMFORT INSULIN SYRINGE
	EASY TOUCH FLIPLOCK INSULIN	PRODIGY INSULIN SYRINGE
	EASY TOUCH INSULIN SAFETY	SAFESNAP INSULIN SYRINGE
	EASY TOUCH LUER LOCK INSULIN	SURE COMFORT
	EASY TOUCH SHEATHLOCK INSULIN	SURE COMFORT INSULIN SYRINGE
	EASY TOUCH UNI-SLIP	SURE-JECT INSULIN SYRINGE
	FREESTYLE PRECISION	TECHLITE INSULIN SYRINGE
	HEALTHWISE INSULIN SYRINGE	TERUMO INSULIN SYRINGE
	INSULIN CARTRIDGE	THINPRO INSULIN SYRINGE
	INSULIN SYRINGE	TOPCARE ULTRA COMFORT
	LITE TOUCH	TRUE COMFORT INSULIN SYRINGE
	LUER-LOK SYRINGE	TRUE COMFORT PRO INSULIN SYRINGE

Drug Class	Medication Name	
Syringes and Accessories (Cont.)	TRUEPLUS INSULIN SYRINGE	ULTRA FLO INSULIN SYRINGE
	ULTICARE	ULTRACARE INSULIN SYRINGE
	ULTICARE INSULIN SYRINGE	ULTRA-THIN II
	ULTIGUARD SAFEPACK-INSULIN SYRINGE	VANISHPOINT
	ULTILET INSULIN SYRINGE	VANISHPOINT SYRINGE
	ULTRA COMFORT	
Thiazide and Related Diuretics	CHLOROTHIAZIDE	METHYCLOTHIAZIDE
	CHLORTHALIDONE	METOLAZONE
	DIURIL	MICROZIDE
	HYDROCHLOROTHIAZIDE	THALITONE
	INDAPAMIDE	
Thrombin Inhibitors, Selective, Direct, Reversible	PRADAXA	
Thyroid Hormones	ARMOUR THYROID	SYNTHROID
	CYTOMEL	THYQUIDITY
	EUTHYROX	THYROLAR
	LEVO-T	TIROSINT
	LEVOTHYROXINE SODIUM	UNITHROID
	LEVOXYL	WESTHROID
	LIOTHYRONINE SODIUM	WP THYROID
	NP THYROID	
Topical Anti-Inflammatory, NSAIDs	CAPSFENAC PAK	DICLOTREX
	CAPSINAC	DICLOVIX M
	DERMACINRX LEXITRAL	DICLOZOR
	DICLO GEL	DIMENTHO
	DICLO GEL/XRYLIX SHEET	DITHOL
	DICLOFENAC SODIUM	FROTEK
	DICLOFEX DC	INFLAMMA-K
	DICLOFONO	KAPZIN DC
	DICLOHEAL-60	LEXIXRYL
	DICLOPAK	NUDICLO
	DICLOPR	PENNSAICIN
	DICLOTRAL	PENNSAID

Drug Class	Medication Name	Medication Name		
Topical Anti-Inflammatory, NSAIDs	ROAOXIA	XELITRAL		
(Cont.)	VAROPHEN	XRYLIX		
	VENNGEL ONE	ZICLOPRO		
Uricosuric Agents	PROBENECID	ZURAMPIC		
	PROBENECID W/COLCHICINE			
Uricosuric and Xanthine Oxidase Inhibitor Combination	DUZALLO			
Urinary PH Modifiers	POTASSIUM CITRATE ER	UROCIT-K		
Urinary Tract Antispasmodic, M(3)	DARIFENACIN ER	VESICARE		
Selective Antagonist	SOLIFENACIN SUCCINATE			
Urinary Tract Antispasmodic/	FLAVOXATE	TOLTERODINE TARTRATE		
Anti-Incontinence Agent	GELNIQUE	TOLTERODINE TARTRATE ER		
	OXYBUTYNIN CHLORIDE	TOVIAZ		
	OXYBUTYNIN CHLORIDE ER	TROSPIUM CHLORIDE		
	OXYTROL			
Vaginal Estrogen Preparations	ESTRACE	PREMARIN		
	ESTRADIOL	VAGIFEM		
	ESTRING	YUVAFEM		
	FEMRING			
Vasodilators, Combination	BIDIL			
Vasodilators, Coronary	DILATRATE-SR	NITRO-BID		
	ISORDIL	NITROGLYCERIN		
	ISOSORBIDE DINITRATE	NITRO-TIME		
	ISOSORBIDE MONONITRATE			
Vasodilators, Peripheral	ERGOLOID MESYLATES	ISOXSUPRINE HCL		
Vitamin B Preparations	РОТАВА	VB7 MAX		
Vitamin B12 Preparations	NASCOBAL			
Vitamin D Preparations	CALCITRIOL	ROCALTROL		
Xanthines	ELIXOPHYLLIN	THEOCHRON		
	THEO-24	THEOPHYLLINE ANHYDROUS		

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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).



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Blue Cross Blue Shield of Massachusetts Formulary: \$9 Generic Medication List

Last Updated: January 1, 2022 Valid Until: July 1, 2022

The following list includes generic medications covered by plans with the Blue Cross Blue Shield of Massachusetts Formulary. Members can get these medications in 90–day supplies for \$9¹ when they order them through the mail order pharmacy available through Express Scripts^{®'}, an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts.

Normal prescription guidelines apply, which in some cases result in prescription supplies for less than 90 days. If your copayment for a 90–day supply through the mail order pharmacy is less than \$9, you'll pay the lesser amount. The \$9–or–less price is based only on a 90–day supply of each generic medication.² The price of the medication may differ if the quantity purchased is different.

This isn't a complete list of covered medications, and inclusion on the list doesn't guarantee coverage.³ You must have a valid prescription from a licensed health provider to receive coverage for these medications. Some medications may also be subject to pharmacy management programs, such as Step Therapy, Prior Authorization, or Quality Care Dosing, or have other coverage requirements.

\$9 Generic Medications Included in the National Preferred Formulary (NPF)

The generic medications listed in this document are also included in the National Preferred Formulary (NPF), which is available through Express Scripts. Pharmacy management program requirements apply to generic medications included in the NPF.

Learn More About Your Coverage

For more information about your pharmacy benefits, including the NPF and the medications listed in this document, sign in to your MyBlue account at **bluecrossma.org**.

^{1.} Medications and pricing are subject to change without notice, so you should always confirm your cost prior to filling a prescription. A processing fee may apply. In applicable states, sales tax may be added to the cost of your prescriptions. Cost of standard shipping is included as part of your prescription plan. The coverage and prices of certain medications are also subject to the specific terms of your plan. Changes are made available to your Plan Sponsor.

^{2.} Pre-packaged medications are only available for \$9 in the package sizes specified.

^{3.} Not all medications listed are covered by all prescription plans. Check your benefit materials for details.

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Antibiotics/Antifungals/	ACYCLOVIR	200 MG	CAPSULE	180
Antivirals	AMOXICILLIN	500 MG	TABLET	180
	AMOXICILLIN TR/POTASSIUM CLAVULANATE	200 MG-28.5 MG	CHEW TABLET	60
	AMOXICILLIN TR/POTASSIUM CLAVULANATE	400 MG-57 MG	CHEW TABLET	60
	AMOXICILLIN TR/POTASSIUM CLAVULANATE	250 MG-125 MG	TABLET	30
	AMOXICILLIN TR/POTASSIUM CLAVULANATE	500 MG-125 MG	TABLET	60
	AMOXICILLIN TR/POTASSIUM CLAVULANATE	875 MG-125 MG	TABLET	60
	AMOXICILLIN TRIHYDRATE	250 MG	CAPSULE	180
	AMOXICILLIN TRIHYDRATE	500 MG	CAPSULE	180
	AMOXICILLIN TRIHYDRATE	125 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	300
	AMOXICILLIN TRIHYDRATE	200 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	300
	AMOXICILLIN TRIHYDRATE	250 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	240
	AMOXICILLIN TRIHYDRATE	250 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	300
	AMOXICILLIN TRIHYDRATE	250 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	450
	AMOXICILLIN TRIHYDRATE	400 MG/5 ML	SUSPENSION, RECONSTITUTED, ORAL	300
	CEPHALEXIN MONOHYDRATE	250 MG	CAPSULE	90
	CEPHALEXIN MONOHYDRATE	500 MG	CAPSULE	180
	CIPROFLOXACIN HCL	250 MG	TABLET	90
	CIPROFLOXACIN HCL	500 MG	TABLET	180
	FLUCONAZOLE	150 MG	TABLET	3
	METRONIDAZOLE	250 MG	TABLET	270
	METRONIDAZOLE	500 MG	TABLET	42
	PENICILLIN V POTASSIUM	250 MG/5 ML	SUSPENSION, RECONSTITUTED	400
	PENICILLIN V POTASSIUM	250 MG/5 ML	SUSPENSION, RECONSTITUTED	900
	PENICILLIN V POTASSIUM	250 MG	TABLET	180

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Antibiotics/Antifungals/ Antivirals (Cont.)	PENICILLIN V POTASSIUM	500 MG	TABLET	180
	SULFAMETHOXAZOLE/TRIMETHOPRIM	400 MG-80 MG	TABLET	90
	SULFAMETHOXAZOLE/TRIMETHOPRIM	800 MG-160 MG	TABLET	180
	TERBINAFINE	250 MG	TABLET	90
Antiseizure Medications	ZONISAMIDE	25 MG	CAPSULE	180
Arthritis/Pain	DICLOFENAC SODIUM	50 MG	TABLET DR	180
	DICLOFENAC SODIUM	75 MG	TABLET DR	180
	IBUPROFEN	400 MG	TABLET	270
	IBUPROFEN	600 MG	TABLET	270
	IBUPROFEN	800 MG	TABLET	270
	INDOMETHACIN	25 MG	CAPSULE	270
	MELOXICAM	7.5 MG	TABLET	90
	MELOXICAM	15 MG	TABLET	90
	NAPROXEN	250 MG	TABLET	180
	NAPROXEN	375 MG	TABLET	180
	NAPROXEN	500 MG	TABLET	180
	NAPROXEN SODIUM	220 MG	TABLET	72
	NAPROXEN SODIUM	275 MG	TABLET	180
Asthma/Respiratory	ALBUTEROL SULFATE	0.83 MG/ML	SOLUTION	225
Behavioral Health	BENZTROPINE MESYLATE	0.5 MG	TABLET	180
	BENZTROPINE MESYLATE	2 MG	TABLET	180
	BUSPIRONE HCL	5 MG	TABLET	180
	BUSPIRONE HCL	10 MG	TABLET	180
	BUSPIRONE HCL	15 MG	TABLET	180
	CHLORDIAZEPOXIDE HCL	5 MG	CAPSULE	180
	CHLORDIAZEPOXIDE HCL	10 MG	CAPSULE	180
	CHLORDIAZEPOXIDE HCL	25 MG	CAPSULE	180
	CITALOPRAM HYDROBROMIDE	10 MG	TABLET	90
	CITALOPRAM HYDROBROMIDE	20 MG	TABLET	90
	CITALOPRAM HYDROBROMIDE	40 MG	TABLET	90
	CLONIDINE HCL	0.3 MG	TABLET	90
	DONEPEZIL HCL	5 MG	TABLET	90
	DONEPEZIL HCL	10 MG	TABLET	90
	DONEPEZIL HCL	5 MG	TABLET ODT	90

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Behavioral Health (Cont.)	DONEPEZIL HCL	10 MG	TABLET ODT	90
	DOXEPIN HCL	10 MG	CAPSULE	90
	DOXEPIN HCL	25 MG	CAPSULE	90
	FLUOXETINE HCL	10 MG	CAPSULE	90
	FLUOXETINE HCL	20 MG	CAPSULE	90
	FLUOXETINE HCL	40 MG	CAPSULE	90
	HYDROXYZINE PAMOATE	25 MG	CAPSULE	180
	IMIPRAMINE HCL	10 MG	TABLET	90
	IMIPRAMINE HCL	25 MG	TABLET	90
	IMIPRAMINE HCL	50 MG	TABLET	90
	LITHIUM CARBONATE	150 MG	CAPSULE	90
	LITHIUM CARBONATE	300 MG	CAPSULE	180
	LITHIUM CARBONATE	600 MG	CAPSULE	180
	LITHIUM CARBONATE	300 MG	TABLET SA	180
	MIRTAZAPINE	15 MG	TABLET	90
	MIRTAZAPINE	30 MG	TABLET	90
	MIRTAZAPINE	45 MG	TABLET	90
	NORTRIPTYLINE HCL	10 MG	CAPSULE	90
	NORTRIPTYLINE HCL	25 MG	CAPSULE	90
	PAROXETINE HCL	10 MG	TABLET	90
	PAROXETINE HCL	20 MG	TABLET	90
	PAROXETINE HCL	30 MG	TABLET	90
	PAROXETINE HCL	40 MG	TABLET	90
	SERTRALINE HCL	25 MG	TABLET	90
	TRAZODONE HCL	50 MG	TABLET	90
	TRAZODONE HCL	100 MG	TABLET	90
	TRAZODONE HCL	150 MG	TABLET	90
	TRIHEXYPHENIDYL HCL	2 MG	TABLET	180
	TRIHEXYPHENIDYL HCL	5 MG	TABLET	180
Blood Pressure/Heart Health	AMILORIDE-HYDROCHLOROTHIAZIDE	5 MG–50 MG	TABLET	90
	AMIODARONE HCL	200 MG	TABLET	90
	ATENOLOL	25 MG	TABLET	90
	ATENOLOL	50 MG	TABLET	90
	ATENOLOL	100 MG	TABLET	90
	BENAZEPRIL HCL	5 MG	TABLET	90
	BENAZEPRIL HCL	10 MG	TABLET	90

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Blood Pressure/Heart Health	BENAZEPRIL HCL	20 MG	TABLET	90
(Cont.)	BENAZEPRIL HCL	40 MG	TABLET	90
	BISOPROL-HYDROCHLOROTHIAZIDE	2.5 MG-6.25 MG	TABLET	90
	BISOPROL-HYDROCHLOROTHIAZIDE	5 MG-6.25 MG	TABLET	90
	BISOPROL-HYDROCHLOROTHIAZIDE	10 MG-6.25 MG	TABLET	90
	BISOPROLOL FUMARATE	5 MG	TABLET	90
	BISOPROLOL FUMARATE	10 MG	TABLET	90
	CARVEDILOL	3.125 MG	TABLET	180
	CARVEDILOL	6.25 MG	TABLET	180
	CARVEDILOL	12.5 MG	TABLET	180
	CARVEDILOL	25 MG	TABLET	180
	CLONIDINE HCL	0.1 MG	TABLET	90
	CLONIDINE HCL	0.2 MG	TABLET	90
	DILTIAZEM HCL	120 MG	CAPSULE SR	90
	DILTIAZEM HCL	30 MG	TABLET	180
	DILTIAZEM HCL	60 MG	TABLET	180
	DOXAZOSIN MESYLATE	1 MG	TABLET	90
	DOXAZOSIN MESYLATE	2 MG	TABLET	90
	DOXAZOSIN MESYLATE	4 MG	TABLET	90
	DOXAZOSIN MESYLATE	8 MG	TABLET	90
	ENALAPRIL MALEATE	2.5 MG	TABLET	90
	ENALAPRIL MALEATE	5 MG	TABLET	90
	ENALAPRIL MALEATE	10 MG	TABLET	90
	ENALAPRIL MALEATE	20 MG	TABLET	90
	ENALAPRIL-HYDROCHLOROTHIAZIDE	5 MG-12.5 MG	TABLET	90
	ENALAPRIL-HYDROCHLOROTHIAZIDE	10 MG-25 MG	TABLET	90
	FELODIPINE	2.5 MG	TABLET SR	90
	FELODIPINE	5 MG	TABLET SR	90
	FELODIPINE	10 MG	TABLET SR	90
	FUROSEMIDE	20 MG	TABLET	90
	FUROSEMIDE	40 MG	TABLET	90
	FUROSEMIDE	80 MG	TABLET	90
	HYDRALAZINE HCL	10 MG	TABLET	270
	HYDRALAZINE HCL	25 MG	TABLET	270

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Blood Pressure/Heart Health	HYDRALAZINE HCL	50 MG	TABLET	270
(Cont.)	HYDRALAZINE HCL	100 MG	TABLET	270
	HYDROCHLOROTHIAZIDE	12.5 MG	CAPSULE	90
	HYDROCHLOROTHIAZIDE	25 MG	TABLET	90
	HYDROCHLOROTHIAZIDE	50 MG	TABLET	90
	INDAPAMIDE	1.25 MG	TABLET	90
	INDAPAMIDE	2.5 MG	TABLET	90
	ISOSORBIDE MONONITRATE	30 MG	TABLET SR 24H	90
	ISOSORBIDE MONONITRATE	60 MG	TABLET SR 24H	90
	LABETALOL HCL	100 MG	TABLET	180
	LABETALOL HCL	200 MG	TABLET	180
	LABETALOL HCL	300 MG	TABLET	180
	LISINOPRIL	2.5 MG	TABLET	90
	LISINOPRIL	5 MG	TABLET	90
	LISINOPRIL	10 MG	TABLET	90
	LISINOPRIL	20 MG	TABLET	90
	LISINOPRIL	30 MG	TABLET	90
	LISINOPRIL	40 MG	TABLET	90
	LISINOPRIL-HYDROCHLOROTHIAZIDE	10 MG-12.5 MG	TABLET	90
	LISINOPRIL-HYDROCHLOROTHIAZIDE	20 MG-12.5 MG	TABLET	90
	LISINOPRIL-HYDROCHLOROTHIAZIDE	20 MG-25 MG	TABLET	90
	METHYLDOPA	250 MG	TABLET	180
	METOPROLOL TARTRATE	50 MG	TABLET	180
	METOPROLOL TARTRATE	100 MG	TABLET	180
	MINOXIDIL	2.5 MG	TABLET	180
	MINOXIDIL	10 MG	TABLET	90
	PRAZOSIN HCL	1 MG	CAPSULE	90
	PROPRANOLOL HCL	10 MG	TABLET	180
	PROPRANOLOL HCL	20 MG	TABLET	180
	PROPRANOLOL HCL	40 MG	TABLET	180
	PROPRANOLOL HCL	60 MG	TABLET	180
	PROPRANOLOL HCL	80 MG	TABLET	180
	QUINAPRIL HCL	5 MG	TABLET	90
	QUINAPRIL HCL	10 MG	TABLET	90
	QUINAPRIL HCL	20 MG	TABLET	90
	QUINAPRIL HCL	40 MG	TABLET	90
	QUINAPRIL-HYDROCHLOROTHIAZIDE	10 MG-12.5 MG	TABLET	90

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Blood Pressure/Heart Health	QUINAPRIL-HYDROCHLOROTHIAZIDE	20 MG-12.5 MG	TABLET	90
(Cont.)	QUINAPRIL-HYDROCHLOROTHIAZIDE	20 MG–25 MG	TABLET	90
	RAMIPRIL	1.25 MG	CAPSULE	90
	RAMIPRIL	2.5 MG	CAPSULE	90
	RAMIPRIL	5 MG	CAPSULE	90
	RAMIPRIL	10 MG	CAPSULE	90
	SOTALOL HCL	80 MG	TABLET	180
	SOTALOL HCL	240 MG	TABLET	180
	SPIRONOLACTONE	25 MG	TABLET	90
	TERAZOSIN HCL	1 MG	CAPSULE	90
	TERAZOSIN HCL	2 MG	CAPSULE	90
	TERAZOSIN HCL	5 MG	CAPSULE	90
	TERAZOSIN HCL	10 MG	CAPSULE	90
	TORSEMIDE	5 MG	TABLET	90
	TORSEMIDE	10 MG	TABLET	90
	TORSEMIDE	20 MG	TABLET	90
	TORSEMIDE	100 MG	TABLET	90
	TRANDOLAPRIL	1 MG	TABLET	90
	TRANDOLAPRIL	2 MG	TABLET	90
	TRANDOLAPRIL	4 MG	TABLET	90
	TRIAMTERENE- HYDROCHLOROTHIAZIDE	37.5 MG-25 MG	CAPSULE	90
	TRIAMTERENE- HYDROCHLOROTHIAZIDE	37.5 MG-25 MG	TABLET	90
	TRIAMTERENE- HYDROCHLOROTHIAZIDE	75 MG–50 MG	TABLET	90
	VERAPAMIL HCL	80 MG	TABLET	270
	VERAPAMIL HCL	120 MG	TABLET	90
	VERAPAMIL HCL	120 MG	TABLET SA	90
	VERAPAMIL HCL	180 MG	TABLET SA	90
	VERAPAMIL HCL	240 MG	TABLET SA	90
	WARFARIN SODIUM	1 MG	TABLET	90
	WARFARIN SODIUM	2 MG	TABLET	90
	WARFARIN SODIUM	2.5 MG	TABLET	90
	WARFARIN SODIUM	3 MG	TABLET	90
	WARFARIN SODIUM	4 MG	TABLET	90
	WARFARIN SODIUM	5 MG	TABLET	90

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Blood Pressure/Heart Health (Cont.)	WARFARIN SODIUM	6 MG	TABLET	90
	WARFARIN SODIUM	7.5 MG	TABLET	90
	WARFARIN SODIUM	10 MG	TABLET	90
Cold and Allergy Therapy	BENZONATATE	100 MG	CAPSULE	270
	CYPROHEPTADINE HCL	4 MG	TABLET	90
	DEXTROMETHORPHAN HBR/ PROMETHAZINE HCL	15 MG– 6.25 MG/5 ML	SYRUP	360
	PROMETHAZINE HCL	6.25 MG/5 ML	SYRUP	360
	PROMETHAZINE HCL	12.5 MG	TABLET	90
	PROMETHAZINE HCL	25 MG	TABLET	90
	PROMETHAZINE HCL	50 MG	TABLET	270
Diabetes	GLIMEPIRIDE	1 MG	TABLET	90
	GLIMEPIRIDE	2 MG	TABLET	90
	GLIMEPIRIDE	4 MG	TABLET	180
	GLIPIZIDE	5 MG	TABLET	180
	GLIPIZIDE	10 MG	TABLET	180
	GLIPIZIDE	5 MG	TABLET OSM 24HR	90
	GLYBURIDE	1.25 MG	TABLET	90
	GLYBURIDE	2.5 MG	TABLET	90
	GLYBURIDE	5 MG	TABLET	180
	GLYBURIDE/METFORMIN HCL	5 MG–500 MG	TABLET	360
	METFORMIN HCL	500 MG	TABLET	180
	METFORMIN HCL	850 MG	TABLET	180
	METFORMIN HCL	1000 MG	TABLET	180
	METFORMIN HCL	500 MG	TABLET SR 24H	180
	METOPROLOL TARTRATE	25 MG	TABLET	180
Eye Health	BACITRACIN-POLYMYXIN B SULFATE	500–10KU/G	OINTMENT	10.5
•	ERYTHROMYCIN BASE	5 MG/G	OINTMENT	10.5
	GENTAMICIN SULFATE	0.3%	DROPS	15
	NEOMYCIN POLYMYXIN B SULFATE DEXAMETHASONE	3.5–10 K–0.1	OINTMENT	10.5
	POLYMYXIN B SULFATE/TMP	10 K U–0.1%	DROPS	30
GI Drugs	HYOSCYAMINE SULFATE	0.125 MG	TABLET	270
	METOCLOPRAMIDE HCL	5 MG	TABLET	360
	METOCLOPRAMIDE HCL	10 MG	TABLET	360

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Heartburn/Ulcer	FAMOTIDINE	40 MG	TABLET	90
	RANITIDINE HCL	300 MG	TABLET	90
High Cholesterol	LOVASTATIN	10 MG	TABLET	90
	LOVASTATIN	20 MG	TABLET	90
	LOVASTATIN	40 MG	TABLET	90
	PRAVASTATIN SODIUM	10 MG	TABLET	90
	PRAVASTATIN SODIUM	20 MG	TABLET	90
	PRAVASTATIN SODIUM	40 MG	TABLET	90
Muscle Relaxants	BACLOFEN	10 MG	TABLET	270
	CYCLOBENZAPRINE HCL	5 MG	TABLET	90
	CYCLOBENZAPRINE HCL	10 MG	TABLET	90
	ORPHENADRINE CITRATE	100 MG	TABLET SA	180
	TIZANIDINE HCL	2 MG	TABLET	270
	TIZANIDINE HCL	4 MG	TABLET	270
Parkinson's Disease	BENZTROPINE MESYLATE	1 MG	TABLET	180
Skin Conditions	HYDROCORTISONE	2.5%	CREAM	90
	TRIAMCINOLONE ACETONIDE	0.5%	CREAM	180
Thyroid Therapy	LEVOTHYROXINE SODIUM	25 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	50 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	75 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	88 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	100 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	112 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	125 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	137 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	150 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	175 MCG	TABLET	90
	LEVOTHYROXINE SODIUM	200 MCG	TABLET	90
	METHIMAZOLE	5 MG	TABLET	90
	METHIMAZOLE	10 MG	TABLET	90
Vitamins and Electrolytes	FOLIC ACID	1 MG	TABLET	90
, , , , , , ,	POTASSIUM CHLORIDE	10 MEQ	TABLET SR	90
Women's Health	ESTRADIOL	0.5 MG	TABLET	90
	ESTRADIOL	1 MG	TABLET	90
	ESTRADIOL	2 MG	TABLET	90

Drug Class	Medication Name	Strength	Form	\$9 Quantity
Women's Health (Cont.)	LEVONORGESTREL-ETHINYL ESTRADIOL	0.15 MG– 0.03 MG	TABLET	84
	MEDROXYPROGESTERONE ACETATE	2.5 MG	TABLET	90
	MEDROXYPROGESTERONE ACETATE	5 MG	TABLET	90
	MEDROXYPROGESTERONE ACETATE	10 MG	TABLET	90
	NORGESTIMATE-ETHINYL ESTRADIOL	7 DAYS X 3 28	TABLET	84
Other Medications	ALENDRONATE SODIUM	5 MG	TABLET	90
	ALENDRONATE SODIUM	10 MG	TABLET	90
	ALENDRONATE SODIUM	35 MG	TABLET	12
	ALENDRONATE SODIUM	70 MG	TABLET	12
	ALLOPURINOL	100 MG	TABLET	90
	ALLOPURINOL	300 MG	TABLET	90
	CHLORHEXIDINE GLUCONATE	0.12%	MOUTHWASH	1,419
	DEXAMETHASONE	0.5 MG	TABLET	90
	DEXAMETHASONE	0.75 MG	TABLET	90
	FLUDROCORTISONE ACETATE	0.1 MG	TABLET	90
	ISONIAZID	300 MG	TABLET	90
	LIDOCAINE HCL	20 MG/ML	SOLUTION	300
	MEGESTROL ACETATE	20 MG	TABLET	90
	METHYLPREDNISOLONE	4 MG	TABLET DS PK	63
	OXYBUTYNIN CHLORIDE	5 MG	TABLET	180
	PREDNISONE	1 MG	TABLET	360
	PREDNISONE	2.5 MG	TABLET	90
	PREDNISONE	5 MG	TABLET	90
	PREDNISONE	10 MG	TABLET	90
	PREDNISONE	20 MG	TABLET	90

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).



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GET TO KNOW THE MEDICATION LOOKUP TOOL

With a simple search, you can see which medications your plan covers.

Our **Medication Lookup** tool lets you easily learn more about your coverage for prescription medications, including those with additional requirements like Prior Authorization. Search anytime, anywhere at **bluecrossma.org** or using the MyBlue app.



KEY FEATURES

Using the tool, you can:



SEARCH FOR ANY MEDICATION

See if it's covered by your plan



GET DETAILED

Including the medication's strength, tier, and how it's dispensed

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VIEW ADDITIONAL COVERAGE REQUIREMENTS

Such as Prior Authorization, Step Therapy, and Quality Care Dosing



SEE COVERED ALTERNATIVES

For non-covered medications

Start Searching

For more information about your prescription coverage, sign in to MyBlue at **bluecrossma.org** or open the MyBlue app, and go to **Medication Lookup Tool** under **My Medications**. If you're not a member, you can get more information by visiting **bluecrossma.org/medication**.

GETTING COVERAGE INFORMATION, SIMPLIFIED

We're making it easier than ever for everyone to learn more about our medication coverage.

HOW TO USE THE TOOL

PERSONALIZED SEARCH

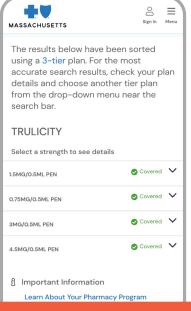
When you're signed in to your MyBlue account, your plan's formulary and tier structure will be automatically displayed in the tool. That way, you'll know you're getting the most accurate search results for your plan.

ANYONE CAN USE IT

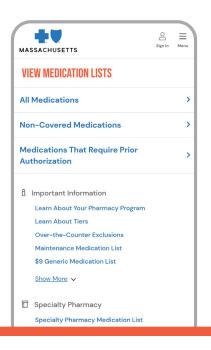
The Medication Lookup tool is available to everyone, even if you aren't a member yet. You can easily find out if your medication is covered, or see covered alternatives, before you enroll.

MASSACHUSETTS	
MEDICATION LOOKUP	
Use this tool to learn more about your coverage for prescription medications, including those with additional requirements like prior authorization. You can also find alternatives to non-covered medications.	
If you're eligible for Medicare or already enrolled in a Blue Cross Medicare plan, please proceed to the Medicare Medication Lookup to see if your prescriptions are covered.	
Formulary	
Blue Cross Blue Shield of Massachusetts Formulary change >	
Look up a medication	
Q Type a Medication Name	
SEARCH	

Sign in to MyBlue and go to the Medication Lookup Tool under My Medications. If you're not a member, go to bluecrossma.org/medication and choose the formulary you want to search. When not signed in, the tool will default to a 3-tier plan.



Select a medication to see if it's covered and get even more information, including strength and additional coverage requirements. Plus, if it's not covered, you can see covered alternatives.



Access important resources, like medication lists and Specialty Pharmacy Contact Information lists, in the Important Information and Specialty Pharmacy sections. If you're signed in to MyBlue, this list will be customized to match your benefits.

Learn More

To learn more about your pharmacy benefits, including which tier structure your plan uses, sign in to your MyBlue account at bluecrossma.org or check your plan materials for details.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Líame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711). ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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Learn About Your Pharmacy Program

Effective January 1, 2022

This guide provides an overview of your pharmacy program, lists some of the medications covered under your plan, lists medications not covered under your plan, and includes other important information about your pharmacy coverage.

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Pharmacy Program Overview

Your pharmacy program is designed to provide you and your doctor with access to a wide variety of safe, clinically effective medications. We've carefully developed a substantial covered medications list, also known as a formulary, that includes many medications that are available at affordable out-of-pocket costs.

About This Guide

This guide is up to date as of January 1, 2022, and is subject to change. Use it as a reference whenever you need coverage information about your pharmacy program. For the most current and complete information about covered medications, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Mail Order Pharmacy

You can have certain prescriptions delivered right to your door when you order them through Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts. With Mail Order Pharmacy, most maintenance medications (also known as long-term medications) can be automatically refilled and shipped every 90 days at a lower cost. No more running out of medicine or last-minute trips to the pharmacy.

To get started with the Mail Order Pharmacy, sign in to MyBlue, then select **90-Day Mail Order Pharmacy** in the drop-down menu under **My Medications**. You can also call Express Scripts at **1-800-892-5119**.

Unlock the Power of Your Plan

MyBlue is your key to more features and savings. Sign in to your account at **bluecrossma.org** or open the MyBlue app to review claims, track medications, look up plan information, and get easy access to these online resources:

Medication Lookup Tool

Use this tool to search, quickly and easily, for prescription medications, and find out how they're covered. To start, go to Medication Lookup Tool under My Medications.

Express Scripts

Go to Express Scripts[®] under My Medications to get detailed information about your pharmacy coverage, including the cost of medications. You can also search for a local pharmacy, or sign up for the Mail Order Pharmacy and have your prescriptions shipped directly to you.

How Tiers Determine What You Pay for Medications

Our list of covered medications is based on a tiered cost structure. When you fill a prescription, the amount you pay the pharmacy is determined by the tier your medication is in and your benefits. The amount you pay may also include your copayment, co-insurance, and deductibles. The pharmacist will tell you how much you owe. To find your out-of-pocket costs for specific prescriptions, sign in to **MyBlue**, then select **Express Scripts**[®] under **My Medications** on your MyBlue home page.

How Covered Medications Are Placed in Tiers

Medications are placed in tiers according to a variety of factors, including what they're used for, their cost, and whether equivalent or alternative medications are available. Lower-tier medications typically cost less than higher-tier medications. For example, in a 3-tier structure, you'll likely pay the least for Tier 1 medications and the most for Tier 3 medications.

Pharmacy plans can use one of the five different tier structures outlined below. Check your plan materials to see which tier structure your plan uses, and learn more about how medications are covered.*

2-Tier	
Tier 1: Generics	Generic medications are effective, low-cost alternatives to brand-name medications. They're expected to work the same as brand-name medications, and meet the same Food and Drug Administration (FDA) requirements.
Tier 2: Brands	Brand-name medications cost more than generic medications, so you'll pay more if you use them.

3-Tier	
Tier 1: Generics	Generic medications are effective, low-cost alternatives to brand-name medications. They're expected to work the same as brand-name medications, and meet the same FDA requirements.
Tier 2: Preferred Brands	These are preferred brand-name medications because they're safe, effective alternatives to more expensive brands.
Tier 3: Non-Preferred Brands	Non-preferred brand-name medications cost more than preferred brands, so you'll pay more if you use them instead of any generics or preferred brands.

4-Tier	
Tier 1: Preferred Generics	These medications are preferred because they cost less than other generic medications.
Tier 2: Non-Preferred Generics	Non-preferred generic medications cost more than preferred generics, so you'll pay more if you use them instead of preferred generics.
Tier 3: Preferred Brands	These are preferred brand-name medications because they're safe, effective alternatives to more expensive brands.
Tier 4: Non-Preferred Brands	Non-preferred brand-name medications cost more than preferred brands, so you'll pay more if you use them instead of any generics or preferred brands.

*Exceptions may apply. For example, the brands and preferred-brands tiers could include some generic medications in addition to brand-name medications.

5-Tier	
Tier 1: Generics	Generic medications are effective, low-cost alternatives to brand- name medications. They're expected to work the same as brand- name medications, and meet the same FDA requirements.
Tier 2: Preferred Brands	These are preferred brand-name medications because they're safe, effective alternatives to more expensive brands.
Tier 3: Non-Preferred Brands	Non-preferred brand-name medications cost more than preferred brands, so you'll pay more if you use them instead of any generics or preferred brands.
Tier 4: Preferred Brand Specialty	These specialty medications are preferred because they're safe, effective alternatives to more expensive brand-name specialty medications.
Tier 5: Non-Preferred Brand Specialty	Non-preferred brand-name medications cost more than preferred brands, so you'll pay more if you use them instead of any generics or preferred-brand specialty medications.

6-Tier	
Tier 1: Preferred Generics	These medications are preferred because they cost less than other generic medications.
Tier 2: Non-Preferred Generics	Non-preferred generic medications cost more than preferred generics, so you'll pay more if you use them instead of preferred generics.
Tier 3: Preferred Brands	These are preferred brand-name medications because they're safe, effective alternatives to more expensive brands.
Tier 4: Non-Preferred Brands	Non-preferred brand-name medications cost more than preferred brands, so you'll pay more if you use them instead of any generics or preferred brands.
Tier 5: Preferred Brand Specialty	These specialty medications are preferred because they're safe, effective alternatives to more expensive brand-name specialty medications.
Tier 6: Non-Preferred Brand Specialty	Non-preferred brand-name medications cost more than preferred-brands, so you'll pay more if you use them instead of any generics or preferred-brands specialty medications.

For more information about your pharmacy benefit, sign in to your MyBlue account at **bluecrossma.org**.

Compounded Medications

Covered compounded medications that require a prescription will be processed at your highest pharmacy benefit tier, regardless of the ingredients in the medication. Compounded medications are made to order by a pharmacist when existing, commercially available medications don't meet your specific needs as determined by your doctor. Some compounded medications may need Prior Authorization, have Quality Care Dosing guidelines, or require an exception.

Covered Medications List Changes

Our covered medications list may change from time to time. This may include changing medications to a non-covered status, changing medication tier status, applying Quality Care Dosing limitations, and/or moving medications to a specialty pharmacy. We notify any affected members of these changes via direct mail at least 30 days in advance of the change.

MASSACHUSETTS	HMO Blue		
JOHN SAMPLE XXH123456789		Member Service 1-800-358-2227 RxBin: 003858 PCN: A4 RxGrp: MASA	
Copays OV 10/25 BH 10 ER 100 Preventive 0			
		₽ , ≜,	

Your ID Card

Your ID card contains important information about your pharmacy benefits. Be sure to bring the card with you and give it to your pharmacist when you fill a prescription.

Sample ID card for illustrative purposes only.

Over-the-Counter Medications

For non-grandfathered health plans under the Affordable Care Act (ACA), the following list includes over-the-counter medications that are covered at no cost to you when they're prescribed by your doctor. This list is up to date as of January 1, 2022, and may change from time to time.

- Generic Aspirin (81mg)
- Generic Contraceptives (such as female condoms, sponges, and spermicide) are covered
- Generic Folic Acid is covered for people up to age 50
- Generic Iron is covered for infants up to 12 months old
- Generic Smoking Cessation (such as nicotine gum, lozenges, and patches) is covered for up to two 90-day supplies per calendar year
- Generic Vitamin D is covered for people aged 65 and older

Benefit Exclusions

The following are considered benefit exclusions under your policy. This means these medications and other health products aren't covered, and exceptions aren't available. Some medications within these categories have over-the-counter alternatives available.

- Anorexiants
- Cough and cold products that contain one or more of the following ingredients in equivalent over-the-counter doses: guaifenesin, chlorpheniramine, pseudoephedrine, phenylephrine, clemastine, dextromethorphan, and pyrilamine
- Non-sedating antihistamines
- Ophthalmic drug solutions to treat allergies
- Inhaled nasal steroids
- Proton pump inhibitors (PPIs), except for prescription PPIs that are prescribed for members under age 18
 or prescribed as part of a combination drug used to treat helicobacter pylori
- Topical acne medications (benzoyl peroxide products in 10% strength or less, and some combinations)
- Pharmaceuticals that you can buy without a prescription, except as described in this Pharmacy Program booklet
- Medical supplies such as dressings and antiseptics
- Combination vitamins that require a prescription, except for prescription prenatal vitamins and pediatric vitamins with fluoride

This list is up to date as of January 1, 2022. See your subscriber certificate for additional exclusions.

Quality Care Dosing

Our Quality Care Dosing program helps to ensure that the quantity and dosage of the medications you receive meet the Food and Drug Administration (FDA)'s regulations, clinical standards, and manufacturer's guidelines. When you fill a prescription for one of the following medications, it's checked electronically in two ways:

Dose Consolidation

Checks to see whether you're taking two or more pills a day that can be replaced with one pill providing the same daily dosage **Recommended Monthly Dosing Level** Checks to see that your monthly dosage is consistent with the FDA's and manufacturer's monthly dosing recommendations and clinical information

You may fill a quantity up to the allowed limit, but quantities greater than the allowed limit will be denied.

Note: Your doctor may request an exception for medications that are subject to Quality Care Dosing when medically necessary. Some medications on this list may also be subject to Step Therapy and/or Prior Authorization requirements, be considered non-covered, or be considered a specialty medication. Please check the corresponding pages to determine coverage requirements.

This list of medications in our Quality Care Dosing program is up to date as of January 1, 2022, and may change from time to time.

For the most current list of medications subject to Quality Care Dosing, along with associated dosing limits, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Quality Care Dosing

AL 117 B.A. 11
Abilify Mycite
Abstral
AcipHex (excluded for 18
years and older)
AcipHex Sprinkle (excluded for 18 years and older)
Actemra
Actiq
Actonel
ACTOplus Met
ACTOplus Met XR
Actos
Acular
Acular LS
Acular PF
Acyclovir cream
Adderall XR
Adhansia XR
Adlyxin
Admelog
Admelog Solostar
Advair Diskus
Advair HFA
Adyphren
Adyphren II
Adyphren Amp
Adyphren Amp II
Adzenys XR
Aemcolo
Aerospan
Aimovig
AirDuo DigiHaler
AirDuo RespiClick
Ajovy
Akynzeo
Albuterol Sulfate HFA
Alendronate Sodium
Alinia
Almotriptan
Alora
Alosetron
Alrex
Alsuma
Altoprev
Alvesco
Ambien

Ambien CR		
Amethia		
Amethia Lo		
Amerge		
Amitiza		
Amlodipine		
Amlodipine-Atorvastatin		
Ampyra		
Anzemet		
Apidra		
Apidra Solostar		
Aplenzin ER		
Aprepitant		
Aptenzio XR		
Aranesp		
Arava		
Arcapta Neohaler		
Arformoterol		
Arikayce		
ArmonAir DigiHaler		
ArmonAir RespiClick		
Arnuity Ellipta		
Arixtra		
Arymo ER		
Ashlyna		
Asmanex HFA		
Asmanex Twisthaler		
Aspirin/Omeprazole (excluded for 18 years and older)		
Astepro		
Atelvia DR		
Atomoxetine		
Atorvastatin		
Atrovent (nasal spray)		
Atrovent HFA		
Auvi-Q		
Avandia		
Avinza		
Avonex		
Axert		
Azelastine (nasal spray)		
Azstarys		
Baqsimi		
Basaglar		
Belbuca		

Belsomra		
Betaseron		
Bevespi AeroSphere		
Веуухха		
Bijuva		
Binosto		
Boniva tablets		
Breo Ellipta Breztri Aerosphere		
Brexafemme		
Brisdelle		
Bronchitol		
Brovana		
Brukinsa		
Budeprion SR		
Budeprion XL		
Budesonide (nebules)		
Budesonide/Formoterol		
Bunavail		
Buprenorphine		
Buprenorphine-Naloxone		
Buprenorphine film		
Buprenorphine patch		
Bupropion SR		
Bupropion XL		
Butorphanol NS		
Butrans		
Bydureon		
Bydureon Bcise		
Byetta		
Cabergoline		
Cabometyx		
Caduet		
Calcipotriene		
Calcipotriene/Betamethasone		
Calypta		
Camrese		
Camrese Lo		
Cardura		
Cardura XL		
Catapres TTS		
Celebrex		
Celecoxib		
Celexa		
Cesamet		

Cholbam Ciclodin solution/kit Ciclopirox cream Ciclopirox gel Ciclopirox nail lacquer Ciclopirox shampoo Ciclopirox topical suspension Cimzia Citalopram Climara Climara Pro Clindamycin 1% gel Clindamycin 1% solution Clindamycin 1% lotion Clindamycin 1% foam Clindamycin 2% vaginal Clonidine patch Combivent **Combivent Respimat** Concerta Conjupri Cotempla XR ODT Contrave ER Copaxone Cosentyx Crestor Cromolyn ophthalmic Cymbalta Daklinza Dalfampridine Daurismo Daysee Dayvigo Denavir Desvenlafaxine ER Dexilant (excluded for 18 years and older) Dexmethylphenidate ER Dexmethylphenidate XR Dextroamphetamine/ Amphetamine ER Diabetic Testing Strips (all) Diclofenac 3% gel **Diclofenac solution** Diflorasone cream Diflucan (150 mg only)

Quality Care Dosing

Dihydroergotamine
(nasal spray) DM 2 Kit
Doptelet
Dotti
Dovonex
Doxazosin
Doxepin cream
Doxepin tablets
Drizalma Sprinkle
Duaklir Pressair
Dulera
Duloxetine DR
Duragesic
Econazole cream
Edluar
Effexor XR
Eletriptan
Embeda
Emend
Emgality
Emverm
Enbrel
Enoxaparin
Epclusa
Epinephrine injection
Epinephrine Professional kit
Epinephrine Professional
EMS kit
Epi-Pen Auto-Injector
Epogen
Escitalopram
Esomep-EZS (excluded for 18
years and older)
Esomeprazole (excluded for 18 years and older)
Esomeprazole Strontium
(excluded for 18 years
and older)
Estradiol patch
Estrogel
Eszopiclone
Evamist
Evenity
Evzio
Exalgo
Exkivity

Extavia
Ezallor Sprinkle
Ezetimibe
Ezetimibe/Simvastatin
Famciclovir
Farydak
Farxiga
Fasenra
Fayosim
Fentanyl Citrate
Fentanyl oral/mucosal
Fentanyl patch
Fentora
Fetzima
Fiasp
Flovent Diskus
Flovent HFA
Fluconazole (150 mg only)
Fluoxetine
Fluoxetine DR
Fluticasone/Salmeterol
Fluvastatin
Fluvastatin XR
Fluvoxamine
Fluvoxamine CR
Focalin XR
Fondaparinux
Forfivo XL
Formoterol
Forteo
Fosamax
Fosamax Plus D
Fotivda
Fragmin
Frova
Frovatriptan
Fulphila
Gatifloxacin
Gavreto
Gemtesa
Gentimicin cream
Gentimicin ointment
Glatiramer
Glatopa
Glucose testing strips (all)

Glyxambi	Kerendia
Granisetron	Kerydin
Granix	Ketoconazole 2%
Grastek	Ketorolac ophthalmic
Halobetasol cream	Keveyis
Halobetasol ointment	Kevzara
Harvoni	Khedezla
Hetlioz	Kineret
Humalog	Klisyri
Humalog Jr.	Kloxxado
Humulin	Krintafel
Humira	Kynmobi
Humira CF	Lamisil
Hydrocodone ER	Lansoprazole (excluded for 18
Hydromorphone ER	years and older)
Hysingla ER	Lansoprazole ODT (excluded for 18 years and older)
Ibandronate	Lansoprazole/Amoxicillin/
Ibrance	Clarithromycin
llumya	Lantus
Imitrex	Lazanda
Impavido	Leflunomide
Incruse Ellipta	Ledipasvir/Sofosbuvir
Indomethacin 20mg	Lescol
Infergen	Lescol XL
Ingrezza	Levalbuterol HFA
Insulins (all)	Levemir
Insulins Lispro	Levonorgestrel/
Intermezzo	Ethinyl Estradiol
Introvale	Levonorgestrel/Ethinyl
Invokamet	Estradiol/Ethinyl Estradiol
Invokamet XR	Lexapro
Invokana	Lidociane 5% cream
lodoquinol/Hydrocortisone/	Lidocaine 5% ointment
	Lidocaine Patch
Ipratropium NS	Lidoderm
Irenka DR	Linzess
Itraconazole	Lipitor Livalo
Jakafi	
	Lonhala Magnair
Jolessa	LoSeasonique
Jornay PM	
Jynarque	Lovastatin
Kadian	
Kalydeco	
Kenalog aerosol	Lucemyra

Quality Care Dosing

Lumakras
Lunesta
Lybalvi
Lyllana
Lyrica CR
Lysteda
Lyumjev
Mavyret
Maxalt
Maxalt-MLT
Meloxicam
Meloxicam submicronized
Menostar
Methylphenidate CD
Methylphenidate ER
Methylphenidate LA
Methylphenidate 72 mg
Migranal
Migranow Kit
Minivelle
Mirtazapine
Mirtazapine Rapid Dissolve
Mobic
Morphabond ER
Morphine Sulfate ER
Movantik
Moxifloxacin
Moxeza
MS Contin
Mupirocin
Mulpleta
Mydayis
Myfembree
Naloxone
Naratriptan
Narcan
NebuPent
Neulasta
Neupogen
Nexium (excluded for 18 years
and older)
Nexletol
Nexlizet
Nitozovanida
Nitazoxanide Nivestym

Nocdurna
Norvasc
Novolin
Novolog
Nucynta ER
Nuplazid
Nurtec ODT
Nyamyc powder
Nystatin powder
Nystop powder
Nyvepria
Ocaliva
Odomzo
Olanzepine-Fluoxetine
Olopatadine Nasal
Olumiant
Olysio
Omeprazole (excluded for 18 years and older)
Omeprazole-Sodium Bicarbonate (excluded for 18 years and older)
OmePPI (excluded for 18
years and older)
Omontys
Ondansetron
Ondansetron ODT
Onmel
Onsolis
Onzetra Xsail
Opana ER
Opzelura
Oralair
Oramorph SR
Orencia
Orkambi
Orladeyo
Otezla
Oxbryta
Oxiconazole Nitrate
Oxistat
Oxycodone ER
OxyContin
Oxymorphone ER
Ozempic

Pantoprazole (excluded for 18 years and older)
Paroxetine
Paroxetine CR
Patanase
Paxil
Paxil CR
Pegasys
PEG-Intron
Penlac
Pennsaid
Perforomist
Pexeva
Pimecrolimus cream
Plegridy
Pomalyst
Ponvory
Praluent
Pravachol
Pravastatin
Pregabalin CR
Prevacid (excluded for 18
years and older)
PrevPac
Prilosec (excluded for 18
years and older)
Pristiq
Pristiq ER
ProAir DigiHaler
ProAir HFA
ProAir RespiClick
Procrit
Protonix (excluded for 18
years and older)
Proventil HFA
Prozac
Prozac Weekly
Prudoxin
Pulmicort Flexhaler
Pulmicort Respules
Qbrexxa
Qelbree
Qinlock
Qmiiz ODT
Qtern
Qualaquin

Quartette Quasense Qulipta Quillichew Quinine Sulfate Qutenza QVAR Rabeprazole (excluded for 18 years and older) Ramelteon Ragwitek Rebif RediTrex Relexxii ER Relpax Remeron Remeron Soltab Repatha Restasis Retacrit Rexulti Reyvow Rezurock Rhopressa Rinvoq ER Risedronate Ritalin LA Rivelsa Rizatriptan **Rizatriptan ODT** Rocklatan Rosuvastatin Rosuvastatin/Ezetimibe Roszet Rozerem Rybelsus Sancuso Sarafem Saxenda Seasonique Secuado Seebri Neohaler Segluromet Semglee Serevent Diskus

Quality Care Dosing

Sertraline
Setlakin
Silenor
Siliq
Simponi
Simvastatin
Skyrizi
Sofosbuvir/Velpatasvir
Soliqua
Solosec
Sonata
Sovaldi
Spiriva HandiHaler
Spiriva RespiMat
Sporanox
Stelara
Steglatro
Steglujan
Stiolto Respimat
Strattera
Striverdi Respimat
Suboxone
Subsys
Sumatriptan
Sumavel Dosepro
Symbicort
Symbyax
Symdeko
Symjepi
Symproic
Synjardy
Synjardy XR
Tagrisso
Talicia DR
Taltz
Tanzeum
Tavaborole
Tazverik
Technivie
Tegsedi
Tepmetko
Teriparatide
Terazosin
Terbinafine
Tivorbex

Tolsura
Tosymra
Toujeo Solostar
Toujeo Max Solostar
Tranexamic Acid
Trelegy Ellipta
Tremfya
Tresiba
Treximet
Triamcinolone spray
Trijardy XR
Trikafta
Trintellix
Triptodur
Trudhesa
Trulance
Trulicity
Truseltiq
Tudorza
Tukysa
Tymlos
Ubrelvy
Undenyca
Ukoniq
Utibron Neohaler
Valacylovir
Valtrex
Varubi
Venlafaxine ER capsule
Venlafaxine ER tablet
Ventolin HFA
Verquvo
Verzenio
Viberzi
Victoza
Viekira PAK
Viekira XR
Vigamox
Viibryd
Vitrakvi
Vivelle
Vivelle-Dot
Vivitrol
Vivlodex
Voltaren 1%

Vosevi
Vumerity DR
Vyleesi
Vyndaqel
Vyndamax
Vytorin
Vyvanse
Wakix
Wegovy
Wellbutrin SR
Wellbutrin XL
Wixela Inhub
Xartemis XR
Xeljanz
Xeljanz XR
Xenleta
Xermelo
Xiidra
Xifaxan
Xigduo
Xigduo XR
Xopenex HFA
Xospata
Xtampza ER
Xultophy
Xuriden
Yupelri
Yosprala
Zaleplon
Zarxio
Zegerid (excluded for 18 year
and older)
Zembrace Symtouch
Zepatier
Zeposia
Zetia
Ziextenzo
Zinbryta
Zocor
Zofran
Zofran ODT
Zohydro ER
Zoladex
Zolmitriptan
Zolmitriptan nasal

Zolmitriptan ODT
Zoloft
Zolpidem
Zolpidem CR
Zolpidem SL
Zolpimist
Zomig
Zomig nasal
Zomig ZMT
Zonalon
Zovirax cream
Zubsolv
Zuplenz
Zydelig
Zymaxid
Zypitamag

′S

Your doctor is required to obtain Prior Authorization before prescribing specific medications. This ensures that your doctor has determined that this medication is necessary to treat you, based on specific medical standards.

Our Prior Authorization program includes Step Therapy. Please refer to the Step Therapy section in this booklet for more information.

Note: Some medications on this list may also be subject to Step Therapy and/or Quality Care Dosing requirements, be considered non-covered, or be considered a specialty medication. Please check the corresponding pages to determine coverage requirements.

This list of medications that require Prior Authorization is up to date as of January 1, 2022, and may change from time to time.

For the most current list of medications that require Prior Authorization, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Abstral AcipHex (excluded for 18 years and older) Actemra Acthar Actimmune Actiq Adakveo Adcirca Addyi Advair Diskus Advair HFA Air Duo Aimovig Ajovy Alecensa Alfenta Alunbrig Alyq Amondys 45 Amphetamines (e.g. Amphetamine, Methamphetamine, Liquadd, Procentra) Ampyra Apadaz Aralast Armodafinil Aranesp Arikayce Arymo ER Aspirin/Omeprazole (excluded for 18 years and older) Astramorph/PF Avinza Avsola Ayvakit Balversa Belbuca Benzhydrocodone/APAP Berinert Boniva syringe Botox/Botulinum Toxin Braftovi Breo Ellipta

Breztri

Budesonide/Formoterol
Buprenorphine film
Buprenorphine patch
Butrans
Bylvay
Capital and Codeine
Cequa
Cerezyme
Cimzia
Cinqair
Cinryze
Cocet/Plus
Co-gesic
Copkitra
Contrave
Cotellic
Cosentyx
Daklinza
Dalfampridine
Demerol
Desoxyn
Dexilant (excluded for 18
years and older)
Dexedrine
Dextroamphetamines
Dificid
Dilaudid
Diskets
Dolophine
Dujolvi
Dulera
Dupixent
Duragesic
Doramorph
Durolane
Dvorah
Dysport
Egrifta
Elidel
Embeda
Emgality
Empaveli
Enbrel
Enspryng
Enteral formula

Entyvio
Epclusa
Epogen
Erlotinib
Esomeprazole (excluded for
18 years and older)
Esomeprazole Strontium
(excluded for 18 years
and older)
Esomep-EZS (excluded for 18 years and older)
Euflexxa
Evekeo
Evenity
Evkeeza
Evrysdi
Exalgo
Exondys 51
Eysuvis
Factor VIII, VIIIa, IX, XIII (medical benefit only)
Farydak
Fasenra
Fentanyl Citrate
Fentanyl patch
Fentanyl oral/mucosal
Fentora
Firazyr
Firdapse
Fluticasone/Salmeterol
Forteo
Fulphila
Galafold
Gamifant
Gavreto
Gel-One
Gelsyn-3
Genotropin
Genvisc
Gilotrif
Givlaari
Granix
Grastek
Harvoni
Haegarda
Hetlioz

Humatrope Humira Hyalgan Hycet Hydrocodone ER Hydrogesic Hydromorphone ER Hydroxyprogesterone Hymovis Hysingla ER Ibandronate injection/syringe Ibrance Ibudone Idhifa llaris llumya Imcivree Increlex Incruse Ellipta Inflectra Infumorph Inrebic Interferons (alpha, gamma) Iressa Isturisa IV Immunoglobulin Juxtapid Kadian Kalbitor Kalydeco Kanuma Kevzara Kineret Kisqali Kisqali Femara Kynamro Lazanda Ledipasvir/Sofosbuvir Lemtrada Lenvima Liquadd Lorbrena Lorcet Lumakras Lynparza

Lyrica
Lyrica CR
Magnacet
Mavyret
Maxidone
Makena
Margesic-H
Mekinist
Mektovi
Meperitab
Methadone
Methadose
Methamphetamine
Modafinil
Monovisc
Morphabond ER
Morphine Sulfate CR
Morphine Sulfate ER
MS Contin
Myalept
Myobloc
Nalocet
Natrecor
Nexium (excluded for 18 years
and older)
Neulasta
Neupogen
Nexlitol
Nexlizet
Norco
Norditropin
Nucala
Nucynta ER
Nulibry
Nutritional Supplements
Nutropin
Nuvigil
Olumiant
Olysio
Omeprazole-Sodium
Bicarbonate (excluded for 18
years and older)
OmePPI (excluded for 18
years and older)
Omnitrope
Onpattro

Onsolis Opana ER
Oralair
Oramorph SR
Orencia
Orkambi
Orladeyo
Orthovisc
Otezla
Oxbryta
Oxecta
Oxervate
Oxlumo
Oxycodone ER
Oxycontin
Oxymorphone ER
Panlor SS
Pemazyre
Percocet
Percodan
Pimecrolimus
Piqray
Polygesic
Praluent
Pregabalin
Pregabalin CR
Prevacid (excluded for 18 years and older)
Prilosec (excluded for 18
years and older)
Primlev
Procentra
Procrit
Prolate
Proleukin
Prolia
Protonix (excluded for 18
years and older)
Protopic
Provigil
Ragwitek
Reblozyl
Regranex
Remicade
Renflexis
Repatha

Respiratory	Tagri
SyncytialVirus IG/Synagis	Taltz
Retacrit	Talze
Restasis	Tech
Retevmo	Tegs
Revatio	Тере
Rezurock	Tepn
Riabni	Terip
Rinvoq ER	Tev-
Rituxan	Tibs
Roxybond	Торі
Rozlytrek	Deriv
Ruconest	(e.g. TPN
Ruxience	(mec
Rydapt	Trele
Saizen	Trem
SaizenPrep	Trezi
Sajazir	Trika
Saxenda	Trilur
Serostim	Trivis
Sildenafil (antihypertensive)	
Siliq	Truse
Simponi	Truxi
Simponi Aria	Tyler
Skyrizi	Tylo>
Sodium Hyaluronate 1%	Tyml
Syringe	Tysa
Sofosbuvir/Velpatasvir	Uder
Sovaldi	Verd
Spinraza	Verz
Stagesic	Vico
Stelara	Vico
Subsys	Vieki
Sunosi	Vieki
Supartz	Vilte
Symbicort	Visco
Symdeko	Vitra
Synalgos-DC	Vizin
Synvisc	Vose
Synvisc One	Vyep
Tabrecta	Vylee
Tacrolimus (topical)	Vync
Tadalafil (antihypertensive)	Vync
Tafinlar	Vyor
Takhzyro	Wak
Tarceva	Weg

risso enna hnivie sedi ezza netko paratide Tropin sovo ical Retinoic Acid ivatives and Combinations Retin-A) (total parenteral nutrition) dical benefit only) egy Ellipta nfya zix afta Iron SC seltiq ima nol with Codeine Х llos abri enyca drocet enio din profen kira XR kira PAK pso :0-3 akvi mpro evi pti esi damax daqel ndys-53 ix jovy

Wixela Inhub
Xalkori
Xartemis XR
Xeljanz
Xeljanz XR
Xeomin
Xgeva
Xiaflex
Xiidra
Xodol
Xolair
Xospata
Xtampza ER
Yosprala
Zamicet
Zarxio
Zegerid (excluded for 18 years and older)
Zelboraf
Zenzedi
Zepatier
Zeposia
Zerlor
Zohydro ER
Zokinvy
Zolvit
Zomacton
Zorbtive
Zydelig
Zydone
Zykadia

Step Therapy

Step Therapy is a key part of our Prior Authorization program, allowing us to help your doctor provide you with an appropriate and affordable medication treatment. Before coverage is allowed for certain costly "second-step" medications, we require that you first try an effective, but less expensive, "first-step" medication. Some medications may have multiple steps.

Note: Some medications on this list may also be subject to Quality Care Dosing requirements, be considered non-covered, or be considered a specialty medication. Please check the corresponding pages to determine coverage requirements.

This list of medications in our Step Therapy program is up to date as of January 1, 2022, and may change from time to time.

For the most current list of medications that require Step Therapy, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Step Therapy

Anti-Migraine

0
Almotriptan
Amerge
Axert
Dihydroergotamine
Eletriptan
Frova
Frovatriptan
Imitrex
Maxalt
Maxalt-MLT
Migranal
Nurtec
Onzetra Xsail
Replax
Sumatriptan/Naproxen
Tosymra
Treximet
Trudhesa
Ubrelvy
Zembrace Symtouch
Zolmitriptan
Zolmitriptan nasal
Zomig
Zomig Nasal
Zomig ZMT

Cardiovascular

Diabetes	
Verquvo	
Jardiance	
Farxiga	
Entresto	

Management

Adlyxin
Alogliptin
Alogliptin/Metformin
Alogliptin/Pioglitazone
ACTOplus Met
ACTOplus Met XR
Actos
Afrezza
Avandaryl
Avandia

Bydureon
Byetta
Duetact
Farxiga
Fortamet
Glucophage
Glucophage XR
Glumetza
Glyxambi
Invokana
Invokamet
Invokamet XR
Janumet
Janumet XR
Januvia
Jardiance
Jentadueto
Jentadueto XR
Kazano
Kerendia
Kombiglyze XR
Metformin Film Coated ER
(generic for Glumetza)
Metformin ER (generic
for Fortamet)
Nesina
Onglyza
Oseni
Ozempic
Pioglitazone
Pioglitazone-Glimepiride
Pioglitazone-Metformin
Prandin
Qtern
Riomet
Riomet ER
Rybelsus
Segluromet
Soliqua
Steglatro
Steglujan
Synjardy
Synjardy XR
Tanzeum
Tradjenta

Trijardy XR

Trulicity	
Victoza	
Xigduo	
Xigduo XR	
Xultophy	

Glaucoma

Lumigan	
Rescula	
Rocklatan	
Travatan	
Travatan Z	
Xalatan	
Xelpros	
Vyzulta	
Zioptan	

Methotrexate Auto-Injectors

Otre	exup
Ras	uvo

Multiple Sclerosis

Avonex	
Bafiertam	
Betaseron	
Copaxone	
Extavia	
Gilenya	
Kesimpta	
Mavenclad	
Mayzent	
Plegridy	
Ponvory	
Rebif	
Tecfidera	
Vumerity DR	
Zeposia	

Osteoporosis Treatment (Oral)

Actonel	Testosterone	
Atelvia DR	Authorized pr	
Binosto	Testosterone	
Boniva tablets	Authorized pr	
Fosamax	Testosterone	
	AUTNORIZED DR	

Fosamax Plus D

Overactive Bladder Treatment

Detrol
Detrol LA
Ditropan XL
Enablex
Gelnique
Gemtesa
Myrbetriq
Oxytrol
Toviaz
Vesicare

Pain Relievers (Cox II Inhibitors)

Capxib
Celebrex
Celecoxib
Lidoxib

Parkinson's Disease Management

Inbrija	
Nourianz	
Ongentys	

Prostate Treatment

Avodart	
Jalyn	
Proscar	

Topical Antibiotics

Mupirocin cream

Topical Testosterone

Androgel
Axiron
Fortesta
Natesto Nasal
Testim
Testosterone gel (Fortesta Authorized product)
Testosterone gel (Testim Authorized product)
Testosterone gel (Vogelxo Authorized product)

Step Therapy

Testone CIK Kit Testosterone CIK Kit Vogelxo

In our formulary, some medications are classified as specialty medications. These medications are usually used to treat complex health conditions. We've developed a network of specialty pharmacies that are experienced in dispensing these medications. Members are required to fill most specialty medications through one of the pharmacies listed below. However, if a highly specialized medication isn't available at one of our specialty pharmacies, we'll cover the cost of the medication when it's filled at an in-network pharmacy. For a list of specialty medications, see the following pages.

Specialty Network Pharmacy Contact Information

AcariaHealth™

1-866-892-1202 Fax: 1-877-541-1503 acariahealth.com

Accredo®

1-877-988-0058 Fax: 1-800-391-9707 accredo.com

CVS Specialty™

1-866-846-3096 Fax: 1-800-323-2445 cvsspecialty.com

Specialty Network Pharmacy Contact Information for Fertility Medications

Freedom Fertility Pharmacy 1-866-297-9452 Fax: 1-888-660-4283 freedomfertility.com

Metro Drugs

1-888-258-0106 Fax: 1-201-253-1101 metrodrugs.com/fertility

Village Fertility Pharmacy

1-877-334-1610 Fax: 1-866-935-0719 vfppharmacygroup.com

Note: Some medications on this list may also be subject to Step Therapy, Prior Authorization, and/or Quality Care Dosing requirements, or be considered non-covered. Please check the corresponding pages to determine coverage requirements.

This list of Specialty Medications is up to date as of January 1, 2022, and may change from time to time. For the most current specialty medication and specialty pharmacy network information, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Injectable **Medications** Required to Be Filled at an In-Network Specialty Pharmacy

Actemra
Acthar
Actimmune
Adakveo
Adriamycin
Adrucil
Alferon-N
Alkeran
Apokyn
Aranesp
Arcalyst
Asceniv
Aveed
Avonex
Avsola
Beleodaq
Berinert
Besponsa
Betaseron
BiCNu
Bivigam
Bleomycin Sulfate
Blincyto
Boniva
Bortezomib
Botox
Busulfex
Bynfezia
Calcium Folinate
Camptosar
Carboplatin
Carimune
Carmustine
Cerezyme
Cimzia
Cinqair
Cinryze
Cisplatin
Cladribine
Copaxone

Cosentyx
Cosmegen
Crysvita
Cuvitru
Cyclophosphamide
Cytarabine
Cytogam
Dacarbazine
Dactinomycin
Daunorubicin HCL
DDAVP
Desmopressin Acetate
Dexrazoxane
Docefrez
Docetaxel
Dupixent
Dysport
Egrifta
Eligard
Ellence
Enbrel
Enspryng
Entyvio
Epirubicin
Epogen
Ethyol
Etopophos
Etoposide
Evenity
Extavia
Fasenra
Faslodex
Fensolvi
Firazyr
Firmagon
Flebogamma
Floxuridine
Fludarabine phosphate
Fluorouracil
Forteo
Fulphila
Fulvestrant
Fuzeon
GamaSTAN
Gammagard

Gammagard Liquid
Gammaked
Gammaplex
Gamunex
Gattex
Gemcitabine
Gemzar
Genotropin
Givlaari
Glatiramer
Glatopa
Granix
Haegarda
Hizentra
Humatrope
Humira
Hycamtin
Hydroxyprogesterone
HyQvia
Ibandronate injection/syringe
Icatibant
Idamycin PFS
Idarubicin
lfex
lfosfamide
lfosfamide/Mesna
llaris
llumya
Increlex
Inflectra
Intron A
Irinotecan
Istodax
Kalbitor
Kenalog
Kesimpta
Kevzara
Kynamro
Lartruvo
Lemtrada
Leucovorin Calcium
Leukine
Leuprolide Acetate
Levoleucovorin
Lumoxiti

Lupaneta Pack Lupron Depot Lupron Depot-Ped Makena Mepsevii Mesna Mesnex Methotrexate Mitomycin Mitoxantrone Mozobil Mustargen Mylotarg Myobloc Naptara Navelbine Neulasta Neupogen Nexviazyme Nipent Nivestym Norditropin Norditropin Flexpro Norditropin Nordiflex Nplate Nucala Nutropin AQ Nuspin Nyvepria Ocrevus Octagam Octreotide injection Omnitrope Oncaspar Orencia Otrexup Oxaliplatin Paclitaxel Palynziq Pamidronate Pamidronate disodium Panzyga Pegasys **Pegasys Proclick** Peg-Intron Photofrin

Plegridy
Privigen
Procrit
Prolia
Radicava
Rebif
RediTrex
Remicade
Renflexis
Retacrit
Revatio
Riabni
Rituxan
Ruconest
Ruxience
Saizen
SaizenPrep
Sandostatin
Sandostatin-LAR
Serostim
Signafor
Signafor LAR
Siliq
Simponi
Simponi Aria
Skyrizi
Somatuline
Somavert
Spinraza Stolara
Stelara
Sublocade
Sylatron
Sylvant
Synagis
Takhzyro
Taltz
Taxotere
Tegsedi
Temodar
Teniposide
Tepadina
Teriparatide
Tev-Tropin
TheraCys

Thiotepa
Thyrogen
Toposar
Totect
Trelstar
Trelstar Depot
Trelstar LA
Tremfya
Truxima
Tymlos
Tysabri
Udenyca
Valrubicin
Valstar
Velcade
Vimizim
Vinblastine
Vincristine
Vinorelbine
Vivitrol
Xembify
Xeomin
Xgeva
Xolair
Zaltrap
Zanosar
Zarxio
Ziextenzo
Zilretta
Zinecard
Zoladex
Zomacton
Zorbtive
Injectable

Medications That Can Be Filled at Other In-Network Pharmacies

Acetadote
Amondys 45
Arikayce
Benlysta Autoinject/syringe
Bicillin
Bleo 15
Cablivi

Ceftazadime
Cutaquig
Cuvposa
Delestrogen
Depo-Estradiol
Desferal
Desferoxamine
Empaveli
Evkeeza
Evomela
Exondys
Fintepla
Fortaz
Gamifant
Imcivree
Kanuma
Kineret
Libtayo
Marqibo
Nabi-HB
Neulasta Onpro
Nulibry
Onpattro
Oxlumo
Portrazza
Revcovi
Rimso-50
Rocephin
Romidepsin
Sajazir
Saphnelo
Sandimmune
Sildenafil antihypertensive
Strensiq
Synribo
Tazicef
Testosterone Enanthate
Triptodur
Unituxin
Uptravi
Viltepso
Vyepti
Vyleesi
Vyondys-53
Vyxeos

Xiaflex Yondelis

Oral Medications Required to Be Filled at an In-Network Specialty Pharmacy

opeolarly i harmaey
Abiraterone
Adcirca
Adempas
Afinitor
Afinitor Disperz
Alecensa
Alkeran
Alunbrig
Alyq
Ambrisentan
Ampyra
Aubagio
Bafiertam
Bethkis
Bosentan
Bosulif
Bronchitol
Bylvay
Cabometyx
Capecitabine
Carbaglu
Cayston
Cerdelga
Copegus
Cotellic
Cyclophosphamide
Cystagon
Daklinza
Dalfampridine
Daurismo
Deferasirox
Dimethyl Fumarate
Dojolvi
Doptelet
Droxidopa
Duopa
Epclusa
Erivedge
Erleada

Erlotinib
Esbriet
Etoposide
Everolimus
Evrysdi
Exjade
Farydak
Galafold
Gilenya
Gilotrif
Gleevec
Harvoni
Hetlioz
Hetlioz LQ
Hycamtin
Ibrance
Idhifa
Imatinib
Inlyta
Inqovi
Inrebic
Iressa
Jadenu
Jakafi
Juxtapid
Kalydeco
Kisqali
Kisqali Femara
Kitabis PAK
Kuvan
Lapatinib
Ledipasvir/Sofosbuvir
Lenvima
Letairis
Lonsurf
Lorbrena
Lumakras
Mavenclad
Mavyret
Mayzent
Mekinist
Mesnex
Miglustat
Moderiba
Mulpleta

Maria DD
Mycapssa DR
Nerlynx
Nexavar
Ninlaro
Northera
Nourianz
Nubeqa
Nuplazid
Ocaliva
Odomzo
Ofev
Olumiant
Olysio
Onureg
Opsumit
Orenitram
Orkambi
Otezla
Otezla Starter Pack
Oxbryta
Palforzia
Piqray
Pomalyst
Ponvory
Procysbi
Promacta
Pulmozyme
Pyrimethamine
Ravicti
Rebetol
Retevmo
Revatio
Revlimid
Ribasphere
Ribasphere Ribapak
Ribavirin
Rilutek
Riluzole
Rinvoq ER
Rozlytrek
Rubraca
Rydapt
Sabril
Samsca
Sapropterin

Sildenafil antihypertensive Sofosbuvir/Velpatasvir Sovaldi Sprycel Stivarga Sunitinib Sutent Symdeko Tabrecta Tadalafil antihypertensive Tafinlar Tagrisso Talzenna Tarceva Tasigna Tecfidera Technivie Temodar Technivie Temodar Temozolamide Tetrabenazine Thalomid TOBI ampules TOBI ampules TOBI-Podhaler Tobramycin ampules TOBI-Podhaler Tobramycin ampules Tolvaptan Tracleer Trikafta Tykerb Tyvaso Uptravi Veltassa Verzenio Viekira PAK Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndamax Vyndamax Vyndamax Xalkori Xalkori	
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TOBI-Podhaler Tobramycin ampules Tolvaptan Tracleer Trikafta Tykerb Tyvaso Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Tobramycin ampules Tolvaptan Tracleer Trikafta Tykerb Tyvaso Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Tolvaptan Tracleer Trikafta Tykerb Tyvaso Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Tracleer Trikafta Tykerb Tyvaso Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
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Tyvaso Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Uptravi Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Veltassa Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Verzenio Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Uptravi
Viekira PAK Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Veltassa
Viekira XR Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	
Vigabatrin Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Viekira PAK
Vitrakvi Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Viekira XR
Vizimpro Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Vigabatrin
Vosevi Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Vitrakvi
Votrient Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Vizimpro
Vumerity DR Vyndamax Vyndaqel Wakix Xalkori	Vosevi
Vyndamax Vyndaqel Wakix Xalkori	Votrient
Vyndaqel Wakix Xalkori	Vumerity DR
Wakix Xalkori	Vyndamax
Xalkori	Vyndaqel
Xeljanz	
	Xeljanz

2	Xeljanz XR
2	Xeloda
2	Xenazine
2	Xtandi
2	Xyrem
-	Zavesca
-	Zelboraf
2	Zepatier
-	Zeposia
-	Zolinza
2	Zykadia
-	Zytiga

Oral Medications That Can Be Filled at **Other In-Network Pharmacies**

8-Mop	
Austedo	
Ayvakit	
Balversa	
Boniva 150mg	
Calquence	
Chenodal	
Cholbam	
Cometriq	
Copiktra	
Daraprim	
DDAVP	
Diacomit	
Emflaza	
Exkivity	
Exservan	
Firdapse	
Fotivda	
Gavreto	
Gocovri ER	
Iclusig	
Imbruvica	
Inbrija	
Ingrezza	
Isturisa	
Jynarque	
Keveyis	
Korlym	
Koselugo	

Livmarli Lupkynis Nityr Orfadin Orgovyx Pemazyre Qinlock Rezurock Ruzurgi Sucraid Tavalisse Tepmetko Thiola Tiglutik Truseltiq Tukysa Turalio Ukoniq Venclexta Vigadrone Vistogard Welireg Xermelo Xospata Xpovio Xuriden Xywav Yonsa Zejula Zokinvy Zydelig

Cystaran
Qutenza
Synarel
Fertility Medications Required to be Filled at an In-Network Specialty Fertility Pharmacy
Bravelle
Cetrotide
Clomid
Clomiphene
Crinone
Endometrin
Follistim AQ
Ganirelix
Gonal-F/Gonal-F RFF
Gonal-F RFF Redi-Ject
Human Chorionic Gonadotropin (hCG)
Hydroxyprogesterone
Leuprolide
Lupron Depot
Lupron Depot-Ped
Luveris
Makena

Menopur

Novarel

Ovidrel

Pregnyl

Serophene

Topical Medications Required to Be Filled at an In-Network Specialty Pharmacy

Mugard	
Oxervate	
Panretin	
Valchlor	

Topical Medications That Can Be Filled at Other In-Network Pharmacies

Cystadrops

Your pharmacy program provides coverage for more than 4,000 prescription medications. This section lists medications that aren't covered under your benefits. Most medications on our non-covered list have covered alternatives that have been proven to be equally safe and effective for treating the same medical conditions. If a non-covered medication is approved, it will be covered at the highest tier.

Check with your doctor about appropriate alternatives if you currently take any of these medications. Your doctor may request coverage for a non-covered medication if no covered alternative is appropriate for treating your condition.

Note: Some medications on this list may also be subject to Prior Authorization, Quality Care Dosing and/or Step Therapy requirements, or be considered a specialty medication. Please check the corresponding pages to determine coverage requirements.

This list of non-covered medications is up to date as of January 1, 2022, and may change from time to time.

For the most current list of non-covered medications, and to see covered alternatives, use our **Medication Lookup** tool at **bluecrossma.org/medication**.

Abilify
Abilify Discmelt
Abilify Mycite
Absorica
Absorica LD
Abstral
Acanya
Accolate
Accucaine
Accu-Chek Diabetic
Testing Supplies
Accupril
Accuretic
Aciphex (excluded for 18
years and older)
Acticlate
Actigall
Actiq
Active Injection D
Activella
Active-Pac
ActoPlus Met
ActoPlus Met XR
Acular
Acular LS
Acuvail
Aczone
Adalat CC
Adazin
Adderall
Addyi
Adhansia XR
Adlyxin
Admelog
Advanced Allergy
Collection Kit
Advocate Diabetic
Testing Supplies
Adyphren
Adzenys XR
Aemcolo DR
Aerospan
Agoneaze
AirDuo DigiHaler
AirDuo RespiClick
Akynzeo

Alco	ortin-A
Alve	icyn Antipruritic SG gel
Alev	ricyn Plus Kit
Alini	
Alkiı	ndi
Aloc	lox
Alog	liptin
Alog	liptin/Metformin
Alog	liptin/Pioglitazone
Aloc	luin
Alor	а
Alpł	nagan P
Alre	X
Alsu	ima
Alta	bax
Alta	се
Alto	prev
Alve	SCO
Alzit	al
Amb	bien
Amb	bien CR
Amr	ix
Amz	eeq
Ana	franil
Ana	-Lex
Ang	eliq
Ano	dyne LPT
Anta	ara
Anu	sol HC suppository
Anz	emet
Ара	daz
Apic	Ira
Aple	enzin
Apri	
Apri	zio Pak
	zio Pak II
Apte	ensio XR
Aqu	a Glycolic HC
Arał	koda
Arar	nesp
Ara	/a
Araz	⁷ IO

Arformoterol
Arimidex
Arixtra
ArmonAir DigiHaler
ArmonAir RespiClick
Aromasin
Arthrotec
Arymo ER
Arze-Ject-A Kit
Asacol HD
Ascensia Test Strips
Asmanex HFA
Asmanex Twisthaler
Aspirin/Omeprazole (excluded for 18 years and older)
Assure Diabetic
Testing Supplies
Astepro
Atacand
Atacand HCT
Atelvia
Ativan
Atopaderm
Atopavo
Atopiclair
Atralin
Atrapo Dermal Spray
Atrapro CP
Atrapro Hydrogel
Atropen
Augmentin XR
Auryxia
Auvi-Q
Avalide
Avapro
Avelox
Avidoxy
Avidoxy DK
Avita
Axert
Azasite
Azeschew
Azesco
Azopt
Azor
Azstarys

Balcoltra Basadrox **B-D** Testing Strips Belsomra Benicar Benicar HCT Benzaclin Benzaclin Kit Benzhydrocodone/ Acetaminophen Benzonatate 150mg Beser Besivance Betaloan Suik Betimol Betoptic S Bevespi Aerosphere **Bg-Star Diabetic** Testing Supplies Bijuva Binosto Bionect Boniva Bravelle Breo Ellipta Brevicon Brexafemme Brilinta Brisdelle Bromsite Brovana BSP 0820 Brylhali Budesonide/Formoterol (Symbicort Authorized Product) Bunavail **Bystolic** Byvalson Caduet Calcipotriene Foam (Sorilux Authorized Product) **Calcitriol** Topical Cambia Powder Caphosol Caplyta

Capsfenac
Capxib
Carac
Cardene
Cardizem CD
Cardizem LA
Cardura XL
Careone Diabetic
Testing Supplies
Caresens Diabetic
Testing Supplies
Caretouch Diabetic
Testing Supplies
Cataflam
Cedax
Celexa
Cem-Urea
Centany
Centany AT
Cequa
Ceracade Skin Barrier
Ceramax
Cesamet
Cetraxal
Chenodal
Chorionic Gonadotropin
Cialis
Cipro XR
Clenia Plus
Clenpiq
Cleocin T
Clever Choice Diabetic
Testing Supplies
Clindcin ETZ Kit
Clindacin PAC
Clindagel
Clindavix
Clobetavix
Clobex
Clodan Kit
Colazal
Colchicine Capsules
Colcrys
Colyte
Combigan
Conjupri

Consensi
Contour Diabetic
Testing Supplies
Conzip
Cool Diabetic
Testing Supplies
Copaxone
Coreg
Coreg CR
Corlanor
Cosentyx
Cosopt PF
Contempla XR ODT
Cozaar
Crestor
CVS Advanced Diabetic
testing supplies
Cyclobenzaprine 7.5mg
Cyclopak Kit
Cymbalta
Daklinza
Daliresp
Dapsone 7.5%
Daxbia
Daypro
Daytrana
D-Care 100X
DDAVP
Deluo
Delzicol
Delzicol XR
Depakote
Depakote ER
Depakote Sprinkle
Depo-Sub Q Provera 104
Derma-Smoothe/FS Body Oil
Derma-Smoothe/FS Scalp Oil
Dermacin
Silazone Pharmapak
Dermacin Cinolone-1 CPI
DermacinRx Clorhexacin
DermacinRx Empricaine
DermacinRx PHN
DermacinRx Prenatrix
DermacinRx Prenatryl
DermacinRx Pretrate

Dormooin Dy Brizopoly
DermacinRx Prizopak
DermacinRx Silapk
DermacinRx Surgical Pharmpak
DermacinRx Therazole Pak
DermacinRx ZRM
Dermalid
Dermasorb-AF
Dermasorb-HC
Dermasorb-TA
Dermasorb-XM
Dermawerx SDS
Dermawerx Surgical
Plus Pack
Dermazone
Dermazyl
Dermotic
Desowen Kit
Desvenlafaxine ER
Detrol
Detrol LA
Dexedrine
Dexilant (Kapidex) (excluded for 18 years and older)
Diclo Gel
Diclofenac Epolamine
Diclofenac Potassium 25mg
Diclofenac Submicronized
Diclofono
Dicloheal-60
Diclopak
Diclopr Combo Pack
Diclotral Diclotrex
Diclovix Diclovix M
Diclovix M
Diclo-Xrylix Sheet Kit
Diclozor
Differin
Dificid
Dilaudid
Dimentho
Diovan
D' LIOT
Diovan HCT
Diovan HCT Dipentum Dithol Combo Pack

Ditropan XL Divigel DM2 kit DMT Suik Dolotranz Doryx DR 80mg Doubledex Doxycycline DR 80mg Doxycycline DR 200mg Doxycycline Hyclate 50mg tablets Drizalma Sprinkle Duac Duac CS Duaklir Pressair Duavee Duexis Duobrii Duragesic Durezol Durlaza Durolane Duzallo Dyloject Easy Step Diabetic Testing Supplies Easy Talk Diabetic Testing Supplies Easy Touch Diabetic Testing Supplies Easy Trak Diabetic Testing Supplies Easymax Diabetic Testing Supplies EC-Naprosyn Econasil Edarbi Edarbyclor Edluar Effexor Effexor XR Elepsia XR Elestrin Eletone Ellzia Embeda

Embrace Diabetic
Testing Supplies
Empraciane II
Emsam
Enablex
Entresto
Epaned
Epiceram
Epiduo
Epiduo Forte
Epinephrine Autoinject
(Amneal Authorized Product
For Adrenaclick)
Epinephrine Snap-V
Episil
Episnap Convenience Kit
Epogen
EQ Diabetic Testing Supplies
Equetro
Ertaczo
Esomeprazole Stronum
(excluded for 18 years and older)
Esomeprazole-EZS Kit
(excluded for 18 years
and older)
Estrace
Estrogel
Eucrisa
Euflexxa
Evamist
Evekeo
Evencare Diabetic
Tetsing Supplies
Evoclin
Exactech Diabetic
Testing Supplies
Exalgo
Exforge
Exforge HCT
Exservan
Extavia
Extina
EZ Use Joint Tunnel-Trigger
Ezallor Sprinkle
Fabior
Factive
-

Fanapt

Fazaclo
Femring
Fenofibrate 50mg
Fenofibrate 150mg
Fenoglide
Fentanyl Citrate
Fentora
Fetzima
Fexmid
Fiasp
Fibricor
Fifty50 Diabetic
Testing Supplies
Finacea Plus
Fiorinal
Fiorinal /Codeine #3
Flagyl
Flagyl ER
Flagyl I.V.
Flagyl I.V. RTU Vialflex
Flarex
Flector
Flexipak
Flolipid
Fluopar
Fluoroplex
Fluovix
Fluovix Plus
Fluoxetine Tablets
FML Forte
FML Liquifilm
FML S.O.P.
Focalin
Focalin XR
Follistim
Fora Diabetic Testing Supplies
Forfivo XL
Fortamet
Fortesta
Fortiscare Diabetic
Testing Supplies
Fosamax
Fragmin
Freestyle Diabetic
Testing Supplies
Frova

Fusilev I.V.
Gabacaine
Gabapal
Ganirelix
GE 110 Diabetic
Testing Supplies
Gelclair
Gelnique
Gel-One
Gelsyn-3
Gelx
Genotropin
Genstrip Diabetic Testing Supplies
Geodon
Gialax
Giazo
Gimoti
Gleevec
Gloperba
Glucocard Diabetic
Testing Supplies
Glucometer Diabetic Testing Supplies
Glucophage
Glucophage XR
Glumetza
Gmate Diabetic
Testing Supplies
Gnp Diabetic Testing Supplies
Gocovri ER
Golytely
Halobetasol Foam
Harmony Diabetic
Testing Supplies
Healthpro Diabetic Testing Supplies
Helidac Therapy Pak
Hemady
Horizant
HPR
HPR Plus
HPR Plus Hydrogel
Humana True Metrix Diabetic
Testing Supplies
Hyalgan
Hydrocodone ER
(persion Pharmaceuticals)

Hydrocortisone-Lidocaine Hylaguard Hylatopic Hylatopic Plus Hylatopic Plus-Aurstat Hymovis Hysingla ER Hyzaar Ibupak Ibuprofen/Famotidine Iglucose Diabetic Testing Supplies llevro Imitrex Kit Refill Imitrex Pen Injector Imitrex Vial Impeklo Imvexxy Inavix Inderal LA Inderal XL Indomethacin 20Mg (Branded Product) Inflamma-K Inflatherm Innopran XL Insulin Aspart Insulin Glargine Insulin Lispro Insulin Lispro Jr. Insulin Lispro Mix 75-25 Intermezzo Intuniv Invega Inveltys Invokana Invokamet Invokamet XR Irenka DR Istalol Jentadueto Jentadueto XR Journay PM Jublia Kadian Kapvay

Kapzin DC
Kaspargo Sprinkle
Katerzia
Kazano
Keppra
Keppra XR
Keralyt Scalp 6% Kit
Kerydin
Ketoprofen 25mg
Ketorolac Nasal Spray
(Branded Product)
Khedezla
Kitabis Pak
Klonopin
Krintafel
Kiristalose
KRO premium
Diabetic supplies
Kuvan
Lamictal
Lamictal ODT
Lamictal XR
Lamisil
Lamisil Granules
Lancet Diabetic Testing Supplies
Latuda
Lazanda
Ledipasvir/Sofosbuvir
Lemtrada
Lescol
Lescol XL
Leva Set
Levalbuterol HFA
Levaquin
Levemir
Levicyn Antipruritic SG
Levitra
Levothyroxine capsules
Lexette
Lexixryl Liberty Diabetic
Testing Supplies
Licart
Lidocidex I

Lidocort	
Lidoderm	
Lidomark	
Lidopac	-
Lidopril	-
Lido-Prilo Caine Pack	-
Lidotin	-
Lidotrans 5 Pak	-
Lidotrex	-
Lidovix	-
Lidoxib	-
Lipitor	-
Lipofen	-
Lipritin	-
Lipritin II	-
Liprozonepak	
Livalo	
Livixil Pak	
Livostin	
LMR Plus Kit	
Lodine	
Lodine XL	
Lokelma	
Lonhala Magnair	
Lopressor	
Loprox Kit	
Loreev XR	
Lorzone	
Loseasonique	
Lotemax	
Lotemax SM	
Lotensin	
Lotensin HCT	
Lotrel	
Loutrex	
Lovaza (Omacor)	
Lovenox	
Lubiprostone	
Luliconazole	
Lunesta	
Luzu	
Lyumjev	
Lyrica	
Lyrica CR	
Lysteda	

Mac Patch
Marvona Suik
Mas Care-Pak
Mavyret
Maxalt
Maxalt-Mlt
Maxaquin
Maxidex
Maxipime
Mb Hydrogel
Medolor Kit
Medrolan II Suik
Medroloan Suik
Megace ES
Menostar
Mentho-Caine Kit
Mesalamine DR
Metformin ER (Fortamet
Authroized product)
Metformin ER (Glumetza Authroized product)
Methylphenidate ER (Aptensio XR Authorized product)
Micardis
Micardis HCT
Microdot Diabetic
Testing Supplies
Microvix LP
Migranow
Minastrin Fe
Minocin
Minocin Combo Pack
Minocycline Tablets
Minocycline ER (Branded product)
Minolira ER
Mirapex
Mirapex ER
Mobic
Monodox
Monovisc
Morgidox Kit
Morphabond ER
Motegrity
Motegrity

Moxeza Mulpleta Mydayis Myfembree Nalfon Namzaric Naprelan Naprelan CR Dose Card Naprosyn Naproxen/Esomeprazole Nascobal Natazia Natesto Nasal Neocera Advanced Neosalus Neosalus CP Neo-Synalar Kit Nesina Neuac Kit Neumaxin Neupogen Neupro Neurcaine Neurontin Nevanac Nexiclon XR Nexium (excluded for 18 years and older) Niravam Nitro-Dur Nocdurna Noctiva Nopioid-LMC Nopioid-TC Norditropin Norgesic Forte Northera Norvasc Nova Max Diabetic **Testing Supplies** Novacort Novolin Novolog Noxipak Nucaraclinpak Nucararxpak

Nucort
Nucynta
Nucynta ER
Nudermrxpack
Nudiclo Solupak
Nudiclo Tabpak
Nulytely
Nusurgepak Surgical Prep
Nutraseb
Nutria Rx
NuvaRing
Nuvakaan
Nuvakaan II
Nuvessa
Nuvigil
Ocudox Kit
Olux
Olysio
Omeclamox
Omnitrope
Onexton
Onmel
Onsolis
Onzetra Xsail
Opana
Opana ER
Optium Diabetic
Testing Supplies
Oracea
Oramorph SR
Orapred ODT
Oravig
Oriahnn
Orilissa
Orphendrine/Aspirin/Caffeine
Orthovisc
Oseni
Osmolex ER
Osmoprep
Osphena
Oxaydo
Oxycodone ER
OxyContin
Oxytrol
Ozempic

Paingo KFT
Pamelor
Pancreaze
Panixine
Patanase
Paxil
Paxil CR
P-Care
P-Care K
P-Care M
P-Care MG
P-Care X
PCE
PCE Dispertab
Pedizol
Penetrex
Penlac
Pennsaicin
Pennsaid
Pentican
Pepcid
Percocet
Pergonal
Perseris
Pertzye
Pexeva
Pharmacist Choice Diabetic
Testing Supplies
Physicians EX USE B12 Kit
Physicians USE EZ M- Pred Kit
Picato
Plaquenil
Plixda
PNV 20-1
Pod-Care 100C
Pod-Care 100CG
Pod-Care 100K
Pod-Care 100KG
Pogo Diabetic
Testing Supplies
Pradaxa
Pram-HCA
Pramosone E
Pravachol
PR-Cream

Provision Disbetie
Precision Diabetic Testing Supplies
Pred Mild
Prefest
Pregnyl
Premium Diabetic
Testing Supplies
Prepopik
Presera
Prestalia
Prestige Diabetic
Testing Supplies
Prevacid (excluded for 18
years and older)
Prevpac
Prikaan Prilo Patob Kit
Prilo Patch Kit
Prilo Patch II Kit
Prilolid
Prilosec (excluded for 18 years and older)
Prilovix
Prilovixi
Prinivil
Pristig
Prozopak II
Prizotral
Prizotral II
ProAir DigiHaler
ProAir HFA
ProAir RespiClick
Procentra
Procort
Procrit
Prodigy Diabetic
Testing Supplies
Prolensa
Promiseb
Protonix (excluded for 18
years and older)
Proventil HFA
Proventil Inhaler
Provigil
Pro-Voice Diabetic
Testing Supplies
Prozac
Prozac Weekly

Pylera Qbrelis Qbrexza Qdolo Qmiiz ODT Qtern Quartette Quillichew ER Quillivant XR Quinixil Quinja Quinosone Combo Pack Radiaplex Rx Radigel Rapaflo Raxar Rayaldee Rayos Readysharp Betamethasone Readysharp Bupivicaine Readysharp Dexamethasone Readysharp Ketorolac Readysharp Lidocaine Readysharp Methylprednisolone Readysharp Triamcinolone Realheal-1 Recothrom Reditrex Regenecare **Relador PAK Relador PAK Plus** Relafen DS Relexxii ER **Relion Diabetic Testing Supplies** Relpax Remeron **Remeron Soltab** Repatha Requip Requip XL Rescula Restoril Retin-A Cream Retin-A Micro

Revatio
Rexulti
Rhopressa
Rightest Diabetic
Testing Supplies
Risperdal M-Tab
Ritalin
Ritalin LA
Ritalin SR
Rocklatan
Rosadan
Rosuvastatin/Ezetimibe
Roszet
Roxybond
Rytary ER
Rythmol
Ryvent
Saizen
Salicylic Acid 6% Kit
Salicylic Acid/Ceramide Kit
Salkera
Salvax Duo
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Zypram
Zyprexa
Zyprexa Intramuscular
Zyprexa Relprevv
Zyprexa Zydis

How to Request Coverage for Non-Covered Medications

To request coverage for non-covered medications, your doctor will need to contact our Pharmacy Operations department using one of the following methods, and provide the Massachusetts Standard Form for Medication for Prior Authorization Requests, along with any additional supporting documentation:

Phone 1-800-366-7778

Fax 1-800-583-6289 Mail

Blue Cross Blue Shield of Massachusetts Pharmacy Operations Department 25 Technology Place Hingham, MA 02043

Phone and fax are recommended for faster service.

Turnaround Time

Standard requests are reviewed within 48 hours of receipt. In certain life-threatening situations, your doctor may request an expedited review, which we'll respond to within 24 hours of receipt.

Criteria for Exception Requests

We may authorize coverage based on one of the following criteria:

- You have documented treatment failures with two covered medications.*
- You have documented adverse effects to two covered medications, which are significant enough to stop taking the medication.
- There is another specified clinical basis.

Note: If a non-covered medication is approved, it will be covered at the highest tier, and you'll pay the highest out-of-pocket costs for the medication.

*Or if there is only one covered alternative available for the requested medication, and the alternative medication fails.

Appealing a Coverage Decision

A coverage decision is a ruling we make about your health care and pharmacy coverage, or the amount of money we pay for health care services and medications. In some cases, we may decide that a service or medication isn't covered, or is no longer covered for you. If you're not satisfied with a coverage decision, you, your doctor, or an authorized representative can appeal the decision within 180 days of the date of the service, or when you receive a notice of the decision, by contacting the Member Appeal and Grievance Program by:

Phone 1-800-472-2689 Fax

1-617-246-3616 Email

grievances@bcbsma.com

Phone and fax are recommended for faster service.

Mail

Blue Cross Blue Shield of Massachusetts Member Appeal and Grievance Program One Enterprise Drive Quincy, MA 02171-2126

What Happens When an Appeal Is Denied

If your appeal is denied in part or in full, we'll contact you to explain how we reached our decision. We'll also inform you if your appeal qualifies for an external review, and the steps you should take to file the request.

To read your full appeal and grievance rights, please refer to your Evidence of Coverage.

For more information:

- 1. Visit bluecrossma.org
- 2. Go to Member Rights at the bottom of the page
- 3. Click Appeals & Grievances

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New Medication Approval Process

Our Pharmacy and Therapeutics Committee (the Committee), which is made up of pharmacists and doctors with various specialty backgrounds, reviews the effectiveness and overall value of new medications approved by the FDA on an ongoing basis. The Committee's expertise and advice help us give our members prescription drug options that meet their medical needs and achieve desired treatment goals. Approved medications are added to our list as they're approved by the Committee throughout the year.

While under review, new medications won't be covered by your plan. As with other medications that aren't covered, your doctor may request coverage when medically necessary. If a non-covered drug is approved, it will be covered at the highest tier.



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VIDEO DOCTOR VISIT	See a licensed doctor online in real time, without leaving home. Doctors on call on your device visit wellconnection.com. Best for: colds, minor cuts, cough, wheezing, sore throat, headache or migraine, mild allergies, fever, skin rash, anxiety, depression.	Cost: Time: Severity:
DOCTOR'S OFFICE	Go to your doctor's office for scheduled checkups and for urgent health concerns that occur during office hours. Use Find a Doctor & Estimate Costs at bluecrossma.org. Best for: asthma, minor burns, nausea, urination problems, back pain, minor injuries, suspected flu, sinus infection, behavioral health, conjunctivitis or other eye irritation.	Cost: Time: Severity:
LIMITED SERVICE CLINICS	Go to a nearby clinic located within your local pharmacy for simple medical concerns. Best for: Cold and flu, bronchitis, sinus and respiratory infections, sore throat, diarrhea, gout, strep throat, urinary tract infections, pinkeye, hypertension, migraines, pneumonia.	Cost: Time: Severity:
	Go to a nearby urgent care center when you need immediate, in-person help for a non-life-threatening problem and you can't see your doctor. Best for: joint/muscle pain or injuries, nausea or diarrhea, respiratory issues, bites, cuts, concussion screening, stitches, asthma attack, X-rays, and suspected strep throat or bronchitis.	Cost:

Always go to the nearest emergency room, or call 911 when you're facing a life-threatening situation or think you could put your health in danger by delaying care.

The information in this document doesn't replace the advice of a health care provider. You should speak to your provider about any specific health concerns.

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1. Medical services are available 24/7. Mental health visits must be made by appointment. If your local doctor in the Blue Cross Blue Shield of Massachusetts network offers covered services

using live video visits through a service other than Well Connection, you're still covered. This service is only available in the United States.

2. Source: American Well. Anwell Telehealth Report, February 2018. Patient Satisfaction Survey Data compiled December 2017-February 2018. Data, compiled December 2017-February 2018. Data reverified, August 2020.



IS A VIDEO DOCTOR VISIT RIGHT FOR ME?

You can do a lot over your tablet, laptop, or smartphone. Here's how members are using this service.

"I'm not feeling well."

Get care for:

- Cold and flu symptoms Fever
- Pink eye • Runny nose, sinus pain
 - Skin rash

• Sore throat

"I need emotional support."

Talk to a therapist about:

- Depression and anxiety
- Substance use disorder
- Loss of a loved one
- Relationship issues
- Emotional trauma
- Stress

You can also schedule a visit with a psychiatrist for medication management services.

"My loved one is under the weather."

If they're on your plan:

- Get quick, expert family care
- Save time in your busy family schedule



WELL CONNECTION IS HIGHLY RATED: 4.8 out of 5 Doctor and Provider rating from our members³

Licensed doctors and providers in the Well Connection network have an average of 15 years of experience. They can look up your medical history, diagnose and treat your symptoms, and prescribe medication,⁴ if necessary.

3. Source: American Well. AmWell TeleHealth Report, February 2018. Patient Satisfaction Survey Data, compiled December 2017-February 2018. Data reverified, August 2020. 4. Prescription availability is defined by doctor judgment.

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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711). ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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PHARMACY PROGRAM

SAVE TIME AND MONEY WITH \$9 GENERIC MEDICATIONS

You can pay just \$9 for certain generic medications when you order a 90-day supply through our mail order pharmacy.

Express Scripts[®], an independent company that administers your pharmacy benefit on behalf of Blue Cross Blue Shield of Massachusetts, will deliver your prescriptions straight to your door at no additional cost. With fewer refills and no trips to the pharmacy, you'll be less likely to miss a dose, making it the most convenient and inexpensive way to get your medications.

Program Highlights

- Get a 90-day supply for \$9
- Delivered to your door at no additional cost for standard shipping
- Fewer refills

See the Full List of \$9 Generic Medications

- 1. Visit MyBlue at bluecrossma.com/pharmacy
- 2. Go to the Mail Order Pharmacy page
- 3. Click View a list of \$9 medications



COST SAVINGS FOR EMPLOYEES, WHEN COMPARED TO RETAIL PHARMACIES¹

TWO EASY WAYS TO GET HOME DELIVERY





1. Average percentage savings figure based on analysis of actual January-March 2012 claims for clients with a retail pharmacy and mail pharmacy benefit, excluding Medicare clients and clients participating in mandatory mail programs. Savings may vary based on your plan design.

Questions?

If you have questions, call Member Service at the number on the front of your ID card.



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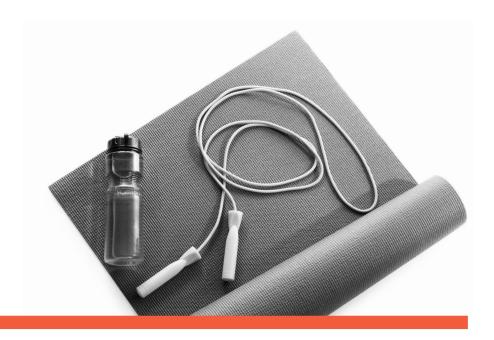
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 000427040 55-1095 (5/20)



EVERYTHING YOU Need to live a Healthier life

ahealthyme*



If you want to know more about your health and how to make it better, ahealthyme[®] is a great place to start. With just a few clicks, we'll show you just what you need to live a healthier life. From a health assessment to wellness workshops and interactive tools, ahealthyme is your personal online resource.

WITH AHEALTHYME, MANAGING YOUR HEALTH CAN BE AS EASY AS 1, 2, 3:

Start with your health assessment

Taking your health assessment is easy and rewarding. Simply answer questions about eight areas of your health. When done, we'll give you a detailed look at your health today and recommend tools and programs that will help improve it, based on your answers.

Take a wellness workshop

Our self-paced wellness workshops are a fun way to be smart about your health. You'll gain insight on health topics that relate to you and get closer to your wellness goal.

Learn about:

- Healthy eatingQuitting smoking
- Much more

Physical fitness

Stress management

Maintaining good eating and exercise habits can help keep you on track.

With ahealthyme, you can record and track your activities on any computer or smartphone and see how you're doing in real time.

Stay motivated and

stick to your goals

Get Started Now

Go to ahealthyme.com/login and sign up to begin your journey to healthier living.



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NURSES RIGHT NOW. No IFS, ANDS, OR BUTS.

Call our 24/7 Nurse Line 1-888-247-BLUE (2583).

Speak to a registered nurse, when you need to, day or night. Because guidance and advice should happen round the clock.



YES, YOUR PLAN COVERS IT!

Nurses are ready around the clock to answer your questions. Call our Nurse Line 24/7 to determine if you need immediate care.



GET CONNECTED DIRECTLY TO A NURSE

Immediate advice, no waiting for a callback.

365 DAYS A YEAR

Including holidays. For access that's ready when you are.



THERE'S NO ADDITIONAL COST

Because your health comes first.



EMAIL* A NURSE 24/7, TOO

Create an account to email a nurse for general questions or advice, day or night.

We partner with Carenet Health^{}, an independent health care engagement company, to administer this service. You'll need to create a Carenet Health account or sign in to their secure website When creating your account, you'll need to enter your nine-digit Blue Cross member ID number. Please don't include the letter prefix.



Visit **myblue.bluecrossma.com** and select **Find a Doctor & Estimate Costs** to find a provider near you. Download the MyBlue App from the App Store[®] or Google Play[™].



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WELLNESS WORKSHOPS

Looking for Support to Reach Your Wellness Goals?

a**healthyme***



Our interactive, self-paced wellness workshops are designed to help you understand and make healthy choices. These workshops are easy to use and they're available on our secure ahealthyme website. We hope you'll take advantage of them!

HOW DO I SIGN UP FOR A WELLNESS WORKSHOP?

Sign in to ahealthyme.com/login, then go to Wellness Workshops in the top navigation bar and select Sign Up for a Workshop from the drop-down list.

Select the wellness workshop title you'd like to enroll in under Add, and then click Sign Up.* To begin, click the workshop title when it appears active.

*If Sign Up is grayed out, that means you're active in another workshop, and you should click Add to Queue. The queued workshop will become active after you complete the active workshop.

Get Started Now

Go to ahealthyme.com/login and sign up to follow the path to healthier living.

WHAT YOU'LL LEARN

Our wellness workshops encourage, inspire, and teach you how to better manage your health. Topics include:

- Breathe Easy—Tobacco Cessation Wellness Workshop
- Fight the Flu-Wellness Workshop
- Finding the Right Balance—Weight Management Wellness Workshop
- Fit for Life—Physical Activity Wellness Workshop
- Smart Choices—Healthy Eating Wellness Workshop
- Take a Break—Stress Management Wellness Workshop
- Mindful Living-Mind and Body Connection Workshop
- Rest and Recharge—Sleep Wellness Workshop
- Smart Spending and Saving—Financial Wellness Workshop
- Healthy Mouth, Happy Smile—Dental Wellness Workshop
- Prediabetes Prevention-Wellness Workshop
- Advance Care Planning–Wellness Workshop

HOW IT WORKS

Every week, you'll be assigned articles, videos, trackers, and other tools to help you create and follow a plan to get healthier. You can complete all the tasks at once, or over the course of several days—whichever works best with your schedule. Reminder emails will help to keep you on track toward meeting your goals.

TRACKING PROGRESS

You can view your workshop To-Do list on the home page of the secure ahealthyme website (**ahealthyme.com/login**). Once a task you complete a task, it appears under **Completed** at the bottom of your To-Do list.



TAKE A STEP TOWARD BETTER HEALTH

Sign up for a wellness workshop!

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WEIGHT-LOSS REIMBURSEMENT

Your reward for healthy behavior:

Receive up to \$150 annually when you participate in a qualified weight-loss program.¹





Qualified for Weight-Loss Reimbursement

Participation fees for:

- Hospital-based programs and Weight Watchers[®] in-person
- Weight Watchers online and other non-hospital programs (in-person or online) that combine healthy eating, exercise, and coaching sessions with certified health professionals such as nutritionists, registered dietitians, or exercise physiologists.



Not Qualified for Weight-Loss Reimbursement

- One-time initiation or termination fees
- Food, supplements, books, scales, or exercise equipment
- Individual nutrition counseling sessions, doctor/nurse visits, lab tests, or other services that are covered benefits under your medical plan

GET REIMBURSED IN THREE EASY STEPS



weight-loss program.

6

Complete Once you pay for the program, fill out the attached form, or sign in to MyBlue to submit online at member.bluecrossma.com/login.



Mail Send the completed form to the address listed.

Be sure to check with your doctor before starting any weight-loss program.

 To verify this reimbursement is offered for your plan, or for more information, sign in to MyBlue at bluecrossma.com/myblue or call the Member Service number on your ID card. Most plans offer the reimbursement shown, but refer to your plan information for specific details.



Contact Member Service by calling the phone number on your member ID card.

WEIGHT-LOSS REIMBURSEMENT REQUEST

Please Print All Information Clearly: To verify this reimbursement is offered within your plan, or for more information, please sign in to MyBlue at **bluecrossma.com/myblue** or call the Member Service number on your ID card. All weight-loss reimbursement requests must be submitted by March 31 of the following year.

Complete this form and mail it to: Blue Cross Blue Shield of Massachusetts, Local Claims Department , PO Box 986030, Boston, MA 02298

Subscriber Information (Policyholder)						
Identification Number on Subscriber ID Card (including first 3 characters)		Subscriber's Last Name	First Name	Middle Initial		
Address – Number and Street		City	State	Zip Code		
Employer's Name						
Claim Information						
Member Last Name	First Name	Middle Initial	Gender (color in the entire box) I Male I Female	Date of Birth //		
Claim is for (choose one and color in the entire box):	Name, Address, and Phone Number of Qualified Weight-Loss Program					
Spouse (of policyholder)	Total dollars requested: \$					
Ex-Spouse	Monthly program participation fee: \$					
 Dependent (up to age 26) Other (specify): 	Calendar Year://					

Blue Cross Blue Shield of Massachusetts will make a reimbursement decision within 30 calendar days of receiving a completed request form. Reimbursement is sent to the member's address on file with Blue Cross. Reimbursement may be considered taxable income, so consult your tax advisor.

Certification and Authorization (This form must be signed and dated below.)

I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services. I understand that Blue Cross Blue Shield of Massachusetts may require proof of payment for a reimbursement decision. I authorize the release of any information about my qualified weight-loss program to Blue Cross Blue Shield of Massachusetts.

Subscriber's or Member's Signature:

Date: ___/__/__

Important Information:

- Weight-loss reimbursement can be granted for any single member or combination of members enrolled under the same Blue Cross Blue Shield of Massachusetts health plan. Blue Cross will make a reimbursement decision within 30 days of receiving a completed request.
- Reimbursement requests must be submitted by March 31 of the following year.
- Keep copies of proof of payment in case we request it from you. Proof of payment includes:
 - Receipts (cash/check/credit/electronic) for participation fees clearly documenting your name, the weight-loss program name, and individual amounts charged with date paid.
 - Your weight-loss program membership or participation agreement clearly documenting your name and date of enrollment/participation.
- Your reimbursement may be considered taxable income, so consult a tax advisor.

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INTRODUCING SMART90[®]

Convenience. Savings. Smart.

Getting 90-Day Supplies of Certain Maintenance Medications Saves You Time and Money.

With Smart9O, you can get 9O-day supplies of certain maintenance medications from a CVS Pharmacy™ location or by mail order when you order them through Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts. Maintenance medications, also known as long-term medications, are prescribed to treat chronic or ongoing conditions, such as high blood pressure or diabetes. To view a list of medications that are eligible for the Smart9O program, please visit **myblue.bluecrossma.com/90daymeds.**

Advantages of Using Smart90

Smart9O saves you time and money. You'll pay less for a 90-day supply than you would for three 30-day supplies of your maintenance medications. You'll also be less likely to miss a dose since you won't have to refill as often.

Where to Get Your 90-Day Prescriptions

You have the choice to pick up your 90-day supply at any of the 9,800 CVS Pharmacy retail locations nationwide, or have it delivered to you when ordered through Express Scripts. Either way, you pay the same amount.

Smart90 Pharmacies:

- Express Scripts
- CVS Pharmacy



*Includes CVS within a Target® location

SMART90 SAVINGS EXAMPLE**

Type of Prescription	What You Pay		
30-Day Prescription	Tier 1 Medication Copay ¹	Tier 2 Medication Copay ²	Tier 3 Medication Copay
	\$15	\$30	\$50
90–Day Smart90	Tier 1 Medication Copay ¹	Tier 2 Medication Copay ²	Tier 3 Medication Copay
Prescription	\$30	\$60	\$150

**Example is for illustrative purposes only. Check your benefit materials for details about your pharmacy coverage. 12 Most maintenance medications fall under tiers 1 and 2 on a three-tier plan.

Questions?

If you have questions, call Member Service at the number on the front of your ID card.

HOW TO FILL YOUR PRESCRIPTIONS WITH SMART90

Using Express Scripts

Orders are usually processed within 48 hours. Delivery takes about eight day for refills, or 10 to 14 days for new prescriptions. You can check your order status anytime by signing in to express-scripts.com and clicking on Order Status.

To place your order:



Sign in or register at express-scripts.com/90day, or call Express Scripts at 1-800-892-5119.

Express Scripts will contact your doctor to get your 90-day prescription, and then deliver it right to your door.



Simply talk to your doctor, or bring your prescription to a CVS pharmacist and ask about getting a 90-day prescription.

To find a CVS:



1. Go to CVS.com

2. Click Store Locator

3. Search for a pharmacy near you

How to Switch from Mail Order to a CVS Pharmacy

If you're already receiving your 90-day prescriptions through mail order using Express Scripts, but want to switch to CVS Pharmacy, go to your local CVS and tell the pharmacist. Remember to cancel your auto-refills from Express Scripts.

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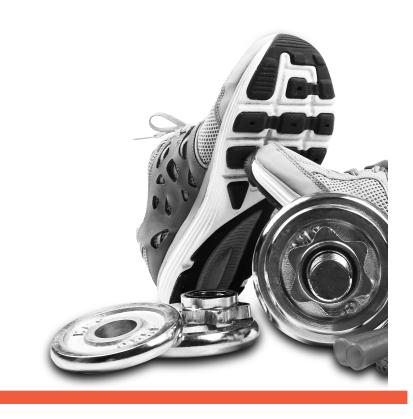


FITNESS REIMBURSEMENT

Get rewarded for your healthy habits!

Save up to

\$300





A full service health club with cardiovascular and strength-training equipment like treadmills, bikes,weight machines, and free weights

A fitness studio with instructor-led group classes such as yoga, Pilates, Zumba®´, kickboxing, indoor cycling/spinning, and other exercise programs

Online fitness memberships, subscriptions, programs, or classes

Cardiovascular and strength-training equipment for fitness that is purchased for use in the home, such as stationary bikes, weights, exercise bands, treadmills, fitness machines



Not Qualified for Reimbursement:

One-time initiation or termination fees

Fees paid for gymnastics, tennis, pool-only facilities, martial arts schools, instructional dance studios, country clubs or social clubs, sports teams or leagues

Personal trainer sessions

Fitness clothing

Get Started

To submit your reimbursement, sign in to MyBlue at bluecrossma.org.

Your reimbursement is waiting!

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association.

FITNESS REIMBURSEMENT REQUEST

Please print all information clearly. To verify that this reimbursement is offered within your plan, or for more information, you can sign in to MyBlue at **bluecrossma.org** or call the Member Service number on your ID card. All fitness reimbursement requests must be submitted by March 31 of the following year.

Subscriber Information (Policyholder)						
Identification Number on Subscriber ID Card (including first 3 characters)		Subscriber's Last Name	First Name	Middle Initial		
Address – Number and Street		City	State	ZIP Code		
Employer's Name						
Claim Information						
Member's Last Name	First Name		Middle Initial	Date of Birth //		
Claim is fay (shapes and asley in Name Address and Dhave Number of Outlifted Eithers Evennes						

Claim is for (choose one and color in	Name, Address, and Phone Number of Qualified Fitness Expense		
the entire box):			
Subscriber (policyholder)			
□ Spouse (of policyholder)			
Ex-Spouse			
Dependent (up to age 26)	Total Dollars requested for Qualified Fitness Expense: \$		
Other (specify):	Calendar year that fees were paid:		

Blue Cross Blue Shield of Massachusetts will make a reimbursement decision within 30 calendar days of receiving a completed request form. Reimbursement is sent to the member's address on file with Blue Cross. Reimbursement may be considered taxable income, so you should consult your tax advisor.

Certification and Authorization (This form must be signed and dated below.)

I certify that the information provided in support of this submission is complete and correct, and that I have not previously submitted for these services. I enrolled in the qualified program with the full intention of using such program. I understand that Blue Cross Blue Shield of Massachusetts may require proof of payment for a reimbursement decision. I authorize the release of any information about my qualified fitness program to Blue Cross Blue Shield of Massachusetts.

Subscriber's or Member's Signature:

Date: __/_/__

Complete this form and mail it to: Blue Cross Blue Shield of Massachusetts, Local Claims Department, PO Box 986030, Boston, MA 02298

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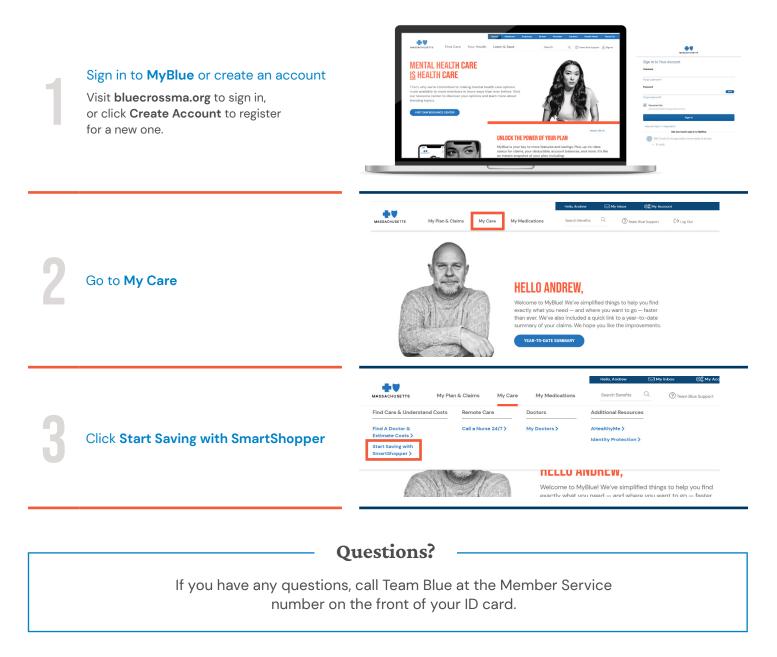
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GETTING STARTED WITH SMARTSHOPPER[®]

Earning up to \$250 is as easy as 1-2-3.

You can compare competitively priced care, and earn up to \$250 in cash rewards after each eligible procedure when you use SmartShopper from Sapphire Digital[®], an independent company. Getting started is easy. Just follow these three steps:





The dollar amount you receive may be considered taxable income. Consult your tax advisor. SmartShopper is managed by Sapphire Digital, an independent company. Members with coverage under Medicaid or Medicare (including as secondary payer) are not eligible to receive incentive rewards under the SmartShopper Program. For HMO Blue New England plans, only network providers located in Massachusetts, Rhode Island, New Hampshire, and Vermont may qualify for rewards under the SmartShopper program. For HMO Blue plans, only network providers located in Massachusetts may qualify for rewards. Some plans and services may require a referral from your doctor. Be sure to check your benefits or call Member Service at the number on the back of your ID card.

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Worldwide Coverage

For Foreign and Domestic Travelers



Get quality health care no matter where you are in the world.

Whether you're traveling within the United States or abroad, BlueCard^{®'} and Blue Cross Blue Shield Global[®] Core make sure you have access to top doctors and hospitals and concierge-level service.



Take this reference card with you when you travel. When you need care, you'll be prepared.

TEAR HERE

Urgent Care

- Call 1-800-810-BLUE (2583), or visit bcbs.com to find nearby doctors and hospitals anywhere in the world that participate in the Blue Cross Blue Shield network.
- 2. Show your member ID card when you get care.
- 3. If you're admitted, or if you have questions about your coverage, call Member Service at the number on the front of your ID card.

Your Passport to Good Health

Always carry your Blue Cross Blue Shield of Massachusetts ID card.

FOLD HERE

Emergency Care

For emergency services, call the local emergency number or go to the nearest hospital immediately.

Call 1-800-810-BLUE (2583)

for a list of participating doctors and hospitals, or to obtain an international claim form.

Getting Care in the United States

More than 85 percent of all doctors and hospitals in the United States participate in the BlueCard program. If you need care outside your plan's service area, call 1-800-810-BLUE (2583), or visit bcbs.com to find a doctor near you. Be sure to show your ID card before you receive service.

When you get service:

- There's no paperwork
- · Participating doctors and hospitals submit claims for you
- All you pay is the copayment, co-insurance, or deductible
- If you receive care from a non-participating doctor or hospital, you may need to pay for the services up front and submit a claim for reimbursement

BlueCard PPO Members Only: If you see this symbol, PPO, on your ID card, you're a BlueCard PPO member. To save the most money when getting service, use a participating BlueCard PPO doctor or hospital.

In Case of Emergency

For emergency services, call the local emergency number or go to the nearest hospital immediately.

Getting Care Outside the United States

The Blue Cross Blue Shield Global® Core network gives you access to doctors and hospitals around the world. If you need care, call the Service Center at 1-800-810-BLUE (2583), or call collect at 1-804-673-1177, 24 hours a day, 7 days a week. An assistance coordinator, along with a medical professional, will arrange a doctor's appointment or hospitalization if necessary. You can also visit bcbsglobalcore.com.

For Inpatient Services:

- Call the Service Center at 1-800-810-BLUE (2583), or Member Service at the number on your ID card, for precertification or preauthorization
- In most cases, all you pay is the copayment, co-insurance, or deductible
- . The hospital should submit the claim on your behalf

For Outpatient Services:

- Show your ID card
- Pay the doctor or hospital
- Fill out a Blue Cross Blue Shield Global® Core International Claim form for reimbursement (Call 1-800-810-BLUE (2583) or visit bcbsglobalcore.com for the form)
- · You're only responsible for copayments, co-insurance, or deductible when seeing in-network doctors and hospitals
- You'll pay more when seeing out-of-network doctors and hospitals

Doctors and Hospitals

In most cases, participating doctors and hospitals will file the claim for you. If they need information about eligibility or your coverage, have them call 1-800-676-BLUE (2583).

Your Member Responsibilities

As a Blue Cross Blue Shield of Massachusetts member, you're still responsible for any copayments, co-insurance, deductible, or non-covered services. For out-of-country services, Blue Cross Blue Shield of Massachusetts payments will be based on the provider's charge.

TEAR HERE



An Association of Independent Blue Cross and Blue Shield Plans

FOLD HERE

Primary Care Provider's Name:

Doctor's Phone:

Doctor's Hospital Affiliation:

Your Blue Cross Blue Shield Member ID:

Member Service Phone Number (from your ID card):

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ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

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OUR COMMITMENT TO CONFIDENTIALITY (NOTICE OF PRIVACY PRACTICES) AND WOMEN'S HEALTH AND CANCER RIGHTS ACT (WHCRA) NOTICE

This notice describes how medical and dental information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Our Commitment: We respect your right to privacy. We will not disclose personally identifiable information about you without your permission, unless the disclosure is necessary to provide our services to you or is otherwise in accordance with the law.

Collection of Information

We collect only the information about you that we need to operate our business. We collect information from other parties, such as your health care providers and employers. Examples of the information we collect are (i) medical and dental information from health care providers when they submit claims for services and (ii) personal information such as name, address, and date of birth, which is most often supplied by you or your employer when you enroll in a plan.

USE AND DISCLOSURE OF INFORMATION

We are required by law to protect the confidentiality of information about you and to notify you in case of a breach affecting your information. We may use and disclose information about you without your written authorization for the following purposes, to the extent otherwise permitted or required by law:

You or Your Representatives—to you or your "personal representative" upon request or to help you (or your personal representative) understand treatment options, benefits, or the rights available to you. Your "personal representative" is a person who has legal authority to make health-related decisions on your behalf, such as a person with a health-care power of attorney. Your request must be in writing. Please complete the Documentation of Legal Representative Status for Members form available on our website. You also may designate a family member or friend to receive information and interact with us on your behalf. Your designation and any subsequent revocation must be in writing. Please complete the Member's Designation of an Authorized Representative form available on our website. You may also call Member Service for a copy of these forms.

- **Treatment**—to help health care providers manage or coordinate your health care and related services. For example, we may use and disclose information about you to inform providers of medications you take or to remind you of appointments.
- Payment—to obtain payment for your coverage, pay claims for your health benefits, or help another health plan or health care provider in its payment activities.
 For example, we may use or disclose information about you to make coverage determinations, administer claims, or coordinate benefits with other coverage you may have.
- Health Care Operations—to perform other activities necessary for the operation of our business, including customer service, disease management, and determining how to improve the quality of care. For example, we may use or disclose information about you to respond to your call to customer service, arrange for medical review of your claims, or conduct quality assessment and improvement activities.

- Legal Compliance—to comply with applicable law. For example, we may be required to use or disclose information about you to respond to regulatory authorities responsible for oversight of government benefit programs or our business operations; to parties or courts in the course of judicial or administrative proceedings; or pursuant to workers' compensation laws.
- Government Agencies—under limited circumstances established by law, to public health authorities, coroners or medical examiners, law enforcement, or other government officials
- **Research**—for health-related research studies that meet legal standards for protection of the individuals involved in the studies and their personal information. We may also create a database of our members' information that does not include individual identifiers and use the database for research or other purposes, provided that the information cannot be traced back to specific members.
- To Your Employer (or other plan sponsor), if applicable, for administration of its health plan. This applies only if you receive coverage through an employer-sponsored plan (or plan sponsored by your union or other entity). For example, we may disclose information about you to your employer (or other plan sponsor) to confirm

enrollment in the plan or (if the employer or other plan sponsor is self-insured) for claim review and audits. We will disclose your information only to designated individuals. That, along with legal prohibitions on use of your personal information for discriminatory purposes, helps protect your information from unauthorized use.

To carry out these purposes, we share information with entities that perform functions for us subject to contracts that limit use and disclosure for intended purposes. We use physical, electronic, and procedural safeguards to protect your privacy. Even when allowed, we limit uses and disclosures of your information to the minimum amount reasonably necessary for the intended task.

The Health Insurance Portability and Accountability Act (HIPAA) generally does not override other laws that give people greater privacy protections. As a result, we must comply with any state or federal privacy laws that require us to provide you with more privacy protections. For example, federal law provides special protections for substance use disorder information; Massachusetts state law restricts the disclosure of HIV and AIDS related information. In addition, we will not use (and are prohibited from using) your genetic information for underwriting purposes.

OTHER DISCLOSURES REQUIRE YOUR WRITTEN AUTHORIZATION

Except as provided in this notice, we will not use or disclose information about you without your written authorization. For example, we must have your written authorization to use or disclose your information for marketing purposes or (in most cases) to use or disclose psychotherapy notes. Although we would need written authorization to sell information about you, we do not sell members' information. You may revoke your authorization at any time. Your authorization must be in writing. Your revocation will not affect any action that we have already taken in reliance on your authorization. If you would like us to disclose information about you to a third party, please complete the Permission for One-Time Disclosure of Information form available on our website or call Member Service for a copy of the form.

YOUR PRIVACY RIGHTS

You have the following rights with respect to information about you. You may exercise any of these rights by calling the Member Service number listed on your member ID card or contacting us at the address listed at the end of this notice. The forms listed below are also available on our website.

- You have the right to receive information about privacy protections. Your member-education materials include a notice of your rights, and you may request a paper copy of this notice at any time.
- You have the right to inspect and get copies of information that we use to make decisions about you. This is your designated record set. Your request must be in writing. We may charge a reasonable fee for copying and mailing you this information. Please complete the Request for Access to Copies of Protected Health Information in Designated Record Set form to request copies of your information.
- You have the right to receive an accounting of certain disclosures that we make of information about you. Your request must be in writing. Please complete the Members Request for an Accounting of Disclosures form. Our response will exclude any disclosures made in support of treatment, payment, and health care operations or that you authorized (among others). An example of a disclosure that would be reported to you is our disclosure of your information in response to a court order.
- You have the right to ask us to correct or amend information you believe to be incorrect. Your request to correct or amend information must be in writing. Please complete the Members Request to Amend Protected Health Information form. If we deny your request, you may ask us to make your request part of your records.

You have the right to ask that we restrict or refuse the disclosure of information about you and that we direct communications to you by alternative means or to alternative locations. While we may not always be able to agree to your request, we will make reasonable efforts to accommodate requests. Unless you've notified us to request a different mailing address, Summary of Health Plan Payments statements for the subscriber, and all members listed on the subscriber's plan, are generally delivered to the subscriber's address. Under certain circumstances, you can request to not receive statements for a particular service, or to have statements delivered through an alternate method or to an alternate address, when required by state law. If you have concerns about protecting the privacy of your medical information in your statements, you can have these statements delivered to an address other than the plan subscriber's address, or have them delivered only via electronic means. For help understanding your delivery options, please call Member Service at the number listed on your member ID card. Your request and any subsequent revocation must be in writing.

If you believe your privacy rights have been violated, you have the right to complain to us using the grievance process outlined in your benefit materials, or to the Secretary of the U.S. Department of Health and Human Services, without fear of retaliation.

ABOUT THIS NOTICE

The original effective date of this notice was April 14, 2003. The effective date of the most recent revision is indicated in the footer of this notice. We are required by law to provide you with this notice of our legal duties and privacy practices and to abide by the notice for as long as it is in effect. We reserve the right to change this notice. Any changes will apply to all information that we maintain, regardless of when it was created or received. If we make a material change to this notice, we will post the revised notice on our website and notify you of the change and how to obtain the revised notice in our next regular mailing to you. If you have any questions, please call the Member Service number listed on your member ID card, or write us at:

Blue Cross Blue Shield of Massachusetts Privacy Officer 101 Huntington Ave. Suite 1300 Boston, MA 02199–7611

WHCRA NOTICE

Did you know that your medical plan provides benefits for many mastectomy-related services? This is the case even if you were not covered by Blue Cross Blue Shield of Massachusetts at the time of the mastectomy. It's required by the Women's Health and Cancer Rights Act of 1998. If you are covered for a mastectomy and elect breast reconstruction in connection with a mastectomy, then benefits are also provided for:

- All stages of reconstruction of the breast on which the mastectomy has been performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance; and
- Prostheses and treatment of physical complications at all stages of the mastectomy, including lymphedemas.

Coverage will be provided as determined in consultation with you and your attending doctor. The costs that you pay for these services are the same as those you pay for other services in the same category. To learn more, please call the Member Service number on your member ID card.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: **711**).

Spanish/Español: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: **711**).

Portuguese/Português: ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: **711**).

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Glossary of Health Coverage and Medical Terms

- This glossary defines many commonly used terms, but isn't a full list. These glossary terms and definitions are intended to be educational and may be different from the terms and definitions in your <u>plan</u> or <u>health insurance</u> policy. Some of these terms also might not have exactly the same meaning when used in your policy or <u>plan</u>, and in any case, the policy or <u>plan</u> governs. (See your Summary of Benefits and Coverage for information on how to get a copy of your policy or <u>plan</u> document.)
- <u>Underlined</u> text indicates a term defined in this Glossary.
- See page 6 for an example showing how <u>deductibles</u>, <u>coinsurance</u> and <u>out-of-pocket limits</u> work together in a real life situation.

Allowed Amount

This is the maximum payment the <u>plan</u> will pay for a covered health care service. May also be called "eligible expense", "payment allowance", or "negotiated rate".

Appeal

A request that your health insurer or <u>plan</u> review a decision that denies a benefit or payment (either in whole or in part).

Balance Billing

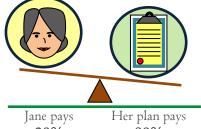
When a <u>provider</u> bills you for the balance remaining on the bill that your <u>plan</u> doesn't cover. This amount is the difference between the actual billed amount and the <u>allowed amount</u>. For example, if the provider's charge is \$200 and the allowed amount is \$110, the provider may bill you for the remaining \$90. This happens most often when you see an <u>out-of-network provider (non-preferred</u> <u>provider</u>). A <u>network provider (preferred provider</u>) may not bill you for covered services.

Claim

A request for a benefit (including reimbursement of a health care expense) made by you or your health care <u>provider</u> to your health insurer or <u>plan</u> for items or services you think are covered.

Coinsurance

Your share of the costs of a covered health care service, calculated as a percentage (for example, 20%) of the <u>allowed amount</u> for the service. You generally pay coinsurance *plus*



20% 80%

(See page 6 for a detailed example.)

any <u>deductibles</u> you owe. (For example, if the <u>health</u> <u>insurance</u> or <u>plan's</u> allowed amount for an office visit is \$100 and you've met your <u>deductible</u>, your coinsurance payment of 20% would be \$20. The health insurance or <u>plan</u> pays the rest of the allowed amount.)

Complications of Pregnancy

Conditions due to pregnancy, labor, and delivery that require medical care to prevent serious harm to the health of the mother or the fetus. Morning sickness and a nonemergency caesarean section generally aren't complications of pregnancy.

Copayment

A fixed amount (for example, \$15) you pay for a covered health care service, usually when you receive the service. The amount can vary by the type of covered health care service.

Cost Sharing

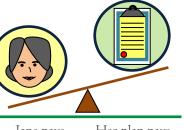
Your share of costs for services that a <u>plan</u> covers that you must pay out of your own pocket (sometimes called "out-of-pocket costs"). Some examples of cost sharing are <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. Family cost sharing is the share of cost for <u>deductibles</u> and <u>outof-pocket</u> costs you and your spouse and/or child(ren) must pay out of your own pocket. Other costs, including your <u>premiums</u>, penalties you may have to pay, or the cost of care a <u>plan</u> doesn't cover usually aren't considered cost sharing.

Cost-sharing Reductions

Discounts that reduce the amount you pay for certain services covered by an individual <u>plan</u> you buy through the <u>Marketplace</u>. You may get a discount if your income is below a certain level, and you choose a Silver level health plan or if you're a member of a federallyrecognized tribe, which includes being a shareholder in an Alaska Native Claims Settlement Act corporation.

Deductible

An amount you could owe during a coverage period (usually one year) for covered health care services before your <u>plan</u> begins to pay. An overall deductible applies to all or almost all covered items and services. A <u>plan</u> with an overall deductible may



Jane pays Her plan pays 100% 0%

(See page 6 for a detailed example.)

also have separate deductibles that apply to specific services or groups of services. A <u>plan</u> may also have only separate deductibles. (For example, if your deductible is \$1000, your plan won't pay anything until you've met your \$1000 deductible for covered health care services subject to the deductible.)

Diagnostic Test

Tests to figure out what your health problem is. For example, an x-ray can be a diagnostic test to see if you have a broken bone.

Durable Medical Equipment (DME)

Equipment and supplies ordered by a health care <u>provider</u> for everyday or extended use. DME may include: oxygen equipment, wheelchairs, and crutches.

Emergency Medical Condition

An illness, injury, symptom (including severe pain), or condition severe enough to risk serious danger to your health if you didn't get medical attention right away. If you didn't get immediate medical attention you could reasonably expect one of the following: I) Your health would be put in serious danger; or 2) You would have serious problems with your bodily functions; or 3) You would have serious damage to any part or organ of your body.

Emergency Medical Transportation

Ambulance services for an <u>emergency medical condition</u>. Types of emergency medical transportation may include transportation by air, land, or sea. Your <u>plan</u> may not cover all types of emergency medical transportation, or may pay less for certain types.

Emergency Room Care / Emergency Services

Services to check for an <u>emergency medical condition</u> and treat you to keep an <u>emergency medical condition</u> from getting worse. These services may be provided in a licensed hospital's emergency room or other place that provides care for <u>emergency medical conditions</u>.

Excluded Services

Health care services that your <u>plan</u> doesn't pay for or cover.

Formulary

A list of drugs your <u>plan</u> covers. A formulary may include how much your share of the cost is for each drug. Your <u>plan</u> may put drugs in different <u>cost sharing</u> levels or tiers. For example, a formulary may include generic drug and brand name drug tiers and different <u>cost sharing</u> amounts will apply to each tier.

Grievance

A complaint that you communicate to your health insurer or <u>plan</u>.

Habilitation Services

Health care services that help a person keep, learn or improve skills and functioning for daily living. Examples include therapy for a child who isn't walking or talking at the expected age. These services may include physical and occupational therapy, speech-language pathology, and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Insurance

A contract that requires a health insurer to pay some or all of your health care costs in exchange for a <u>premium</u>. A health insurance contract may also be called a "policy" or "<u>plan</u>".

Home Health Care

Health care services and supplies you get in your home under your doctor's orders. Services may be provided by nurses, therapists, social workers, or other licensed health care <u>providers</u>. Home health care usually doesn't include help with non-medical tasks, such as cooking, cleaning, or driving.

Hospice Services

Services to provide comfort and support for persons in the last stages of a terminal illness and their families.

Hospitalization

Care in a hospital that requires admission as an inpatient and usually requires an overnight stay. Some <u>plans</u> may consider an overnight stay for observation as outpatient care instead of inpatient care.

Hospital Outpatient Care

Care in a hospital that usually doesn't require an overnight stay.

Individual Responsibility Requirement

Sometimes called the "individual mandate", the duty you may have to be enrolled in health coverage that provides <u>minimum essential coverage</u>. If you don't have <u>minimum essential coverage</u>, you may have to pay a penalty when you file your federal income tax return unless you qualify for a health coverage exemption.

In-network Coinsurance

Your share (for example, 20%) of the <u>allowed amount</u> for covered healthcare services. Your share is usually lower for in-<u>network</u> covered services.

In-network Copayment

A fixed amount (for example, \$15) you pay for covered health care services to <u>providers</u> who contract with your <u>health insurance</u> or <u>plan</u>. In-network copayments usually are less than <u>out-of-network copayments</u>.

Marketplace

A marketplace for <u>health insurance</u> where individuals, families and small businesses can learn about their <u>plan</u> options; compare plans based on costs, benefits and other important features; apply for and receive financial help with <u>premiums</u> and <u>cost sharing</u> based on income; and choose a <u>plan</u> and enroll in coverage. Also known as an "Exchange". The Marketplace is run by the state in some states and by the federal government in others. In some states, the Marketplace also helps eligible consumers enroll in other programs, including Medicaid and the Children's Health Insurance Program (CHIP). Available online, by phone, and in-person.

Maximum Out-of-pocket Limit

Yearly amount the federal government sets as the most each individual or family can be required to pay in <u>cost</u> <u>sharing</u> during the <u>plan</u> year for covered, in-<u>network</u> services. Applies to most types of health <u>plans</u> and insurance. This amount may be higher than the <u>out-of-</u><u>pocket limits</u> stated for your <u>plan</u>.

Medically Necessary

Health care services or supplies needed to prevent, diagnose, or treat an illness, injury, condition, disease, or its symptoms, including habilitation, and that meet accepted standards of medicine.

Minimum Essential Coverage

Health coverage that will meet the <u>individual</u> <u>responsibility requirement</u>. Minimum essential coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage.

Minimum Value Standard

A basic standard to measure the percent of permitted costs the <u>plan</u> covers. If you're offered an employer <u>plan</u> that pays for at least 60% of the total allowed costs of benefits, the <u>plan</u> offers minimum value and you may not qualify for <u>premium tax credits</u> and <u>cost sharing</u> <u>reductions</u> to buy a <u>plan</u> from the <u>Marketplace</u>.

Network

The facilities, <u>providers</u> and suppliers your health insurer or <u>plan</u> has contracted with to provide health care services.

Network Provider (Preferred Provider)

A <u>provider</u> who has a contract with your <u>health insurer</u> or <u>plan</u> who has agreed to provide services to members of a <u>plan</u>. You will pay less if you see a <u>provider</u> in the <u>network</u>. Also called "preferred provider" or "participating provider."

Orthotics and Prosthetics

Leg, arm, back and neck braces, artificial legs, arms, and eyes, and external breast prostheses after a mastectomy. These services include: adjustment, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition.

Out-of-network Coinsurance

Your share (for example, 40%) of the <u>allowed amount</u> for covered health care services to <u>providers</u> who don't contract with your <u>health insurance</u> or <u>plan</u>. Out-of-network coinsurance usually costs you more than <u>in-network coinsurance</u>.

Out-of-network Copayment

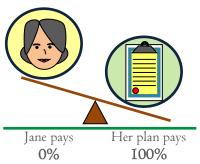
A fixed amount (for example, \$30) you pay for covered health care services from <u>providers</u> who do *not* contract with your <u>health insurance</u> or <u>plan</u>. Out-of-network copayments usually are more than <u>in-network</u> <u>copayments</u>.

Out-of-network Provider (Non-Preferred Provider)

A <u>provider</u> who doesn't have a contract with your <u>plan</u> to provide services. If your <u>plan</u> covers out-of-network services, you'll usually pay more to see an out-of-network provider than a <u>preferred provider</u>. Your policy will explain what those costs may be. May also be called "non-preferred" or "non-particiapting" instead of "outof-network provider".

Out-of-pocket Limit

The most you *could* pay during a coverage period (usually one year) for your share of the costs of covered services. After you meet this limit the <u>plan</u> will usually pay 100% of the



(See page 6 for a detailed example.)

<u>allowed amount</u>. This limit helps you plan for health care costs. This limit never includes your <u>premium</u>, <u>balance-billed</u> charges or health care your <u>plan</u> doesn't cover. Some <u>plans</u> don't count all of your <u>copayments</u>, <u>deductibles</u>, <u>coinsurance</u> payments, out-of-network payments, or other expenses toward this limit.

Physician Services

Health care services a licensed medical physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), provides or coordinates.

Plan

Health coverage issued to you directly (individual plan) or through an employer, union or other group sponsor (employer group plan) that provides coverage for certain health care costs. Also called "health insurance plan", "policy", "health insurance policy" or "<u>health</u> <u>insurance</u>".

Preauthorization

A decision by your health insurer or <u>plan</u> that a health care service, treatment plan, <u>prescription drug</u> or <u>durable</u> <u>medical equipment (DME)</u> is <u>medically necessary</u>. Sometimes called prior authorization, prior approval or precertification. Your <u>health insurance</u> or <u>plan</u> may require preauthorization for certain services before you receive them, except in an emergency. Preauthorization isn't a promise your <u>health insurance</u> or <u>plan</u> will cover the cost.

Premium

The amount that must be paid for your <u>health insurance</u> or <u>plan</u>. You and/or your employer usually pay it monthly, quarterly, or yearly.

Premium Tax Credits

Financial help that lowers your taxes to help you and your family pay for private <u>health insurance</u>. You can get this help if you get <u>health insurance</u> through the <u>Marketplace</u> and your income is below a certain level. Advance payments of the tax credit can be used right away to lower your monthly <u>premium</u> costs.

Prescription Drug Coverage

Coverage under a <u>plan</u> that helps pay for <u>prescription</u> <u>drugs</u>. If the plan's <u>formulary</u> uses "tiers" (levels), prescription drugs are grouped together by type or cost. The amount you'll pay in <u>cost sharing</u> will be different for each "tier" of covered <u>prescription drugs</u>.

Prescription Drugs

Drugs and medications that by law require a prescription.

Preventive Care (Preventive Service)

Routine health care, including <u>screenings</u>, check-ups, and patient counseling, to prevent or discover illness, disease, or other health problems.

Primary Care Physician

A physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), who provides or coordinates a range of health care services for you.

Primary Care Provider

A physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), nurse practitioner, clinical nurse specialist, or physician assistant, as allowed under state law and the terms of the <u>plan</u>, who provides, coordinates, or helps you access a range of health care services.

Provider

An individual or facility that provides health care services. Some examples of a provider include a doctor, nurse, chiropractor, physician assistant, hospital, surgical center, skilled nursing facility, and rehabilitation center. The <u>plan</u> may require the provider to be licensed, certified, or accredited as required by state law.

Reconstructive Surgery

Surgery and follow-up treatment needed to correct or improve a part of the body because of birth defects, accidents, injuries, or medical conditions.

Referral

A written order from your <u>primary care provider</u> for you to see a <u>specialist</u> or get certain health care services. In many health maintenance organizations (HMOs), you need to get a referral before you can get health care services from anyone except your <u>primary care provider</u>. If you don't get a referral first, the <u>plan</u> may not pay for the services.

Rehabilitation Services

Health care services that help a person keep, get back, or improve skills and functioning for daily living that have been lost or impaired because a person was sick, hurt, or disabled. These services may include physical and occupational therapy, speech-language pathology, and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings.

Screening

A type of <u>preventive care</u> that includes tests or exams to detect the presence of something, usually performed when you have no symptoms, signs, or prevailing medical history of a disease or condition.

Skilled Nursing Care

Services performed or supervised by licensed nurses in your home or in a nursing home. Skilled nursing care is **not** the same as "skilled care services", which are services performed by therapists or technicians (rather than licensed nurses) in your home or in a nursing home.

Specialist

A <u>provider</u> focusing on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions.

Specialty Drug

A type of <u>prescription drug</u> that, in general, requires special handling or ongoing monitoring and assessment by a health care professional, or is relatively difficult to dispense. Generally, specialty drugs are the most expensive drugs on a <u>formulary</u>.

UCR (Usual, Customary and Reasonable)

The amount paid for a medical service in a geographic area based on what <u>providers</u> in the area usually charge for the same or similar medical service. The UCR amount sometimes is used to determine the <u>allowed</u> <u>amount</u>.

Urgent Care

Care for an illness, injury, or condition serious enough that a reasonable person would seek care right away, but not so severe as to require <u>emergency room care</u>.

How You and Your Insurer Share Costs - Example

more

costs

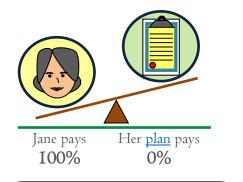
<u>-0</u>

Jane's Plan Deductible: \$1,500

Coinsurance: 20%

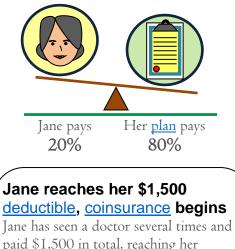
Out-of-Pocket Limit: \$5,000

January 1st Beginning of Coverage Period **December 31**st End of Coverage Period



Jane hasn't reached her \$1,500 <u>deductible</u> yet

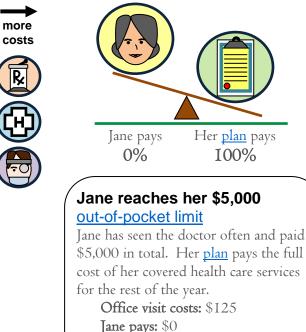
Her <u>plan</u> doesn't pay any of the costs. Office visit costs: \$125 Jane pays: \$125 Her plan pays: \$0



paid \$1,500 in total, reaching her <u>deductible</u>. So her <u>plan</u> pays some of the costs for her next visit. **Office visit costs:** \$125

Jane pays: 20% of \$125 = \$25

Her plan pays: 80% of 125 = 100

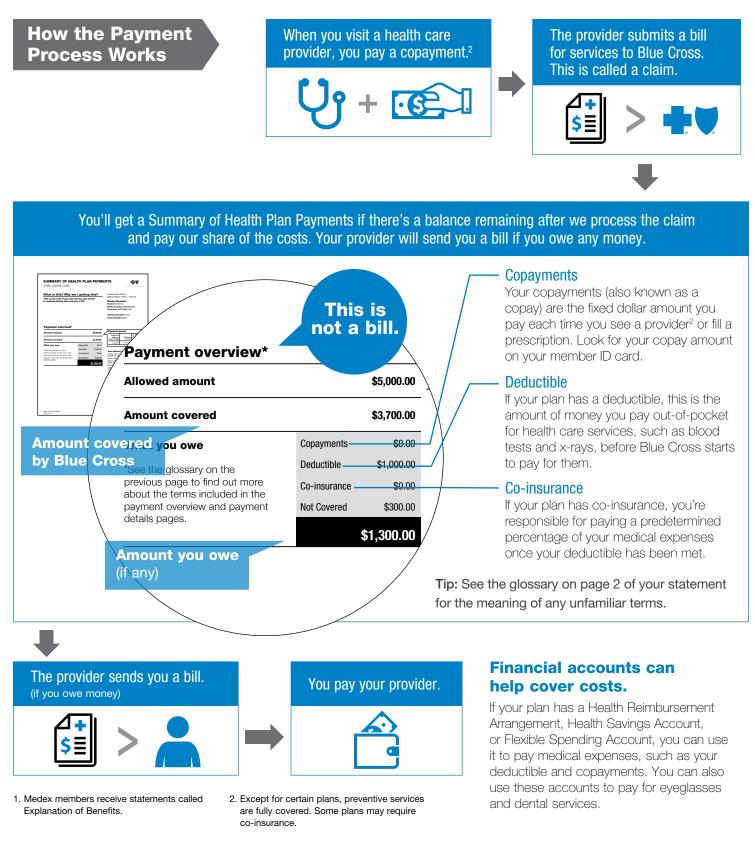


Her plan pays: \$125

Glossary of Health Coverage and Medical Terms

A Guide to Your Summary of Health Plan Payments¹

The Summary of Health Plan Payments shows you how we process claims for medical services you've received. This statement is not a bill.





Your Summary of Health Plan Payments

Payment Overview Page

Service for: John Doe Member ID number: MTN123456789 Group name: GROUPNAME12345 Individual deductible: \$1,000 Family deductible: \$2,000 Allowed amount Amount your health care provider charged \$6,400.00 \$1,400.00 \$5,000. Your delivery options	.00 C	 account information, including your plan's deductible. A deduction is the amount you particular the amount you particular services being your insurance beging to pay. This section shows the section show
Amount your health care provider charged Blue Cross discount Allow amou \$6,400.00 \$1,400.00 \$5,000.	.00 C	your insurance begin to pay. This section shows h
	C	This section shows h
Your delivery options		the allowed amount
	D	calculated.
information in these statements, you may be able to have them delivered to a differen address. Under certain circumstances, you can also request to not receive these statements for a particular service. For help updating your delivery preferences please call Member Service at the number	D al	Your delivery options describes how these statements are delive and how you can up your preferences.
aiikays Fro	bout protecting the privacy of your medica nformation in these statements, you may be able to have them delivered to a differer tddress. Under certain circumstances, ou can also request to not receive these tatements for a particular service.	bout protecting the privacy of your medical nformation in these statements, you may be able to have them delivered to a different tiddress. Under certain circumstances, rou can also request to not receive these tatements for a particular service. For help updating your delivery preferences, blease call Member Service at the number on the front of your ID card, Monday through



Your Summary of Health Plan Payments

Payment Details Page

HEA	LTH PLAN PAYN										hat you owe			
		A	mount charged											Н
Service date	Service type	Amount your health care provider charged	Blue Cross discount	Allowed amount	Other insurance	Amount covered	What you owe	Copayments	Deductible	Co-insurance	Not covered (see notes)	What you owe	See notes	"
Dr. Josen	hine Smith, ABC Hospital Patient	Name: John Doe	Claim # 111111	11111111 (In-N	vetwork)									
1/15/18	Routine Services	\$400.00	-\$180.00	\$220.00	\$0.00	-\$220.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00		
1/15/18	X-ray	\$180.35	-\$60.35	\$120.00	\$0.00	\$0.00	\$120.00	\$0.00	\$120.00	\$0.00	\$0.00	\$120.00		
1/15/18	Lab	\$350.00	-\$120.00	\$230.00	\$0.00	\$0.00	\$230.00	\$0.00	\$230.00	\$0.00	\$0.00	\$230.00		
1/15/18	Room & board	\$5,000.00	-\$980.00	\$4,020.00	\$0.00	-\$3,370.00	\$650.00	\$0.00	\$650.00	\$0.00	\$0.00	\$650.00		
Subtota	al	\$5,930.35	-\$1,340.35	\$4,590.00	\$0.00	-\$3,590.00	\$1,000.00	\$0.00	\$1,000.00	\$0.00	\$0.00	\$1	,000.00	This constal
Dr. Jake G	Giovanni, ABC Hospital Patient Na	ime: John Doe Cla	aim #: 22222222	22222 (In-Netw	vork)									This provid
1/15/18	Lab	\$300.00	\$0.00	\$300.00	\$0.00	\$0.00	\$300.00	\$0.00	\$0.00	\$0.00	\$300.00)	\$300.00	A	I will bill you
Subtota	al	\$300.00	\$0.00	\$300.00	\$0.00	\$0.00	\$300.00	\$0.00	\$0.00	\$0.00	\$300.00		\$300.00	this amour
Grand	total	\$6,230.35	-\$1,340.35	\$4,890.00	\$0.00	-\$3,590.00	\$1,300.00	\$0.00	\$1,000.00	\$0.00	\$300.00	ş	51,300.00	
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Allower \$0 Individ \$0 Family * Includes Log in to	ed amount as of 11/1/16*	sz,000 veriod only. ossma.com/my cluding d ts charge	Amount app \$0 Individual: \$ \$0 Family: \$1,0 blue for your ates of s d, and p	plied as of 1 1,000 of \$5, 000 of \$10,0 plan effective Service, Daymen	1/1/16* ,000 \$10 000 e date.] 0000] ,0000	Call the n Or log in to bluecrossi	umber or o your acc ma.com/n II 711 Additic your c	n your II count at nyblue. Donal in laims.	D card. formatic	on on ho		•	
Allowe \$0 Individ \$0 Family * Includes Log in to Your prov The How	ed amount as of 11/1/16*	cluding d ts charge for each what you	Amount app \$0 Individual: \$ \$0 Family: \$1,0 blue for your attes of s d, and p service. owe, inc	plied as of 1 1,000 of \$5, 000 of \$10,0 plan effective Service, Daymen	1/1/16* ,000 \$10 000 e date.] 0000] ,0000	Call the n Or log in t bluecrossi For TTY, cal	umber or o your acc ma.com/n II 711 Additic your c The fir after w	n your II count at nyblue. Donal in laims. nal amo	D card. formatic punt you	u'll owe <u>y</u>	your pr	rovide st. If y	er for services rou have

Questions?

Call us at the number on your ID card or log in to your account at **bluecrossma.com/myblue**, click **Contact Us**, then enter your question using the **secure inquiry form** in the Member Service section.





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UNLOCK THE POWER OF YOUR PLAN

MyBlue gives you an instant snapshot of your plan, including:



COVERAGE AND BENEFITS



CLAIMS AND BALANCES



FITNESS AND WEIGHT-LOSS REIMBURSEMENT



MEDICATION LOOKUP

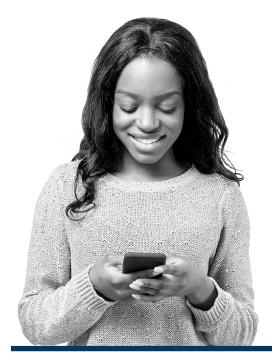
Sign In

Download the app, or create an account at bluecrossma.com.

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It's never been easier, faster, or more convenient.

YOUR PLAN IN YOUR HAND



Once you sign in or create a MyBlue App account, you can see all of your benefits, all in one place. Track your claims, medications, account balances, and more from your device. And, you can easily keep track of reimbursements and savings.

< Claim Details	
John Sample (Subscriber)	
Claim No. (000 0000	
Completed	
This is a description that supports the statue	
Typically it is associated with a denied claim	
Sample Pathology Lab	
123 Main Street Boston, MA 12345	
J (\$17) 123-1234 # Get Directions	
\$120 Amount Covered \$75 A	anount Tou Dwe
Date of Service: 12/28/207	7 - 12/29/2003
 Download Summary of Health Payments 	Plan
Download Summary of Health Payments Total Billing Breakdown	Plan
Payments	
Payments Total Billing Breakdown	\$110.00
Payments Total Billing Breakdown Amount charged by health care provider	\$110.00 \$75.00
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Payments Total Billing Breakdown Amount chargel by heath-care provider Amount allowed by Biur Crass Amount covered by Biur Crass Amount covered by Other Insurance Copagments	\$710.00 \$75.00 \$0.00 \$0.00 \$0.00 \$75.00
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Track claims and benefits Keep up to date on benefits and coverage.



Fitness and weight-loss reimbursement The online forms are here, along with other savings and offers.

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Check deductible balances End the guesswork and know for sure every time.



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Your medications at a glance Their names, costs, and prescriptions at your fingertips.



Need your cards Access your ID cards without opening your wallet.



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ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711). ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).



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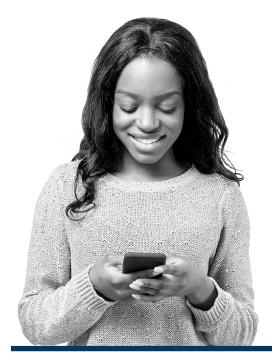
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Check deductible balances End the guesswork and know for sure every time.



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Your medications at a glance Their names, costs, and prescriptions at your fingertips.



Need your cards Access your ID cards without opening your wallet.



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BLUE CROSS BLUE SHIELD OF MASSACHUSETTS PROVIDES:

- Free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print or other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, call Member Service at the number on your ID card.

If you believe that Blue Cross Blue Shield of Massachusetts has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with the Civil Rights Coordinator by mail at Civil Rights Coordinator, Blue Cross Blue Shield of Massachusetts, One Enterprise Drive, Quincy, MA 02171–2126; phone at **1–800–472–2689 (TTY: 711)**; fax at **1–617–246–3616**; or email at **civilrightscoordinator@bcbsma.com**.

If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, online at **ocrportal.hhs.gov**; by mail at U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, DC 20201; by phone at **1-800-368-1019** or **1-800-537-7697 (TDD)**.

Complaint forms are available at hhs.gov.



PROFICIENCY OF LANGUAGE ASSISTANCE SERVICES

Spanish/Español: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: **711**).

Portuguese/Português: ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: **711**).

Chinese/简体中文: 注意:如果您讲中文,我们可向您免费提供语言协助服务。请拨打您 ID 卡上的 号码联系会员服务部(TTY 号码:**711**)。

Haitian Creole/Kreyòl Ayisyen: ATANSYON: Si ou pale kreyòl ayisyen, sèvis asistans nan lang disponib pou ou gratis. Rele nimewo Sèvis Manm nan ki sou kat Idantitifkasyon w lan (Sèvis pou Malantandan TTY: **711**).

Vietnamese/Tiếng Việt: LƯU Ý: Nếu quý vị nói Tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ được cung cấp cho quý vị miễn phí. Gọi cho Dịch vụ Hội viên theo số trên thẻ ID của quý vị (TTY: **711**).

Russian/Русский: ВНИМАНИЕ: если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Позвоните в отдел обслуживания клиентов по номеру, указанному в Вашей идентификационной карте (телетайп: **711**).

arabic/ةيبر/

انتباه: إذا كنت تتحدث اللغة العربية، فتتوفر خدمات المساعدة اللغوية مجانًا بالنسبة لك. اتصل بخدمات الأعضاء على الرقم الموجود على بطاقة هُويتك (جهاز الهاتف النصي للصم والبكم "TT": **711**).

Mon-Khmer, Cambodian/ខ្មែរ: ការជូនដំណឹង៖ ប្រសិនបើអ្នកនិយាយភាសា ខ្មែរ សេវាជំនួយភាសាឥតគិតថ្លៃ គឺអាចរកបានសម្រាប់អ្នក។ សូមទូរស័ព្ទទៅផ្នែកសេវាសមាជិកតាមលេខ នៅលើប័ណ្ណសម្គាល់ខ្លួនរបស់អ្នក (TTY: **711**)។

French/Français: ATTENTION : si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le Service adhérents au numéro indiqué sur votre carte d'assuré (TTY : **711**).

Italian/Italiano: ATTENZIONE: se parlate italiano, sono disponibili per voi servizi gratuiti di assistenza linguistica. Chiamate il Servizio per i membri al numero riportato sulla vostra scheda identificativa (TTY: **711**).

Korean/한국어: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 ID 카드에 있는 전화번호(TTY: **711**)를 사용하여 회원 서비스에 전화하십시오.

Greek/Ελληνικά: ΠΡΟΣΟΧΗ: Εάν μιλάτε Ελληνικά, διατίθενται για σας υπηρεσίες γλωσσικής βοήθειας, δωρεάν. Καλέστε την Υπηρεσία Εξυπηρέτησης Μελών στον αριθμό της κάρτας μέλους σας (ID Card) (TTY: **711**).

Polish/Polski: UWAGA: Osoby posługujące się językiem polskim mogą bezpłatnie skorzystać z pomocy językowej. Należy zadzwonić do Działu obsługi ubezpieczonych pod numer podany na identyfikatorze (TTY: **711**).

Hindi/हिंदी: ध्यान दें: यदि आप हिन्दी बोलते हैं, तो भाषा सहायता सेवाएँ, आप के लिए नि:शुल्क उपलब्ध हैं। सदस्य सेवाओं को आपके आई.डी. कार्ड पर दिए गए नंबर पर कॉल करें (टी.टी.वाइ.: 711).

Gujarati/ગુજરાતી: ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો, તો તમને ભાષાકીય સહાયતા સેવાઓ વિના મૂલ્યે ઉપલબ્ધ છે. તમારા આઈડી કાર્ડ પર આપેલા નંબર પર Member Service ને કૉલ કરો (□□Υ: 711).

Tagalog/Tagalog: PAUNAWA: Kung nagsasalita ka ng wikang Tagalog, mayroon kang magagamit na mga libreng serbisyo para sa tulong sa wika. Tawagan ang Mga Serbisyo sa Miyembro sa numerong nasa iyong ID Card (TTY: **711**).

Japanese/日本語: お知らせ:日本語をお話しになる方は無料の言語アシスタンスサービスをご利用いただけます。IDカードに記載の電話番号を使用してメンバーサービスまでお電話ください (TTY: 711)。

German/Deutsch: ACHTUNG: Wenn Sie Deutsche sprechen, steht Ihnen kostenlos fremdsprachliche Unterstützung zur Verfügung. Rufen Sie den Mitgliederdienst unter der Nummer auf Ihrer ID-Karte an (TTY: **711**).

:پارسیان/Persian

توج: اگر زبان شما فارسی است، خدمات کمک زبانی ب صورت رایگان در اختیار شما قرار می گیرد. با شمار تلفن مندرج بر روی کارت شناسایی خود با بخش «خدمات اعضا» تماس بگیرید (TTY: **711**).

Lao/ພາສາລາວ: ຂໍ້ຄວນໃສ່ໃຈ: ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໃຫ້ທ່ານໂດຍ ບໍ່ເສຍຄ່າ. ໂທຫາຝ່າຍບໍລິການສະມາຊິກທີ່ໝາຍເລກໂທລະສັບຢູ່ໃນບັດຂອງທ່ານ (TTY: 711).

Navajo/Diné Bizaad: BAA ÁKOHWIINDZIN DOOÍGÍ: Diné k'ehjí yáníłt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Díí bee anítahígí ninaaltsoos bine'déé' nóomba biká'ígíiji' béésh bee hodíílnih (TTY: **711**).