



# Helping Hands...Helping You

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The Pembroke Commission on Disabilities is proud to present our very first Newsletter. This first newsletter is dedicated to memory of Judy Robertson (1949-2012). Judy is remembered as a friend and volunteer in creating this initial newsletter.

## Commission On Disabilities FAQ

- ◆ What are the COD hours of operation?

The COD is open Mon and Wed from 10 am to 2 pm.

- ◆ How do I donate medical equipment to the COD?

Call or stop in at the COD, located in the Pembroke Community Center, 128 Center Street. It is wise to call ahead to discuss your donation with Tom.

- ◆ Is there any cost for donated equipment?

There is NO cost to Pembroke citizens who have a need for this equipment.

- ◆ What types of equipment will the COD take as donations?

Used clean equipment: Wheelchairs, walkers, crutches, canes, shower chairs, TTY Telephone equipment, eyeglasses, hearing aids, hand-held physical fitness equipment, and visual reading machines. If one has any questions please call Tom at the COD- 781-293-9484 or e-mail at [disabilities@pembroke-MA.gov](mailto:disabilities@pembroke-MA.gov).

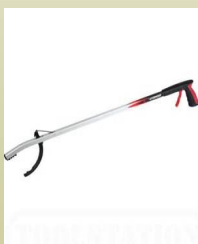
- ◆ Is there any equipment the COD can NOT handle?

Hospital Beds      Portable HP Ramps

Large Fitness Equipment

Used Commodes      Toilet Seat Risers

## Featured Available Equipment



## Thoughts from the Commission

by Tom Weinreich Co-Chair

The Commission On Disabilities was established in 1991, to make the residents aware of the ADA laws and to make town owned buildings and properties compliant with the ADA laws. Some of the accomplishments the Commission has made through the years are transportation for the disabled residents under 60 years old, HP ramp on town green, HP access to all public buildings and town owned properties—town hall, library. Working with the building inspector on the Birch Street playground, also the Herring Run. The Commission accepts donations of medical equipment. Said equipment must be in good condition and not have any broken or missing pieces. Other donations accepted are used prescription eyeglasses, TTY telephone equipment and small pieces of fitness equipment (that can be carried out easily).

Many times I have been asked for names of companies that carry medical supplies. The Pembroke C.O.D. has a substantial reference list of Medicare and Medicaid approved Healthcare Suppliers and Medical equipment. Call the office for a list of local vendors.



I met with Nicole Tarzia, Ms. Wheelchair Massachusetts for 2013. I read a newspaper article about Nicole. I was inspired by Nicole's ability to not let her disability keep her from reaching her goals. Some of her accomplishments are, college graduate, business woman, Ms. Wheelchair for 2013.

Nicole has offered her assistance in completing two ongoing projects, one of which is the Birch St. playground and the other is The Herring run.



## **MOVING AHEAD TO MODERNIZE THE IMAGE OF THE DISABLED LOGO**



### **DONATIONS of**

### **MEDICAL EQUIPMENT ARE REALLY NEEDED!**

**Any Monday or Wednesday**

**10:00 AM to 2:00 PM**

Federal guidelines are being established for a facelift, so to speak, of the present (old) handicapped logo. The new logo is said to present a moving, more modern, design indicating that physically challenged people are

**"On The Go !"**

## **The Pembroke Commission on Disabilities**

**Co-chaired by Tony Nunes & Tom Weinreich**

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